

Curriculum Vitae

Beatrice Ellis

Background Information

Office Address 823 NE 65th Street
Seattle, WA 98115

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Education

Undergraduate University of Michigan
September 1978 to April 1982
BA with Distinction
Honors in Psychology and Honors in French

Graduate University of Minnesota
September 1984 to June 1990
PhD in Psychology June 1990
Major Program: Clinical Psychology
Social Psychology
Supporting Program: Methodology
And Statistics

Internship University of Washington
July 1989 to June 1990

Postdoctoral Fellowship University of Washington
September 1990 to August 1992
Reproductive and Sexual Medicine Clinic
Departments of Psychiatry and Behavioral
Sciences and Urology

Academic Appointments

University of Washington, Department of Psychiatry and Behavioral Sciences
Clinical Instructor, July 1993 to June 1996
Clinical Assistant Professor, July 1996 to present

University of Washington, Department of Psychology
Clinical Instructor, April 1994 to June 1996

Clinical Assistant Professor, July 1996 to present

Medical Staff Appointments

Seattle Cancer Care Alliance, Seattle, WA
Adjunct Associate Medical Staff, January 2001 to present

Swedish Medical Center, Seattle, WA
Allied Health Staff, September 2000 to present

Harborview Medical Center, Seattle, WA
Adjunct Medical Staff, August 1999 to present

University of Washington Medical Center, Seattle, WA
Adjunct Medical Staff, August 1999 to present

Honors and Awards

Washington State Psychological Association Distinguished Service Award, 2001

American Psychological Association Science Directorate

Dissertation Research Award, May 1989

Graduate School Doctoral Dissertation Special Grant, September 1988

Psychology Department Fellowship, September 1984 to June 1987

Graduate School Fellowship, September 1984 to June 1986

Martha Muenzer Memorial Award in Psychology, March 1981

Clinical Experience

Psychologist in independent practice, Seattle, WA, September 1992 to present. Psychotherapy and consultation with adults, individuals and couples; mood disorders, anxiety disorders, sexual and relationship issues, mental health and primary care, general psychotherapy.

Research Scientist, Seattle, WA, September 2000 to December 2003. Fibromyalgia Research Center, Department of Anesthesiology, University of Washington. Led psychoeducational stress management groups in multidisciplinary fibromyalgia research study, wrote patient education materials.

Clinic Therapist, Seattle, WA, July 1998 to September 1999. Chronic Fatigue Clinic, Harborview Medical Center. Psychotherapy and counseling with adults with Chronic Fatigue Syndrome and/or Fibromyalgia. Counseling with adults with other chronic medical conditions at Complementary Medicine Clinic.

Psychologist, Behavioral Medicine Northwest, Tacoma, WA, February 1994 to August 1997. Psychotherapy with adults; psychological evaluation of adults for state and federal disability assistance programs (GAU, SSI, ADATSA).

Postdoctoral Fellow, University of Washington, September 1990 to August 1992. Reproductive and Sexual Medicine Clinic. Evaluation and treatment of individuals and couples with sexual and relational difficulties. Individual psychotherapy with adults, mood and anxiety disorders. Consultation on marital and sexual issues to local therapists and physicians. Research on marital and sexual dysfunction, alcoholism, infertility. Supervisor: Julia R. Heiman, Ph.D.

Psychology Intern, University of Washington, July 1989 through June 1990. Community Mental Health Center, Spokane, WA, November 1989 through June 1990. Individual and group psychotherapy with severely and/or chronically mentally ill; psychological assessment and consultation; community outreach and crisis intervention. Supervisors: Paul Quinnett, Ph.D. and Roger Harman, Ph.D.

Psychology Intern, University of Washington, July 1989 through June 1990. July through October 1989, University of Washington Medical Center Neuropsychology Service. Neuropsychological evaluation and consultation, adult psychiatric inpatients. Supervisors: Keith Claypoole, Ph.D. and Brenda Townes, Ph.D.

Psychometrist, Northwest Airlines, July 1988 to March 1989. Intellectual assessment of adult subjects for employment screening. Supervisor: James N. Butcher, Ph.D.

Volunteer Counselor, Walk-In Counseling Center, Minneapolis, MN, part-time September 1987 to March 1989. Diagnostic interviewing and counseling. Supervisors: Ray M. Conroe, Ph.D. and others.

Therapy Assistant, Hennepin County Mental Health Center, Minneapolis, MN, part-time August 1987 to June 1989. Conducted cognitive-behavioral psychotherapy and behavioral practice sessions with anxiety-disorder clients. Supervisors: Vernon T. Devine, Ph.D. and Gary Fischler, Ph.D.

