



## NORTHWEST AIDS EDUCATION AND TRAINING CENTER

# HIV and Hepatitis C: Advances in Treatment

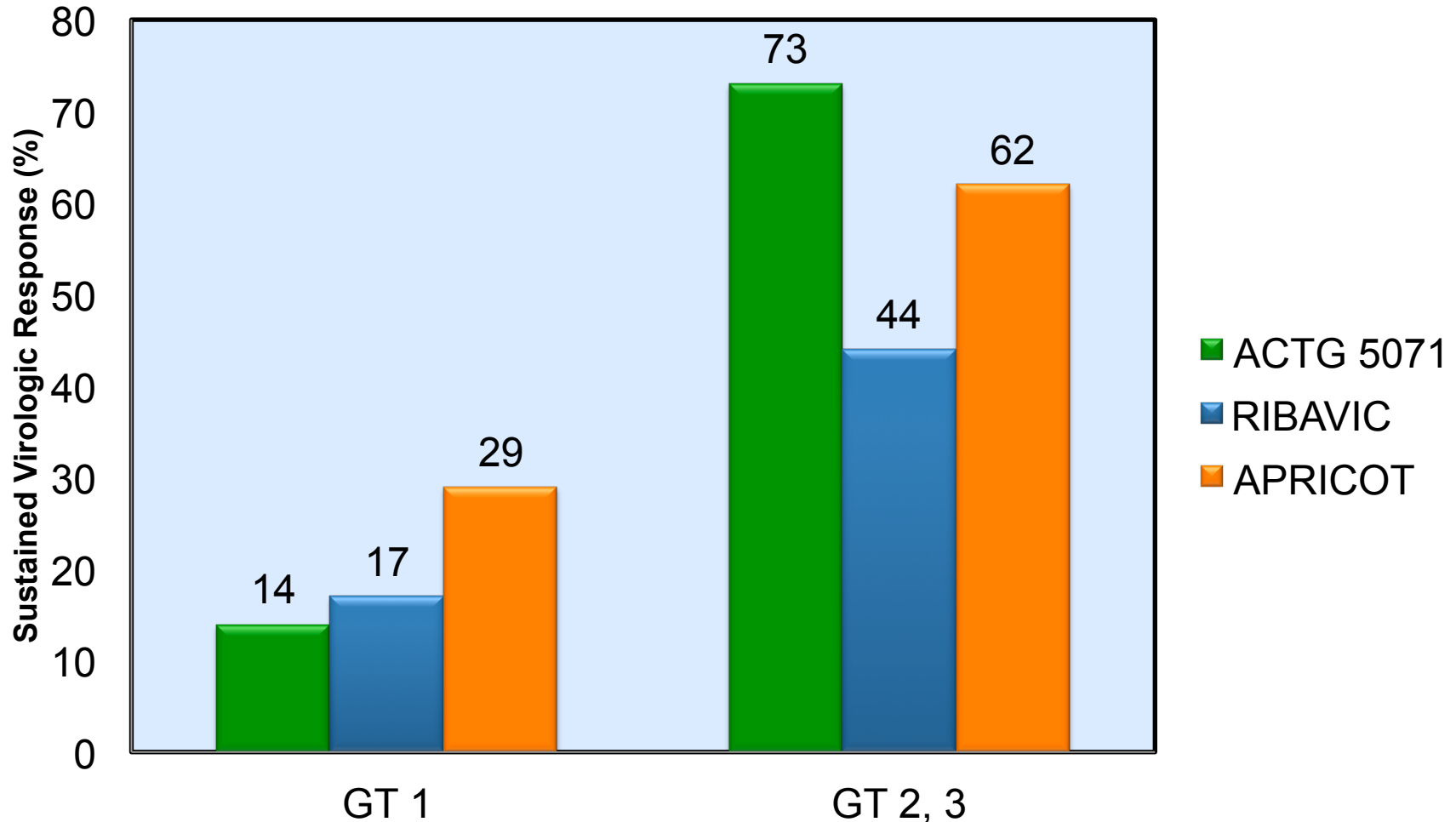
John Scott, MD, MSc  
Asst Professor  
University of Washington

