

WOMEN'S HEALTH CARE UPDATE



Thursday & Friday

March 23 & 24, 2017

University of Washington Campus - Kane 130 Seattle, WA

Sponsored by UW School of Medicine Department of Obstetrics & Gynecology Office of Continuing Medical Education

TARGET AUDIENCE

Physicians, nurse practitioners, physician assistants and allied healthcare providers who provide primary health care for women.

COURSE DESCRIPTION

This conference is an annual update for health care providers on current topics relevant to women's health. The topics are selected from suggestions from previous course attendees, areas with substantial change, and controversial subjects where medical opinions may differ. The purpose is to provide a clinical update for providers who care for women. The format is a series of short lectures followed by question and answer sessions.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Identify patients with opioid use disorder, understand contributing risk factors, and review health effects of marijuana use.
- Manage breast complaints.
- Apply new recommendations regarding use of primary HPV screening for cervical cancer, STI diagnosis and treatment, and work-up of thyroid nodules.
- Perform work-up of common urologic complaints and use of pessary for pelvic organ prolapse.
- Assist in reproductive life planning including counseling regarding fertility, ovarian reserve, and contraception guided by MEC 2016.
- Identify patients at risk for genetic syndromes by targeted family history and genetic testing.
- Assess and treat common sleep disorders.
- · Manage menopausal symptoms.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 16.0 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FEES AND REGISTRATION

COURSE FE	ES
MD/DO/PhD	\$399
Allied Health	\$349
*Resident/Fellow	\$125

The UW CME office is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to include transcript of AMA PRA Category 1 CreditsTM, access to online instruction materials, catering, taxes, faculty planning and salaries.

To enroll, please complete the enclosed registration form and include payment or register online at **uwcme.org**. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME Office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

* Residency/Fellowship will require written confirmation of current status

HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

Watertown Hotel

4242 Roosevelt Way NE Seattle, WA 98105 206.826.4242 or 866.944.4242 Rates depend on availability Ask for "University" rate

Silver Cloud Inn

5036 25th Avenue NE Seattle, WA 98105 206.526.5200 or 800.205.6940 Rates depend on availability Ask for "UW CME Conference" rate

Marriott Residence Inn

4501 12th Avenue NE Seattle, WA 98105 206.322.8887 or 888.236.2427 Rates depend on availability Ask for "UW" rate

ONLINE CONFERENCE MATERIALS

Syllabus material will be available online at **uwcme.org** (for conference registrants only) starting on **March 17**, 2017. Registrants may print and/or download the materials. A handout with the agenda and pages for note-taking will be provided at the conference (printed handouts of presentations will not be provided).

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced. In consideration of other participants and speakers, please do not bring infants/children into conference sessions.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by March 9, 2017. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following March 9, 2017. The Office of Continuing Medical Education reserves the right to cancel this course twenty days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions: call 206.543.1050,

fax 206.221.4525 or email cme@uw.edu.

SPECIAL SERVICES

Please inform the CME Office ten days in advance of the conference start date if you will need to utilize lactation services.

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation please contact the CME Office at: 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

Course Faculty

COURSE CO-CHAIRS

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Carolyn Gardella, MD, MPH
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Savitha Subramanian, MD

Assistant Professor Department of Medicine Division of Metabolism, Endocrinology & Nutrition

David Tauben, MD

Clinical Associate Professor Department of Medicine Division of Pain Medicine

Thursday, March 23, 2017

7:30 Registration and Continental Breakfast

- 8:00 Opioid Use Disorder Crisis David Tauben, MD
- 8:30 Health Effects of Marijuana Use Jason Kilmer, PhD
- 9:00 Sleep Medicine for Women Flavia Consens, MD
- 9:30 Question and Answer Session Faculty

10:00 Break

- 10:15 New Recommendations for Management of Thyroid Nodules Karen Foster-Schubert, MD
- 10:45 Benign Breast Disease Tracy Irwin, MD, MPH
- 11:15 Hematology Meets Adolescent Gynecology Katherine Debiec, MD
- 11:45 Question and Answer Session Faculty

12:15 Lunch (provided)

- 1:00 Pessaries Everyone Can Do It! Michael Fialkow, MD, MPH
- 1:30 Assessment of Urinary Incontinence *Anna Kirby*, MD, MAS
- 2:00 Painful Bladder Syndrome Gretchen Lentz, MD
- 2:30 Question and Answer Session Faculty

3:00 Break

- 3:15 Immunization for Women: Indications, Impediments and Impact Linda Eckert, MD
- 3:45 Infectious Diseases Update Carolyn Gardella, MD, MPH
- 4:15 Is it Primetime for Primary HPV Screening? Constance Mao, MD
- 4:45 Question and Answer Session Faculty

5:15 Adjourn

Friday, March 24, 2017 7:30 Sign-In and Continental Breakfa

7:30	Sign-In and Continental Breakfast
8:00	Before Conception: A Critical Opportunity for Prevention Lisa Callegari, MD, MPH
8:30	Optimizing Natural Fertility Joëlle Lucas, MD
9:00	Ovarian Reserve Evaluation and Updates Genevieve Neal-Perry, MD, PhD
9:30	Question and Answer Session Faculty
10:00	Break
10:15	Contraception: Medical Eligibility Criteria 2016 Update Lauren Owens, MD, MPH
10:45	Medication Abortion: An Effective, Non-Invasive Option Sarah Prager, MD, MAS
11:15	How Women Experience Menopause: Common Syndromes, Complaints & Treatment Strategies $\textit{Susan Reed}, \text{MD}, \text{MPH}$
11:45	Question and Answer Session Faculty
12:15	Lunch (provided)
1:00	Lipid Lowering: Treatment Options Beyond Statins Savitha Subramanian, MD
1:30	Medical Myths - When Dogma Is for the Dogs Douglas Paauw, MD
2:00	Journal Watch: Important Publications 2015-2016 David Eschenbach, MD
2:30	Question and Answer Session Faculty
3:00	Break
3:15	Making Sense of the Family History Sharon Gill, MD
3:45	Update on Genetic Testing for Hereditary Breast and Ovarian Cancer Barbara Norquist, MD
4:15	Updates in Prenatal Genetics Shani Delaney, MD
4:45	Question and Answer Session Faculty
5.15	Adiourn

Women's Health Care Update

\$399 \$349 \$125

MD/DO/PhD **Allied Health** *Resident/Fellow

TOTILM

March 23 & 24, 2017

REGISTRATION	Z				
First		MI	Last		
Professional Title □ M.	D. \square DO \square PhD \square RN \square ARNP \square PA \square Other:	RN DA	RNP PA	Other:	
Street					
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□ UW Budget	Budget Name			Budget #	.11.
Box #	Proj		Opt	Task	CALL: 206.543,1050
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Register online at <u>uwcme.org</u>



UW SCHOOL OF MEDICINE Office of Continuing Medical Education Box 359441 Seattle, WA 98195-9441

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REGISTER ONLINE uwcme.org

Visit the conference website for more details and registration