Psychology Clerk, Minneapolis Childrens Medical Center, April through June 1988. Diagnostic interviewing and psychological assessment of children and adolescents. Supervisor: Susan Price, Ph.D.

Psychology Clerk, University of Minnesota Hospital Health Psychology Clinic, January through March 1988. Diagnostic interviewing and psychological assessment of adolescents and adults. Supervisor: William N. Robiner, Ph.D.

Psychology Clerk for psychologist in private practice and psychiatrist affiliated with Abbott Northwestern Hospital, Minneapolis, MN, September through December 1987. Diagnostic interviewing and psychological assessment of inpatient and outpatient adults. Supervisor: Barbara Brauer, Ph.D.

Research Experience

Research in collaboration with Julia R. Heiman, Ph.D., University of Washington Department of Psychiatry and Behavioral Sciences, September 1990 to September 1995. Assessment of marital and psychological functioning in couples experiencing male sexual dysfunction; longitudinal assessment of physiological, psychological, sexual, and marital functioning following alcoholism treatment.

Research in collaboration with Julia R. Heiman, Ph.D. and Richard Berger, M. D., University of Washington Departments of Psychiatry and Behavioral Sciences and Urology, September 1990 to December 1991. Development of a patient-education guide to decision-making in infertility treatment.

Research in collaboration with Joseph Becker, Ph.D., University of Washington Department of Psychiatry and Behavioral Sciences Center for Anxiety and Depression, August 1989 to January 1992. Compared personality and depressive symptomatology measures in unipolar and bipolar affective disorder and control subjects.

Dissertation research. Cognitive and personality correlates of bipolar disorder, April 1988 to September 1989. Compared individuals with bipolar disorder with at-risk individuals and control subjects to ascertain risk and protective factors associated with the disorder.

Research in collaboration with Mark Snyder, Ph.D., University of Minnesota, Department of Psychology. Research on orientations toward physical fitness, January 1985 to August 1987.

Research in collaboration with Eugene Borgida, Ph.D., University of Minnesota, Department of Psychology. Research on loneliness, January 1985 to December 1985.

Research assistant for Ellen Berscheid, Ph.D. and Mark Snyder, Ph.D., University of Minnesota, Department of Psychology, September 1984 to December 1985. Research on close relationships.

Research assistant for Geraldine Gage, Ph.D., University of Minnesota, Department of Family Social Science, June 1985 to September 1986. Research on relationships of people and pets.

Honors thesis, under supervision of Robert B. Zajonc, Ph.D., University of Michigan, Department of Psychology, September 1980 to April 1982. Conducted questionnaire study on knowledge, beliefs and behavior related to caffeine consumption among college students.

Research assistant, National Analysts, Philadelphia, PA, June to August 1978 and 1979. Coded and checked studies for USDA study.

Grants

Alcohol and Drug Abuse Institute, University of Washington. Sexual and Marital Factors in Alcohol Relapse and Recovery: A Pilot Study. Funded February 1992 to December 1995. Principal Investigator: Julia R. Heiman, Ph.D. Role: Project Coordinator.

Publications

Turk, D. C. and Ellis, B. (2003). Pain and fatigue. In L. A. Jason, P. A. Fennell, and R. Taylor (Eds.), *Handbook of Chronic Fatigue Syndrome* (pp. 211-244). Hoboken, NJ: John Wiley & Sons.

Cohen-Glick, C., Ellis, B., and Sanders, K. M. Working with Difficult Patients: The Angry Patient. *Washington Family Physician*, Spring 2000, 19, 23.

Sanders, K. M., Ellis, B., and Cohen-Glick, C. Working with Difficult Patients: The Anxious/Dependent Patient. *Washington Family Physician*, Winter 2000, 22-23.

Sanders, K., Brockway, J., Cotton, E., Ellis, B., and Bredin, J. G. (2000). Enhancing mental health climate in hospitals and nursing homes: Collaboration strategies for medical and mental health staff. In M. E. Duffy (Ed.), *Handbook of Counseling and Psychotherapy for Older Adults*. New York: John Wiley & Sons.

Ellis, B., Cohen-Glick, C., and Clark, K. Working with Somatizing Patients. *Washington Family Physician*, Fall 1999, 22.

Brockway, J., Sanders, K., and Ellis, B. Collaboration in Medicine and Mental Health. *Washington Family Physician*, Spring 1999, 21-22.