Presentation prepared & presented by: John Scott, MD, MSc  
Last Updated: Jun 13, 2012

# Outline

- **Hepatitis C**
  - Standard of Care
  - 1<sup>st</sup> generation DAAs in HIV/HCV
  - Polymerase inhibitors for HCV

# Cure Rates for HIV/HCV Pts w/ PegIFN + Ribavirin



# Side Effects of Interferon/Ribavirin Therapy

- Cytopenias
- Depression, anxiety, insomnia
- Rashes
- Flu like syndrome
- Thyroid dysfunction
- Retinopathy
- Nausea, vomiting, diarrhea
- Cough



“Interferon Man”

# Standard HCV therapy - Summary

- Genotype 1 is hardest to treat and 2 and 3 have much better treatment response
- Main toxicities of IFN/Ribavirin are hematologic, psychiatric, and 'constitutional'
- Many factors helpful in predicting response
- In HIV-HCV co-infected patients SVR/cure rates can approach 50%

# Telaprevir (*Incivek*)

- **Approval**

- FDA Approved May 23, 2011

- **Indications**

- In combination with Peginterferon-alfa and Ribavirin (PR)
- Chronic HCV **genotype 1** infection, **HIV negative**
- Adults ( $\geq$  18 years of age) with compensated liver disease, including cirrhosis
- Treatment-naïve or prior interferon-based treatment

- **Dosing**

- 750 mg (two 375-mg tablets) **three times daily** with food (20 gm fat)
- Treat with PR for 12 weeks (followed by additional 12 or 36 weeks PR)

- **Adverse Effects**

- **Rash, anemia**, nausea, fatigue, headache, diarrhea, pruritis, and anal or rectal irritation and pain ('fire-rhea')



# Boceprevir (*Victrelis*)

- **Approval**

- FDA Approved May 13, 2011

- **Indications**

- In combination with Peginterferon-alfa and Ribavirin
- Chronic HCV **genotype 1** infection, **HIV negative**
- Adults ( $\geq$  18 years of age) with compensated liver disease, including cirrhosis
- Treatment-naïve or failed prior interferon and ribavirin therapy

- **Boceprevir Dosing**

- 800 mg (four 200-mg capsules) **3 times daily** with food (meal or light snack)
- Boceprevir given for 24-44 weeks
- Treat with PR for 28-48 weeks based on HCV RNA results (week 8 & 12)

- **Adverse Effects Attributable to Boceprevir**

- **Anemia**, nausea, and **dysgeusia**



# Telaprevir in Treatment Naïve HIV/HCV Study 110



# Telaprevir plus Peginterferon/Ribavirin in HIV/HCV Coinfection

## Study 110: Design

### Study Features for Study 110

#### Protocol

- N = 62 HIV/HCV coinfecting (2 didn't receive study drug)
- Phase 2a trial; randomized, placebo-controlled
- Chronic HCV; Genotype 1; HCV- treatment naïve
- Randomized to Telaprevir + PegIFN+ Ribavirin versus PegIFN + Ribavirin
- Part A: no ARVs
- Antiretroviral Regimens in Part B:
  - (1) Tenofovir-Emtricitabine-Efavirenz
  - (2) Tenofovir + (Emtricitabine or Lamivudine) + Ritonavir + Atazanavir

