

Assuring Pediatric Nutrition in the Hospital and Community



Monday - Wednesday
June 9 - 11, 2014
Seattle, Washington

Co-provided by:



University of Washington
Center on Human Development and Disability



Seattle Children's
HOSPITAL · RESEARCH · FOUNDATION

Seattle Children's Hospital, Research, and Foundation



Assuring Pediatric Nutrition in the Hospital and Community

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World Trade Center • Seattle, Washington

For dietitians and providers who serve pediatric populations but have no extensive or recent training or experience in pediatric nutrition

COURSE DESCRIPTION

This intensive training program prepares registered dietitians to screen children for nutritional problems, assess specific nutrient needs, and develop interventions for children with nutrition-related problems and special health care needs. Speakers emphasize decision-making processes and the use of evidence-based practice. Teaching methods include lecture, interactive discussions, demonstration, and case-based learning. Upon completion of the course, participants will be subscribed to the closed listserv, Pediatric Nutrition Consultation On-Line, which provides ongoing pediatric nutrition consultation and resources. Enrollment is limited to facilitate interactive, small group learning experiences and to promote the development of clinical competencies. Participants are invited to submit case studies prior to the program on feeding problems in infants and children.

OBJECTIVES

After attending this training program, participants will be better able to:

- Develop and use screening and assessment tools for pediatric patients
- Select appropriate infant formulas or breast milk supplements for infants with medical conditions or chronic illnesses
- Describe typical feeding development, identify problem feeding, and determine approaches to feeding problems
- Identify standards for growth assessment and interpret growth data
- Describe the components of nutrition follow-up of premature infants after hospital discharge
- Discuss nutrition management of enteral (tube) feedings
- Describe basic concepts of nutritional management of chronic disorders, including pulmonary, metabolic, and gastrointestinal disorders
- Describe potential nutrition risk factors and treatment strategies for children with developmental disabilities
- Identify early breastfeeding problems and describe potential solutions
- Describe evidence-based nutrition practice
- Identify resources available for families and nutrition professionals

PROFESSIONAL CREDIT

Dietitians: 20 hours of continuing education will be awarded. The UW CHDD is a CPE Accredited Provider through the Commission on Dietetic Registration of the Academy of Nutrition and Dietetics

Others: Please contact your accrediting organization for information



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SPEAKERS

SPEAKERS

Amber Brust, RD, CD, Clinical Pediatric Dietitian, Seattle Children's

Amy Carlsen, RN, Family Faculty, UW LEND Program; Consultant, WA State Department of Health Medical Home Leadership Network, CHDD, UW

Susan Casey, RD, CD, Clinical Pediatric Dietitian, Seattle Children's

Danielle Dolezal, PhD, Seattle Children's

Kim Nowak Cooperman, MS, RD, CD, Clinical Pediatric Dietitian, Seattle Children's

Alicia Dixon Docter, MS, RD, CD, Manager, Ambulatory Clinical Nutrition and Wellness Programs; Nutritionist/Clinical Dietitian, Outpatient Adolescent Clinic/Adolescent Medicine; Member, Children's Obesity Program and Workgroup, Seattle Children's; Clinical Instructor, Family and Child Nursing, UW School of Nursing

Sharon Feucht, MA, RD, CD, LEND Nutritionist, CHDD, UW; Nutritionist, Holly Ridge Center and Children's Therapy Center; Editor, Nutrition Focus Newsletter; Coordinator, Nutrition Training Grant, UW

Celia Framson, MPH, RD, CD, Clinical Pediatric Dietitian, Seattle Children's

Robin Glass, MS, OTR, IBCLC, Occupational Therapist, Infant Team, Seattle Children's; Clinical Assistant Professor, Department of Occupational Therapy, Division of Rehabilitation Medicine

Nila Gregory, MPH, RD, CD, Clinical Pediatric Dietitian, Seattle Children's

Donna B. Johnson, PhD, RD, Associate Professor, Nutritional Sciences, UW School of Public Health

Lenna Liu, MD, MPH, Professor of Pediatrics UW School of Medicine; Odessa Brown Children's Clinic; Seattle Children's Obesity Program

Kelly McKean, MS, RD, CD, CSP, Clinical Pediatric Dietitian, Seattle Children's

Beth Ogata, MS, RD, CD, CSP, Co-Chair, Nutritionist, PKU Clinic, CHDD; Lecturer, UW Department of Pediatrics

