

OB/GYN Clerkship Guide to Clinical Rotations

CLERKSHIP FORMAT

- 6-Week Clerkship
- Course Description:
Introductory Experience in the Provision of Comprehensive Medical Care and Counseling Services to Adult and Adolescent Female Patients.
- Settings: 30 Sites
 - University Hospital
 - Community Hospital
 - Physician Offices
 - Public Health Clinics
 - Inpatient
 - Outpatient

CLERKSHIP ACTIVITIES

- OFFICE
 - Interview and Examine Patients (Pelvic & Breast Exams, Pap Smears)
 - Observe or assist with office procedures (colposcopy, endometrial biopsy, D&C)
- OR
 - Participate in GYN surgeries and Cesarean Sections
- L&D
 - Evaluate patients in triage
 - Observe, assist, or perform vaginal & cesarean deliveries
- INPATIENT
 - Round on patients and participate in their hospitalization

CLERKSHIP ACTIVITIES

- Lectures (on-line)
- Grand rounds
- Conferences
- 3 Required patient history & physical write-ups
- 1 Required bioethical CEx
- 20 Minute oral presentation
- Pelvic and breast exam CEx
- Meeting with preceptors

SCHEDULES

- Hours determined by site
 - <80 hours/week
- Call varies
 - Once weekly
 - Night float (UWMC/HMC, Madigan)
 - Follow call of preceptor
- Time off
 - Holidays are at the discretion of the site director

SITE CONSIDERATIONS

- Do you want to work with residents?
- Do you want other students rotating with you?
- Are you independent and can “roll with the flow” or like to put your “stamp” on the site?
- Do you like highly structured environments?
- Are you worried about being male on this rotation?

SCHEDULING ADVICE FOR MALE STUDENTS

- All of our sites enjoy having male students on rotation so you will have a valuable educational experience no matter where you go.
- If you are extremely concerned about your experience, patients at the following sites may be less likely to turn away male students due to a high number of male clinicians:
 - Anchorage
 - Billings
 - Bozeman
 - Group Health, Capitol Hill
 - Group Health, Tacoma
 - Helena
 - Lander
 - Madigan Army Medical Center
 - Rock Springs
 - Sheridan
 - Spokane
 - Valley Women's Clinic
 - Yakima

WESTERN WASHINGTON CLERKSHIP SITES

- University of Washington Medical Center/Harborview Medical Center
- Group Health, Capitol Hill
- Group Health, Bellevue
- Group Health, Tacoma
- Madigan Army Medical Center
- Peace Health Medical Group (Bellingham)
- Swedish Medical Center
- Tacoma Women's Specialists
- Valley Women's Clinic

OB GYN 665- UWMC/HMC

Maximum of 4 Students/Rotation
Offered Sum A – Spr B

- Work with OB/GYN residents
- Weekends off, with the exception of one Sunday night
- Week of night float, rather than 24 hour call
- Subspecialty experiences available
- GYN and OB are split into two 3-week blocks
- “The gynecology clinic gave great opportunities to see patients presenting with both normal gynecologic concerns and abnormal problems. This was also a great time to improve patient care skills. Triaging patients on labor and delivery was also a very worthwhile learning experience. My residents and most of my attendings were great teachers and so passionate about OB/GYN that it made this a very positive environment.”

OB GYN 670- GROUP HEALTH, CAPITOL HILL

Maximum of 2 Students/Rotation
Offered Sum A – Spr B

- Work with Family Medicine residents
- Subspecialty experiences available
- “Most of the preceptors were extraordinary and I enjoyed working with each one. I received the needed feedback, especially if I asked, and the attendings took time to slow down for pivotal teaching points. The attendings were far and away the most beneficial aspect to this clerkship, but the scheduling was also excellent, not only with the time commitment, but also with each week subdivided between L&D and gyn clinic. This really allowed me to learn and reinforce subjects as I went along and I was excited for each week.”