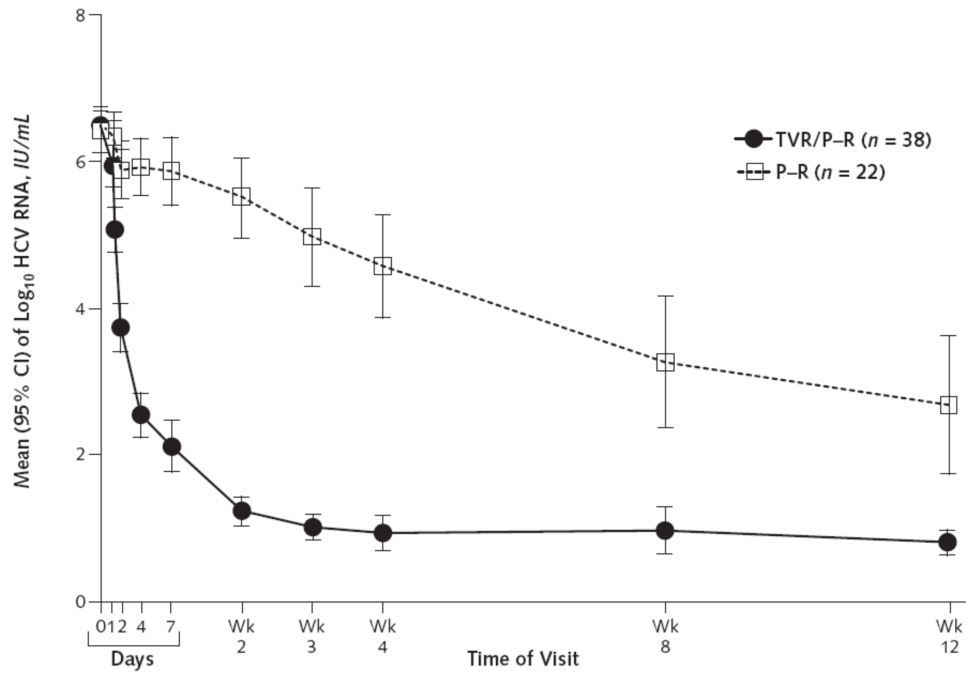
#### Drug Dosing

Telaprevir = 750 mg tid (1125 mg tid with efavirenz)

Peginterferon alfa-2a = 180 µg weekly

Ribavirin = 800 mg/d or weight based in France and Germany  
(1000 mg/d for wt < 75 kg; 1200 mg/d for wt ≥ 75 kg)