Lehman, A. K., Ellis, B., Becker, J., Rosenfarb, I., Devine, R., Khan, A., and Reichler, R. J. (1997). Personality and Depressive Experiences: A validation study of the Depressive Experiences Questionnaire. *Journal of Personality Assessment*, 68, 197-210.

Heiman, J. R., Epps, P H., and Ellis, B. (1995). Treating sexual desire disorders in couples. In N. S. Jacobson and A. S. Gurman (Eds.), *Clinical Handbook for Marital Therapy* (2nd ed.). New York: Guilford.

Ellis, B. and Berger, R. E. (1992). *Infertility: A decision-making guide for couples*. Birmingham, AL: American Fertility Society.

Presentations

Ellis, B. (2004, 2005). Sex and aging. Lecture to Biology of Aging class, School of Nursing, University of Washington, Seattle.

Ellis, B. (2003-2006). Sexual issues in primary care. Case consultations with Family Practice Residency Program, University of Washington, Seattle.

Ellis, B. (1991 to present, multiple occasions). Sexual issues in primary care. Didactics for residents in family medicine and internal medicine, Seattle, Tacoma, Renton, Olympia, WA.

Ellis, B. (1996 to present, multiple occasions). Sexuality issues, taking a sexual history, diagnosis and treatment of sexual problems. Lectures, panel discussion, role play workshops with first and second year medical students, University of Washington, Seattle.

Ellis, B., Sanders, K.M., Cohen-Glick, C., and Schermerhorn, K. Working with Depression and Anxiety, Plus: Understanding and Improving Physician-Patient Interactions. Washington Academy of Family Physicians 51st Annual Meeting and Scientific Assembly, May 20, 2000, Blaine, WA.

Cordy, C., Bredin, J. G., Brockway, J., Ellis, B., Sanders, K. M., Suarez, A., and Vincent, J. Red Flags and Red Herrings: When it's Not Simply Depression. A workshop on diagnosing depression complicated by other mental illness. Washington Academy of Family Physicians 49th Annual Meeting and Scientific Assembly, May 15, 1998, Seattle, WA.

Ellis, B., Berger, R. E., and Heiman, J. R. (1997, April). Psychologist-physician collaboration in a urology clinic. Presented at the quarterly meeting of the Puget Sound Chapter of the Collaborative Family Healthcare Coalition, Seattle.

Collaborative Care: Physicians and Psychologists Working Together to Enhance Patient Outcomes. Patricia J. Stern, Karen M. Sanders, Beatrice Ellis, June G. Bredin. Washington Academy of Family Physicians 46th Annual Meeting and Scientific Assembly, May 15, 1995, Skamania, WA.

Ellis, B. (1994, July; 1991, September). Sexual functioning following prostate surgery. Presentation to Prostate Cancer Support Groups, University of Washington Medical Center and Tumor Institute, Swedish Medical Center, Seattle.

Ellis, B. (1993, December). Sexuality and disability. Presentation to staff at Health South Medical Center, Richmond, VA.

Ellis, B. (1992, April). Sexual functioning. Presentation to Interstitial Cystitis Support Group, Overlake Hospital, Bellevue, WA.

Ellis, B. (1990, August). Personality correlates of mood swings. Poster presented at the 98th Annual meeting of the American Psychological Association, Boston.

Ellis, B. (1990, February). Depression, winter blues, and suicide. Presentation to students and staff, Eastern Washington University, Cheney, WA.

Ellis, B. (1989, May). Cognitive and personality correlates of bipolar disorder. Paper presented at the 1989 National Institute of Mental Health Clinical Training Grant Symposium, Minneapolis, MN.

Ellis, B. and Snyder, M. (1987). Orientations toward fitness. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago.

Teaching Experience

Instructor Appointments

Introduction to Personality
Introduction to Abnormal Psychology
Major Project in Psychology
Applied Social Psychology

Teaching Assistant Appointments

Introduction to Abnormal Psychology
Personality
Introduction to Personality
Introduction to Individual Differences
Human Learning and Memory
Introduction to Cognitive Psychology
Applied Social Psychology
Research Methods in Social Psychology
Attitudes and Social Behavior
Advanced Social Psychology
Introduction to Social Psychology
Introduction to Psychology

Professional Memberships

American Psychological Association
 Society for Clinical Psychology
 Division of Health Psychology
Collaborative Family Healthcare Coalition
National Register of Health Providers in Psychology, Registrant
Washington State Psychological Association
 Primary Health Care Task Force, 1996-2001

References available upon request.