OB GYN 672- GROUP HEALTH, BELLEVUE

Maximum of 1 Student/Rotation
Offered Sum B, Aut B, Win B & Spr B

- No residents on service
- Work one-on-one with a different attending each week
- “Most of the preceptors were extraordinary and I enjoyed working with each one. I received the needed feedback, especially if I asked, and the attendings took time to slow down for pivotal teaching points. The attendings were far and away the most beneficial aspect to this clerkship, but the scheduling was also excellent, not only with the time commitment, but also with each week subdivided between L&D and gyn clinic. This really allowed me to learn and reinforce subjects as I went along and I was excited for each week.”

OB GYN 664- GROUP HEALTH, TACOMA

*Site Availability is unknown for
AY 2015-2016 at this time.

- Work with Family Medicine residents
- “The willingness of the attendings to allow me to have hands-on learning was certainly the best aspect of the rotation. It all started on day 1 --I did a cervical exam in the first 2 minutes of my day, helped attempt an external version and followed the patient I performed the cervical check on all through her labor and was able to catch her baby! What a start! Now, I know it was coincidental that there was a delivery on day 1 for me to be a part of, but the fact that even though it was my first day and yet I was allowed to step in right away and learn from patients rather than textbooks was remarkable. Each attending worked hard to ensure that I got as much hands on experience as I could and also tried to ensure that whatever activity I was participating in that it was the "most high yield" thing at the time. They allowed me to tailor my rotation to my interests as well. I felt respected, motivated, supported and appreciated and really did feel like I had a role in the patient care.”

OB GYN 667- MADIGAN ARMY MEDICAL CTR

Maximum of 2 Students/Rotation
Offered Sum A – Spr B

- High volume of patients
- Work with Ob/Gyn residents and be part of a large team
- Subspecialty experiences available
- “I appreciated the exposure to important and common gynecological and obstetrical complaints, as these will likely be a common part of my eventual career in family practice. The reality is that several key residents made the learning occur for me and were critical to my gaining exposure to and mastery of many of the objectives. I also appreciated all of the teaching and learning that occurs through "morning report" and the student lectures at Madigan.”

OB GYN 632- PEACE HEALTH MEDICAL GROUP

Maximum of 1 Student/Rotation
Offered Sum B, Aut B, Win B, Spr B

- Site director is former UW Ob/Gyn resident.
- No residents on service
- Bellingham is a great location for someone who enjoys the outdoors—there are many hiking trails, bike trails, golf courses, rivers/lakes for fishing, and is close to Mt. Baker for any avid skiers.
- This is a new site for AY 2014-2015 and we do not yet have student feedback on the site.

OB GYN 669- SWEDISH MEDICAL CTR

Maximum of 3* Students/Rotation
Offered Sum A – Spr B

*2 students only for Sum A & B.

- Work with UW Ob/Gyn residents
- Work with Family Medicine OB fellows
- Great site for an independent student
- “I enjoyed the independence and variety at Swedish. I was exposed to many different clinic styles and environments. I enjoyed the opportunity to make my own clerkship. I don't think this site structure would work for someone who isn't as active in making learning experiences happen.”

OB GYN 691- TACOMA WOMEN'S SPEC.

Maximum of 1 Student/Rotation
Offered Win A & Spr A

- Work with Family Medicine residents
- This is a great site for learning gynecology—it is a nationally recognized minimally invasive gyn surgery center, and is the only GYN robotic surgery epicenter in Washington, Oregon, and Idaho (<http://www.tacomaobgyn.com/services-procedures/>).
- “I was actively involved while on call in L&D, doing surgeries, and in the clinic for gyn visits. I actually got to do more during surgeries for this rotation than I did during my surgery rotation.”

OB GYN 693- VALLEY WOMEN'S CLINIC

Maximum of 1 Student/Rotation
Offered Sum A, Aut A, Win A & Spr A

- Subspecialty experiences available
- Work with Family Medicine residents
- “Hands on learning every day. Every opportunity was available to me if I asked. Doctors and staff were open and willing to let me participate. I could choose what I felt comfortable doing.”
- “Working with Dr. Tagavilla was the best, both because working with a male physician was helpful in OB/GYN, and because he seemed most committed to teaching and giving me opportunities to learn. Across all fields, I certainly learned the most with him.”