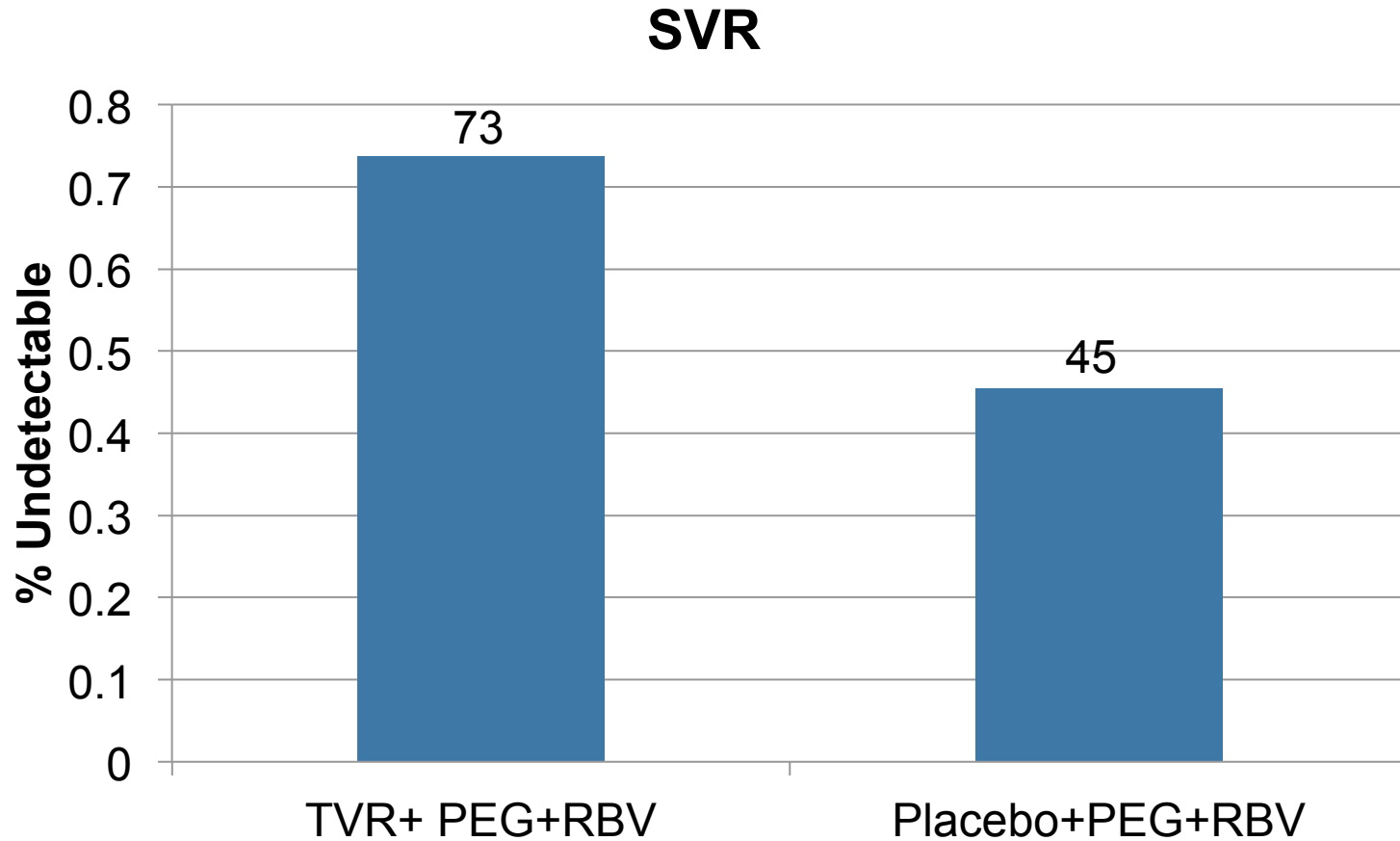
# HCV Kinetics on Treatment



Participants With HCV RNA Measures, *n*

TVR/P-R	38	38	36	36	36	35	33
P-R	22	22	21	22	22	21	21

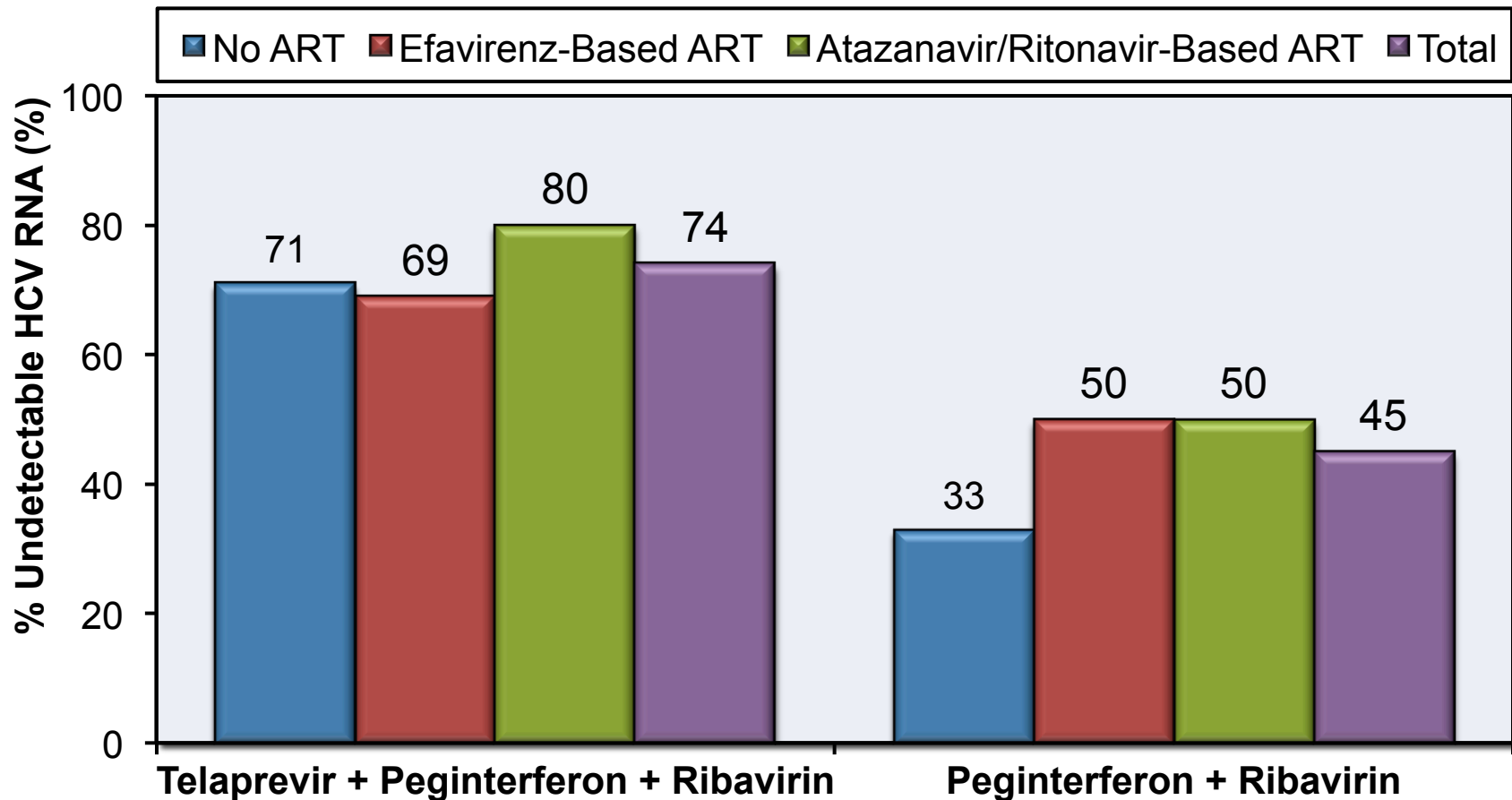
# Study 110: Sustained Viral Response



# Telaprevir plus Peginterferon/Ribavirin in HIV/HCV Coinfection

## Study 110: Design

Week 12 Post Treatment (SVR-12)



# Telaprevir plus Peginterferon/Ribavirin in HIV/HCV Coinfection

## Study 110: Telaprevir-Related