Annette Pedersen, MS, RD, CD, Nutrition Support Dietitian, Life Care Solutions, Kennewick

Janet G. Schnall, MS, AHIP, Information Management Librarian, UW Health Sciences Libraries; Library Liaison, UW School of Nursing; Affiliate Instructor, Biobehavioral Nursing and Health Systems, UW School of Nursing

Ginna Wall, MN, RN, IBCLC, Lactation Services Coordinator, UWMC; Faculty, Bastyr University and Evergreen Perinatal Education

Lynn Wolf, MOT, OTR, IBCLC, Occupational Therapist, Infant Team, Seattle Children's

Sarah Zarelli, MEd, RD, CD, Clinical Pediatric Dietitian and Manager, Patient Services, Seattle Children's

Joan Zerzan, MS, RD, CD, Co-Chair, Nutrition Consultant, Children with Special Health Care Needs Program, Washington State Department of Health

*CHDD=Center on Human Development and Disability, UW
Seattle Children's=Seattle Children's Hospital, Seattle
UW=University of Washington, Seattle*



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REGISTRATION INFORMATION

The fee for this program is \$595 (\$545 group rate). The fee includes tuition, course syllabus, handouts, continental breakfast, lunch, coffee and refreshment breaks. Travel and housing costs are not included.

The group rate is per person for two or more registrations which arrive together from the same agency or for employees of sponsoring organizations.

To register:

Please send registration form and fee to UW - CHDD. You may also make payment using VISA or Mastercard or register online at depts.washington.edu/nutrpeds.

Program Changes:

We reserve the right to revise the program schedule as needed.

Refund Policy:

If you register but then cannot attend, you may send a substitute or, prior to the conference, request a refund less \$40 for handling.

Cancellation Policy:

If the conference is cancelled, all fees will be refunded in full. Airline and/or hotel penalties are the responsibility of the registrant.

More Information:

Please contact Beth Ogata (bogata@uw.edu or 206-598-1899) with questions or for additional information.

CONFERENCE LOCATION

World Trade Center Seattle

Bell Harbor International Conference Center
2211 Alaskan Way, Pier 66
Seattle, WA 98121

<http://www.bellharbor.com/directions.php>

EXHIBITORS

Reserve exhibit space! For more information contact Beth Ogata bogata@uw.edu or 206-598-1899.

HOTEL INFORMATION

Discounted rooms have been reserved at two nearby hotels:

Seattle Marriott Waterfront

2100 Alaskan Way
Seattle, WA 98121-3139

Book online with [this link](#) to receive the conference rate (\$269/night). This hotel is next door to the World Trade Center Seattle.

Warwick Seattle Hotel

401 Lenora Street
Seattle, WA 98121

Reservations: 800.426.9280 or 206.219.2244
Ask for the Pediatric Nutrition room block (\$169/night). This hotel is about 1/2 mile from the World Trade Center Seattle.



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PROGRAM

MONDAY, JUNE 9, 2014

- 8:00 Registration and Continental Breakfast
- 8:30 Welcome and Overview
Beth Ogata and Joan Zerzan
- 9:00 Evaluating Pediatric Nutrition Problems: Part I
Joan Zerzan
- 10:00 Break and Exhibits
- 10:20 Assessment of Physical Growth
Beth Ogata
- 11:10 Evaluating Pediatric Nutrition Problems: Part II
Joan Zerzan
- 11:55 Lunch (provided)
- 12:45 Development of Infant Feeding Patterns
Lynn Wolf
- 1:50 Management of Tube Feedings
Annette Pedersen
- 2:35 Break and Exhibits
- 3:00 Nutrition and Children with Developmental Disabilities
Sharon Feucht
- 4:05 Expanded Newborn Screening
- 4:45 Adjourn
- 5:00 Reception

TUESDAY, JUNE 10, 2014

- 8:00 Continental Breakfast
- 8:30 Evidence-based Nutrition Practice
Donna Johnson
- 9:25 Nutrition Follow-up of Premature Infants
Joan Zerzan
- 10:35 Break and Exhibits
- 11:00 Breastfeeding: You can do it; we can help!
Ginna Wall
- 12:00 Lunch (provided)
- 12:45 Family-Centered Care - Promoting Successful Partnerships
Amy Carlsen
- 1:20 Behavior and Feeding
Danielle Dolezal
- 2:05 Break and Exhibits
- 2:20 The Feeding Relationship and Development of Feeding Related Behaviors
Barb York
- 3:15 Feeding Problems: Case studies
Joan Zerzan and Robin Glass
- 4:20 Weaning from Tube to Oral Feedings
Robin Glass
- 5:05 Adjourn