EASTERN WASHINGTON CLERKSHIP SITES

- Kadlec Regional Medical Center (Tri-Cities)
- Kvh Women's Health (Ellensburg)
- Sacred Heart Medical Center (Spokane)
- Wenatchee Valley Medical Center
- Yakima Valley Memorial Hospital

OB GYN 695- KADLEC REGNL MED CTR

Max 1 Student/Rotation
Offered Sum A – Spr B

- Underserved pathway site
- Level III NICU
- Running and biking events held throughout the year as well as many water sport opportunities in the Tri-Cities
- Work with Family Medicine residents
- “There were amazing amounts of hands-on experiences that were available. I really learned a lot of valuable skills through active participation in procedures. I also enjoyed being able to bounce around a little bit between different providers, which kept my days busy and enjoyable. Having exposure with several different attendings also was valuable, as I got to experience several different approaches and styles.”

OB GYN 6??- KVH WOMEN'S HEALTH

Max 1 Student/Rotation
Offered Sum A, Aut A, & Spr A

- This is a new site for AY 2015-2016
- No residents on service
- Ellensburg is a great city to explore the outdoors—biking & hiking trails, fly fishing and skiing available
- Service learning opportunities available at Free Clinic in community

OB GYN 688- SACRED HEART MEDICAL CTR

Max 3 Students/Rotation
Sum A, Aut A, Win A & Spr A

Max 4 Students/Rotation
Sum B, Aut B, Win B & Spr B

- Dr. Bruce Hopkins received the 2010 APGO Excellence in Teaching award.
- 2 weeks on L&D, 4 weeks in clinic/surgery (2 days with gyn onc); part of clinic experience may include time at Seattle Reproductive Medicine Spokane
- Work with Family Medicine residents & Family Medicine OB Fellows
- "As a student at Holy Family Hospital, there were no residents, which made for an excellent environment of one on one teaching with the faculty. I really benefitted from all the hands on opportunities -- I had 9 primary deliveries, and a total of 34 births, both vaginal and cesarean. All the faculty made sure I was involved, which made my experience really exciting and hands on. I really loved getting to spend a couple days at the reproduction medicine office, as well as with Gyn Oncology. It was a good balance, I think any more time away from my main site would have made it difficult to get settled into a good rhythm there."

OB GYN 663 – WENATCHEE VALLEY MEDICAL CTR

Max 1 Student/Rotation
Offered Sum A, Aut A, Win A & Spr A

- Dr. Rita Hsu received the 2014 APGO Excellence in teaching award
- Hispanic health pathway site
- Underserved pathway site
- No residents on service
- “Being exposed to many different procedures and surgeries was very helpful. Having the opportunity to deliver babies and to be 1st assist on c-sections. Being able to interview patients on my own. The hands-on experience. Seeing a wide variety of patients.”

OB GYN 686- YAKIMA VALLEY MEMORIAL HOSPITAL

Max 2 Students/Rotation
Offered Sum A – Spr B

- Dr. Roger Rowles received the AOA Volunteer Clinical faculty Award in 2011
- Hispanic health pathway site
- Underserved pathway site
- Work with UW Ob/Gyn residents
- “It was great to see patients on my own, then present them to my preceptor. The autonomy really helped me get the feel of how to practice as a doctor. The hands on experience was by far the best. Getting to do deliveries and help in surgeries really made me fall in love with OB and I've started seriously considering it as a specialty. I feel so much more confident in my hands on skills, as well as interviewing and coming up with an assessment and plan. Overall an awesome rotation.”