Adverse Effects

Adverse Event	Telaprevir/PR (N = 38) n (%)	PR (N = 22) n (%)
Pruritus	<b>16 (39)</b>	<b>2 (9)</b>
Nausea	13 (34)	5 (23)
Severe rash	0 (0)	0 (0)
Mild to moderate rash	13 (34)	5 (23)
Anemia	7 (18)	4 (18)
Grade 3 Hgb drop (7-8.9 g/dl)	11 (29)	5 (23)
Use of EPO	3 (8)	1 (5)
Blood transfusions	<b>4 (11)</b>	<b>1 (5)</b>

# HHS Antiretroviral Therapy Guidelines: March 2012

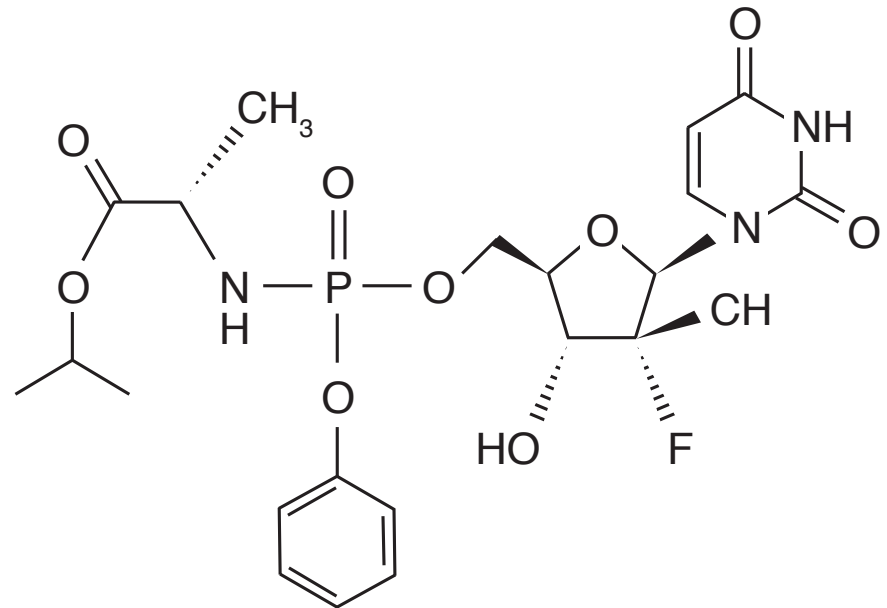
## Managing Patients Coinfected with HIV and HCV