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PROGRAM

WEDNESDAY, JUNE 11, 2014

- 8:00 Continental Breakfast
- 8:30 Locating Evidence-based Pediatric Nutrition Resources on the Web
Janet Schnall
- 9:30 Break and Exhibits
- 10:00 Concurrent Sessions:
A. Failure to Thrive - *Kim Cooperman*
B. Eating Disorders - *Amber Brust*
- 10:50 Concurrent Sessions:
C. Developmental Disabilities - *Kim Cooperman*
D. Food Allergies - *Susan Casey*
- 11:15 Concurrent Sessions
E. Nutrition Management of Pulmonary Disorders
Susan Casey
F. Screening - *Sarah Zarelli*
- 12:00 Lunch (provided)
- 12:45 Pediatric Weight Management and Childhood Obesity
Alicia Dixon Docter, Lenna Liu, and Celia Framson
- 2:10 Break and Exhibits
- 2:30 Concurrent Sessions:
G. Weight Management - *Alicia Dixon Docter and Celia Framson*
H. Nutrition Management of GI Disorders
Nila Gregory
- 3:15 Pediatric Nutrition Consultation On-line: Web site and Listserve
Joan Zerzan and Beth Ogata
- 3:30 Adjourn

CASE STUDIES

Participants are invited to submit case studies prior to the program. Cases about feeding problems in infants and children are particularly encouraged. Please contact Beth Ogata (bogata@uw.edu or 206-598-1899) with questions or for a case study form. Participants will not need to present the information during a session.

Planning Committee

Donna B. Johnson, PhD, RD, Associate Professor, Nutritional Sciences, School of Public Health, University of Washington, Seattle

Sharon Feucht, MA, RD, CD, Nutritionist, Center on Human Development and Disability, University of Washington, Seattle

Polly Lenssen, MS, RD, CD, FADA, Director, Nutrition, Seattle Children's Hospital, Seattle

Betty Lucas, MPH, RD, CD, Consultant, Early Intervention Center, Seattle; Retired Lecturer and Nutritionist, Center on Human Development and Disability, University of Washington, Seattle

Beth Ogata, MS, RD, CD, CSP, Co-Chair, Nutritionist, Center on Human Development and Disability; Lecturer, Pediatrics, School of Medicine, University of Washington, Seattle

Joan Zerzan, MS, RD, CD, Co-Chair, Nutrition Consultant, Children with Special Health Care Needs Program, Washington State Department of Health



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Registration Form

To register:

- online: depts.washington.edu/nutrpeds
- fax: 206-598-1915
- mail: UW - CHDD
Assuring Pediatric Nutrition
Box 357920
Seattle, WA 98195-7920

Name _____

Address _____

City _____

State _____

Zip _____

Agency Name _____

Agency Address _____

City _____

State _____

Zip _____

Email Address _____

Daytime Phone _____

Conference Planning Information

Your practice setting:

- Inpatient Outpatient Community Other

May we contact you about contributing a case study? Yes No

List two primary objectives for attending this pediatric nutrition course

1. _____
2. _____

Please describe any food allergies or special dietary needs: _____

Concurrent Sessions

(Choose one topic in each time period)

- | | | |
|--------------------------|---|---|
| Session 1: Wed, 10:00 am | <input type="checkbox"/> A - Failure to Thrive | <input type="checkbox"/> B - Eating Disorders |
| Session 2: Wed, 10:50 am | <input type="checkbox"/> C - Developmental Disabilities | <input type="checkbox"/> D - Allergies |
| Session 3: Wed, 11:15 am | <input type="checkbox"/> E - Pulmonary Disorders | <input type="checkbox"/> F - Screening |
| Session 4: Wed, 2:30 pm | <input type="checkbox"/> G - Weight Management | <input type="checkbox"/> H - GI Disorders |

Course Fees

- Individual - \$595 Group* - \$545

*Group Rate - Price per person for two or more registrations arriving together from the same agency

Total Paid \$ _____ (US Funds)

Check enclosed payable to University of Washington Purchase order or letter of authorization enclosed. Please bill my agency.

Charge my bank card: Visa Mastercard Exp. Date _____

Number _____