WYOMING CLERKSHIP SITES

- Cheyenne Obstetrics
- College Hill Women's Health Center (Rock Springs)
- Gillette OBGYN Associates
- Lander Medical Clinic
- Lisa Williams, MD (Cody)
- Sheridan Women's Clinic

OB GYN 679- CHEYENNE OBSTETRICS

Maximum 1 Student/Rotation
Offered Win B – Spr B

- Work with Family Medicine residents on Labor & Delivery
- Great site for an independent student who thrives on informal teaching sessions
- “[The best parts about this clerkship were]
 1. Being appropriately challenged, ie once I had proven my skills, my faculty treated me like an intern, which helped me transition from student to "provider" in training. From day 2, I saw patients on my own, did full H&Ps with A/P then presented to attending who confirmed my A/P with the patient.
 2. OR exposure was excellent. Most cases I was 2nd assist or 1st assist with no competition from residents. This allowed me to hone a number of skills including, suturing, exposure, and laparoscopic manipulation.
 3. Good patient continuity, I followed/managed many patients through clinic and on to delivery and PP.
 4. Excellent exposure to L&D and different styles of management (depending on attending)”

OB GYN 677- COLLEGE HILL WOMEN'S HEALTH CENTER

Maximum 2 Students/Rotation
Offered Sum B – Win B

- Underserved pathway site
- No residents on service
- Excellent site for hands-on experience
- “Getting to actually do the work. Very hands on with most of the preceptors and that makes all the difference. Getting to do deliveries, writing admission, progress, and discharge notes for my patients in the hospital and in the clinic. Surgery was excellent. Having study days was great because we could study at the hospital and be there for more deliveries.”

OB GYN 644- GILLETTE OBGYN SPEC

Maximum 1 Student/Rotation
Offered Sum A – Aut B

- No residents on service
- Great site for hands-on experience
- Bighorn Mountains just 60 miles away-enjoy outdoor recreation on over a million acres of national forest. Bighorn Mountains are located halfway between Mount Rushmore National Monument and Yellowstone National Park.
- “The hands on nature of this rotation was great. Right from the get go, you were "in the mix," which quite frankly is rather terrifying initially, but then you rapidly become comfortable with the subject matter. The friendly environment of the clinic can't be overstated-the people here were PHENOMENAL: super friendly, easy going, grab you when something out of the ordinary or interesting comes in.”

OB GYN 657- LANDER MEDICAL CLINIC

Maximum 1 Student/Rotation
Offered Sum A, Aut A, & Win A

- No residents on service
- Underserved pathway site
- Work one-on-one with Dr. Siebersma
- Lander is known for its recreational opportunities, entertainment, relaxation, scenic beauty, and just plain fun! Sinks Canyon State Park is within 7 miles, Historic South Pass City is 30 miles away and is one of the best preserved mining towns in the west. Gold Rush Days July 11 & 12, 2015.
- “It was a great clerkship to integrate surgery techniques and general medicine. You have to remember everything, not just that the patient is pregnant, because they still can get all the normal ailments but you have to sort out if it is due to pregnancy or not. Great clerkship!”

OB GYN 659- LISA WILLIAMS, MD (CODY)

Maximum 1 Student/Rotation
Offered Aut A & Spr A

- No residents on service
- Underserved pathway site
- Cody is 52 miles from Yellowstone National Park's east entrance.
- "This clerkship site was amazing. I loved being able to work one on one with my attendings in a more casual format. I was able to ask tons of questions and get hands on experience in clinic, L &D, and surgery on a daily basis. I was able to deliver (11 solo), assist, and observe over 20 births, beginning with a vaginal breech, first assist on a crash C-section, and ending with vaginal twins. Being the only student in town, working with the only OB in town gave me countless opportunities to learn! Both of my attendings were friendly, respectful, and clear with their expectations. I also loved my day to day scheduling. I can't describe how valuable it is to see patients and then actually have the time and energy to read more into their conditions. In other clerkships I've had, a full schedule did not leave time to explore and learn on my own which made it very difficult to consolidate concepts in my mind. I was able to get such great value out of my clerkship in Cody, simply because I had enough time to spend in self-guided learning and personal well-being. Put simply, this clerkship is the best. Hands down."

OB GYN 645- SHERIDAN WOMEN'S CLINIC

Maximum 1 Student/Rotation
Offered Aut A – Spr B

- No residents on service
- Sheridan is home to world class fly fishing, hiking, camping and winter sports. We have a beautiful, vibrant downtown – a shoppers' delight! We also have over 13 miles of biking/walking paths, the WYO Theater, museums, fantastic restaurants, a top notch rodeo – – and so much more. Located halfway between Yellowstone Park and Mount Rushmore.
- “Being in a rural area without access to subspecialties of OBGYN, I think I got to see a lot more variety of complex cases that would have been managed by more specialized practices in a larger institution.”