Antiretroviral Regimen	Hepatitis C Therapy
Patients not on Antiretroviral Therapy	Use either boceprevir or teleprevir
Patients receiving: Raltegravir + 2-NRTIs	Use either boceprevir or teleprevir
Patients receiving: Atazanavir/ritonavir + 2-NRTIs	Use teleprevir at standard dose. Do not use boceprevir
Patients receiving: Efavirenz + 2-NRTIs	Use teleprevir at increased dose of 1125 mg every 7-9 hours. Do not use boceprevir.

# Sofosbuvir (GS 7977)

# Sofosbuvir (SOF, GS 7977)

- Potent HCV-specific nucleotide analog (chain terminator)
- Safe and well tolerated
  - Once daily, no food effect
  - No significant drug interactions
  - No safety signals in preclinical/clinical studies
- High barrier to resistance
  - No virologic breakthrough to date
- Pangenotypic antiviral effect
- Safe and well tolerated in ~1500 patients in Phase 2 and Phase 3 studies





# NEUTRINO Study: GT 1,4-6 naive

## Study Design

- N=327 HCV GT 1, 4-6
- Naïve
- Phase 3
- Sofosbuvir (aka GS 7977) a nucleotide polymerase inhibitor
- Single group, open label

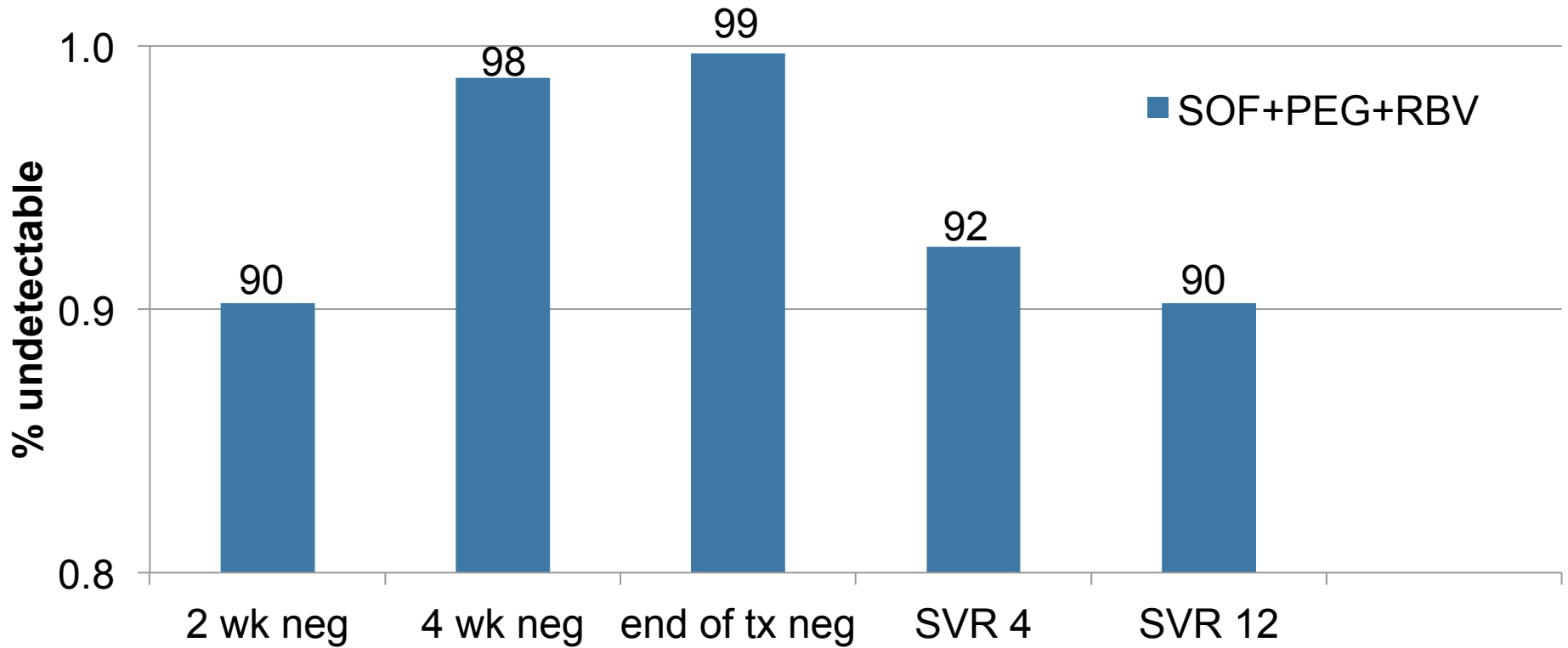
SOF 400 mg qd + RBV (wt based) + Pegasys 180 mcg SQ x 12 wks

