

UW Medicine

UW SCHOOL
OF MEDICINE

WOMEN'S HEALTHCARE UPDATE



Thursday & Friday

March 22 & 23, 2018

University of Washington Campus
Husky Union Building (HUB), North Ballroom
Seattle, WA

**Sponsored by UW School of Medicine
Department of Obstetrics & Gynecology
Office of Continuing Medical Education**

TARGET AUDIENCE

Women's Healthcare Update is intended to address the target audiences of academic and community based primary care providers who care for women, including allied healthcare professionals, internists, family practitioners, ob/gyns, residents, and fellows.

COURSE DESCRIPTION

This conference is an annual update for health care providers on current topics relevant to women's health. The topics are selected from suggestions from previous course attendees, areas with substantial change, and controversial subjects where medical opinions may differ. The purpose is to provide a clinical update for providers who care for women in an outpatient setting. The format is a series of short lectures followed by question and answer sessions.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to provide the following for women:

- Apply recommendations regarding screening for cervical cancer and colon cancer
- Identify women at risk for hereditary cancer syndromes
- Review principles of psychiatric medication use in pregnancy
- Provide management of common mental health medications and associated side effects
- Understand treatment options for women with overactive bladder
- Assist patients in reproductive life planning, including counseling regarding oocyte cryopreservation
- Identify women for hepatitis C screening, counsel women to minimize risk of perinatal Zika transmission, and provide new HIV prevention options
- Apply NAMS 2017 treatment guidelines for menopause
- Evaluate pain complaints and provide non-narcotic pain relief modalities

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 16.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



FEES AND REGISTRATION

COURSE FEES	
MD/DO/PhD	\$399
Allied Health	\$349
*Resident/Fellow	\$150
<i>Walk-in registrations increase by \$25</i>	

UW CME is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to include transcript of AMA PRA Category 1 Credits™, access to online instruction materials, catering, taxes, faculty planning and salaries, venue and logistics.

To enroll, please complete the enclosed registration form and include payment or register online at uwcmce.org. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

* Resident/Fellow rate requires written confirmation of current status



ONLINE CONFERENCE MATERIALS

Syllabus material for conference registrants will be available online at uwcmo.org starting on **March 19, 2018**. Registrants may print and/or download the materials. A handout with the agenda and pages for note-taking will be provided at the conference (printed handouts of presentations will not be provided).

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **March 8, 2018**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **March 8, 2018**. The Office of Continuing Medical Education reserves the right to cancel this course twenty days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions: **call 206.543.1050 or email cme@uw.edu**.

SPECIAL SERVICES

In consideration of other participants and speakers, please do not bring infants/children into conference sessions. Please inform the CME Office ten days in advance of the conference start date if you will need to utilize lactation services.

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation please contact the CME Office at: 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

Watertown Hotel

4242 Roosevelt Way NE
Seattle, WA 98105
206.826.4242 or 866.944.4242
Rates depend on availability
Ask for the "University" rate

Silver Cloud Inn

5036 25th Avenue NE
Seattle, WA 98105
206.526.5200 or 800.205.6940
Rates depend on availability
Ask for "UW CME Conference"
rate

Marriott Residence Inn

4501 12th Avenue NE
Seattle, WA 98105
206.322.8887 or 888.236.2427
Rates depend on availability
Ask for "UW" rate

Course Faculty

COURSE CO-CHAIRS

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& Pain Medicine

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& Gynecology

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Medicine

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Department of Medicine

Division of Metabolism,
Endocrinology & Nutrition

Annette Wundes, MD

Associate Professor

Department of Neurology

Jasmine Zia, MD

Acting Assistant Professor

Department of Medicine

Division of Gastroenterology

Thursday, March 22, 2018

7:30 Registration and Continental Breakfast

8:00 Nutritional Education of the Gut Microbiome
William DePaolo, PhD

8:30 The Evolving Role of HPV Testing in Cervical Cancer Screening
Constance Mao, MD

9:00 Oocyte Cryopreservation and Fertility Preservation Options in 2018:
What Providers and Patients Should Know
Christopher Herndon, MD

9:30 Question and Answer Session
Faculty

10:00 Break

10:15 Menopause Therapies: Are You Practicing By the Guidelines?
Susan Reed, MD, MPH

10:45 Updates in Osteoporosis
Anna Golob, MD

11:15 Overactive Bladder: Update on Newer Treatments
Michael Fialkow, MD, MPH

11:45 Question and Answer Session
Faculty

12:15 Lunch (provided)

1:00 Five Inconvenient Truths About Zika Virus
Kristina Adams Waldorf, MD

1:30 Hep C Screening Updates for Women
John Scott, MD, MSc

2:00 New HIV-1 Prevention Options for Women
Jared Baeten, MD, PhD

2:30 Question and Answer Session
Faculty

3:00 Break

3:15 Psychiatric Medications in Pregnancy and Lactation
Alyssa Stephenson-Famy, MD

3:45 Selecting Medication for Depression and Anxiety
Katherine Michaelsen, MD

4:15 Ovarian Cancer Update
John Liao, MD, PhD

4:45 Question and Answer Session
Faculty

5:15 Adjourn

Friday, March 23, 2018

7:30 Sign-In and Continental Breakfast

- 8:00 LARC Updates and Best Practices
Lyndsey Benson, MD, MS
- 8:30 Miscarriage Management
Sarah Prager, MD, MAS
- 9:00 Women's Health Primary Care Clinical Pearls
Maryann Overland, MD
- 9:30 Question and Answer Session
Faculty
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10:00 Break

- 10:15 Health Maintenance Guidelines: Evidence-Based Prioritizing
Sharon Gill, MD
- 10:45 Irritable Bowel Syndrome in the 21st Century
Jasmine Zia, MD
- 11:15 Colon Cancer Screening
Jason Dominitz, MD, MHS
- 11:45 Question and Answer Session
Faculty
-

12:15 Lunch (provided)

- 1:00 Reproductive Life Planning for Women With MS
Annette Wundes, MD
- 1:30 Beyond Type 1 and 2 Diabetes: The Other 5%
Brent Wisse, MD
- 2:00 Updating Our Approach to Caring for Patients With Obesity
Ellen Schur, MD, MS
- 2:30 Question and Answer Session
Faculty
-

3:00 Break

- 3:15 How to Talk with Primary Care Patients About Pain in 15 Minutes
Joseph Merrill, MD, MPH
- 3:45 Non-Opioid Pain Management
Brett Stacey, MD
- 4:15 Evidence-Based Evaluation of the Shoulder
John O'Kane, MD
- 4:45 Question and Answer Session
Faculty
-

5:15 Adjourn

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Allied Health	\$349
*Resident/Fellow	\$150

MJ1814

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REGISTRATION

First	MI	Last
Professional Title <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> RN <input type="checkbox"/> ARNP <input type="checkbox"/> PA <input type="checkbox"/> Other:		
Street		
City	State	Zip
Phone () -	Email	

RETURN COMPLETED REGISTRATIONS

PAYMENT

*Residency Program, if applicable _____

<input type="checkbox"/> Check (payable to University of Washington) for \$

<input type="checkbox"/> Credit Card charge \$	<input type="checkbox"/> Visa	<input type="checkbox"/> MC	<input type="checkbox"/> Discover
Card #	Exp Date		
CCV #	Signature		

<input type="checkbox"/> UW Budget	Budget Name	Budget #
Box #	Proj	Opt Task

MAIL:
 UW CME
 Box 359558
 Seattle, WA 98195-9558

FAX:
 206.221.4525

CALL:
 206.543.1050

Register online at uwcme.org