ALASKA CLERKSHIP SITES

- Providence Medical Center (Anchorage)
- Interior Women's Health (Fairbanks)

OB GYN 671- PROVIDENCE MEDICAL CTR

Maximum 3 Students/Rotation
Offered Sum B, Aut B, Win B & Spr B

- Dr. Jan Whitefield received the 2014 WWAMI Distinguished Teacher Award
- Work with Family Medicine residents
- High Risk OB experiences available – often high risk mothers are referred to Anchorage for evaluation and care; other times maternal and neonatal transport teams travel to remote sites to evaluate, stabilize, and transport patients to Anchorage
- This clerkship was really well balanced--there was a little bit of everything. I was able to scrub in on a ton of surgeries including numerous GYN surgeries, a few cancer surgeries, and lots of c-sections. There was also plenty of clinic with a good mix of patients and L&D shifts. Flying to Kodiak was great; being able to see how specialists travel to remote areas to work with patients despite the distance was amazing. Overall, really good teaching and a great experience."

OB GYN 687- INTERIOR WOMEN'S HEALTH

Maximum 1 Student/Rotation
Offered Sum A – Spr B

- No residents on service
- Underserved pathway site
- Fairbanks is one of the best places in the world to view the Northern Lights. The most common yellow-green glow occurs heavily between August and April.
- Fairbanks is surrounded by wilderness and is close to areas perfect for hiking, mountain biking, whitewater rafting, canoeing, kayaking, snowmobiling, dog mushing, skiing, camping, hunting, fishing, and backpacking.
- "There were plenty of opportunities to make the clerkship "my own". Quite literally, I could have had as much hands-on experience with labor patients as I would have liked. The preceptors available to work with were vast and varying in their approaches and strengths, and all were eager to discuss and answer any questions I had."

MONTANA CLERKSHIP SITES

- Billings Clinic
- Bozeman OB/GYN Associates
- Bozeman Deaconess Women's Specialists
- Andrew Malany, MD, PC(Helena)
- Kalispell Obstetrics and Gynecology
- Western Montana Clinic (Missoula)

OB GYN 678- BILLINGS CLINIC

Maximum 1 Student/Rotation
Offered Sum A, Aut A, Win A & Spr A

- Subspecialty experiences available
- Work with Family Medicine residents
- Billings is a great place for biking, running, kayaking, whitewater rafting, tubing, rock climbing and golf. There is skiing nearby at Red Lodge Mountain or in Big Sky, which is 3 hours away. There are cultural opportunities in the Lewis & Clark and Native American Centers.
- “The OB/Gyns were extremely engaged and willing to work with students and teach. I was able to spend time with Gyn/Onc, MFM, REI as well as multiple OB/Gyn and to a certain extent tailor my time to my interests. This is not only a tertiary care center, which allowed me to see some very complex obstetrical cases, but serves a significant underserved population from the region so the variety of patients was excellent.”

OB GYN 692- BOZEMAN OB/GYN ASSOC

Maximum 1 Student/Rotation
Offered Sum A – Spr B

- No residents on service
- Subspecialty experiences available
- Underserved pathway site
- “Dr. Bradford is an amazing preceptor--he really allowed me to be very hands-on from day 1. Patients were very willing to have a student so I learned a ton from them! Dr. Bradford is a great teacher and is really receptive to questions! He is more low-key than most preceptors and is quite approachable.”

OB GYN 652- BOZEMAN DEACONESS WOMEN'S SPEC

Maximum 1 Student/Rotation
Offered Sum A, Aut A, Win A & Spr A

- New clerkship site for AY 2015-2016
- No residents on service
- Underserved pathway site
- With the multitude of activities available just out the back door of Bozeman, you'll begin to feel as though you are a local in no time. From hiking or skiing the mountains to experiencing the power of Yellowstone and its geysers, the land and water encompassing Bozeman is a magnificent way to define your visit to the area.