# Baseline Characteristics

Characteristic	SOF + RBV + PEG
Male	64%
Mean age	52
BMI	29
GT 1	89%
GT 4	9%
GT 5	<1%
GT 6	2%
IL28 genotype	
CC	29%
CT	55%
TT	16%
Cirrhosis	17%
Mean HCV RNA	6.4 log

# Outcomes

## SOF+PEG+RBV



# FISSION Study: GT 2,3 naive

## Study Design

- N=499 HCV GT 2, 3
- Naïve, incl cirrhosis
- Phase 3
- Sofosbuvir (aka GS 7977) a nucleotide polymerase inhibitor
- Open label, randomized 1:1
- Stratification by HCV GT, RNA level, and cirrhosis
- Non-inferiority study

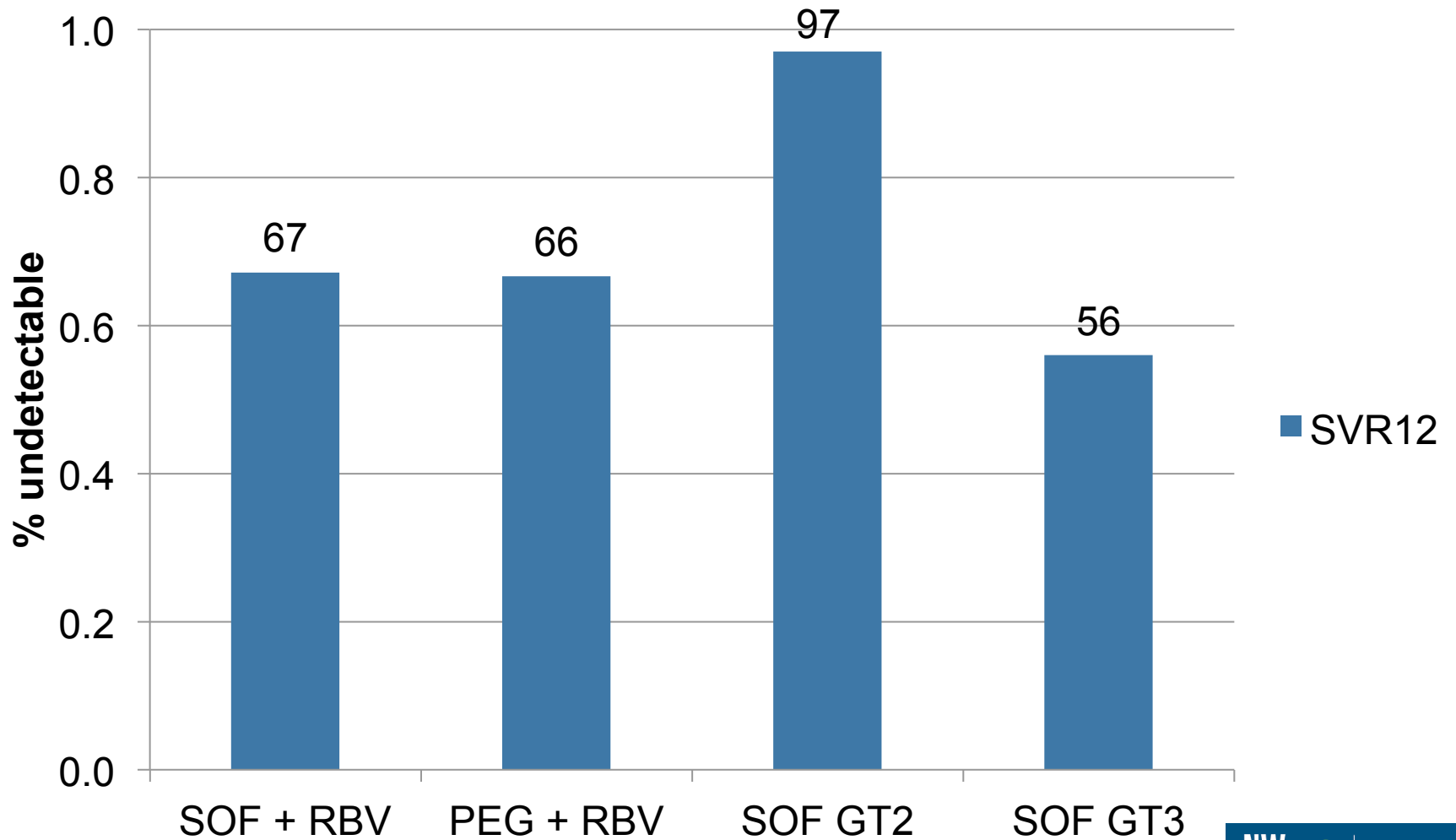
SOF 400 mg qd + RBV  
(wt based) x 12 wks  
(N=253)