OB GYN 651-
ANDREW
MALANY, MD, PC
(HELENA)

Maximum 1 Student/Rotation
Offered Aut A, Win A & Spr A

- No residents on service
- Helena is Montana's Capital City and located between Yellowstone National Park and Glacier National Park. Helena has a rich gold rush history, and exploring Last Chance Gulch brings the history to life. Designated a ride center by the International Mountain Biking Association, Helena has over 75 miles of trails. Helena was awarded the Best of the Road "Best for Geocaching" title.
- "[The most beneficial aspect of this clerkship was] the close working relationship with the attending—constant teaching and valuable feedback."

OB GYN 650- KALISPELL OBSTETRICS & GYNECOLOGY

Maximum 1 Student/Rotation
Offered Sum A, Aut A, Win A & Spr A

- No residents on service
- Underserved pathway site
- Kalispell is in the heart of Montana's Rocky Mountains. Kalispell is surrounded by 360-degree views of Glacier National Park, the Whitefish, Swan and Mission Ranges, with the sparkling jewel of Flathead Lake – the largest freshwater lake west of the Mississippi – a 15 minute drive to the south and the Canadian border is an hour's drive to the north.
- “The three attendings have a lot to teach about patient care and bedside manner. They are very eager to teach and involve students in the clinic and OR as much as reasonably possible and are willing to allow extra involvement, extra didactics, and extra suturing and sterile technique lessons. They are constantly giving helpful feedback and asking how they could help to make the experience helpful.”

OB GYN 676- WESTERN MONTANA CLINIC

Maximum 1 Student/Rotation
Offered Aut A – Spr B

- Work with Family Medicine residents
- When you're not in clinic, Missoula's got plenty of ways to scratch your outdoors itch: biking, cross-country skiing, snowshoeing, fly fishing, golfing, hiking, backpacking, kayaking, canoeing, rafting, running, skiing & snowboarding.
- "The most important factor that made this clerkship so excellent was the involvement from the attendings and the clear desire to teach and help me develop as a student. Asking questions was easy and I felt confident in building my knowledge base and making improvements because I knew that I was supported in this endeavor. The hands-on experience was outstanding - for deliveries, surgeries and basic office exams. I felt as though I had the chance to truly work on my skills and explore technique... Overall - the energy and enthusiasm of the attendings and staff made this rotation so much fun and a wonderful learning experience. Thanks for all the encouragement."

IDAHO CLERKSHIP SITES

- Sandpoint Women's Health
- St. Alphonsus OB/GYN (Boise)

OB GYN 690- SANDPOINT WOMEN'S HEALTH

Maximum 1 Student/Rotation
Offered Aut A, Win A & Spr A

- Underserved pathway site
- No residents on service
- There are many fun things to do in Sandpoint, including: Silverwood Theme Park, bike tours, brewery tours, Albeni Falls Dam, horseback riding, museums and railroading, Round Lake State Park, sailing, skiing, Kootenai National Wildlife Refuge, and Pend d'Orielle Winery.
- "The attendings on this clerkship are great and really let students participate as much as possible in patient care. Being able to be so involved was the best experience for learning about the specialty. I also really appreciated the opportunity to participate in all of the surgeries during my rotation."

OB GYN 639- ST ALPHONSUS OB/GYN

Maximum 1 Student/Rotation
Offered Sum B, Aut B, Win B & Spr B

- No residents on service
- Subspecialty experiences available
- Students should expect to spend 3 days per week in the office or in the OR and 2 days per week on L&D. Students are expected to take call one weeknight per week and one weekend per month.
- “[the most beneficial aspects of this clerkship were]
#1: Interaction with patients--having the ability to create relationships with patients in both the office and on L&D
#2: OR cases--I loved the wide variety of cases Dr. Thomson allowed me to be involved in
#3: Gyn Onc week-- a lot of interesting cases
#4: Time on L&D- invaluable experience with the laborist and staff
#5: Clinic time and practice with speculum & breast exams.”

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<http://depts.washington.edu/obgyn/education/third-year-clerkship.html>