RBV (wt based) +  
PegIFN x 24 wks  
(N=243)

# Baseline Characteristics

Characteristic	SOF + RBV	RBV + PegIFN
Male	67%	64%
Mean age	48%	48%
BMI	28	28
GT 2	27%	28%
GT 3	71%	72%
IL28 genotype		
CC	42%	44%
CT	47%	40%
TT	10%	16%
Cirrhosis	20%	21%
Mean HCV RNA	6.0 log	6.0 log

# Outcomes



# Predictors of Response

- No significant differences between IL28 genotypes, cirrhosis, viral kinetics, racial group, or Hep C genotype

# Adverse Events

- Usual RBV and IFN side effects
  - Fatigue, headache, nausea, insomnia, anemia
  - 23% had Hgb <10 g/dl, 2% <8.5 g/dl in GT1
  - 15% developed ANC b/t 500-750, 5% <500
  - Less cytopenias, depression, myalgias in IFN free group
- None of the relapsed pts developed S282T mutation
- Very few DDIs



## Take Home Points

- Interferon-based therapies have significant side effects
- Telaprevir appears to be as safe and effective for HIV/HCV patients, but there are significant DDIs and side effects.
- Sofosbuvir appears to be promising antiviral, yet to be FDA approved. GT3 patients still hard to cure.
- The Hepatitis C treatment landscape is rapidly changing with many new questions...

***Stay tuned for Interferon-free regimens in HIV/HCV Co-infected patients***

# Web Resources

- <http://hab.hrsa.gov/publications/hcvguide2011.pdf>
- [www.nlm.nih.gov/medlineplus/hepatitisc](http://www.nlm.nih.gov/medlineplus/hepatitisc)
- [www.nwaetc.org](http://www.nwaetc.org)
- [www.hepwebstudy.org](http://www.hepwebstudy.org)
- [www.hivwebstudy.org](http://www.hivwebstudy.org)
- [www.clinicaloptions.com](http://www.clinicaloptions.com)
- [www.cdc.gov/hiv](http://www.cdc.gov/hiv)
- [www.cdc.gov/hepatitis](http://www.cdc.gov/hepatitis)

**THANK YOU!!**

## HEPATITIS WEB STUDY

