

SECTION B:
*Student Services and
Resources*

Student Services

School of Pharmacy Advising and Counseling Services

Located in room H-362 of the Health Sciences Building, the Office of Academic and Student Programs is responsible for student services, advising, coordination of the School's curriculum, and conducting PharmD Program admissions.

Office Hours and Scheduling:

The Office of Academic and Student Programs is generally available Monday through Friday between 8 AM and 5 PM, excluding national holidays. Student academic files are located in this office and may be reviewed with an advisor anytime during normal office hours. We will try to accommodate your schedule and may be available for "drop-in" appointments.

Confidentiality:

Requests for triage and referral services will be kept confidential, however, if the health, safety or welfare of a student appears to be in jeopardy, appropriate others will be notified as needed.

Services include, but are not limited to:

Advising:

- Plan and organize orientation activities for new students
- Provide information on degree requirements, elective course opportunities, and course scheduling; assist students in developing their academic plan
- Monitor student academic progress throughout the program
- Advise students regarding financial aid, scholarship and loan application
- Address student class concerns and conflicts
- Refer to tutoring resources within the School of Pharmacy and study skills support at the UW
- Provide information on student programs and activities
- Provide information and assistance with graduation applications
- Advise students regarding concerns on academic, personal, and professional issues

Professional Involvement and Leadership:

- Develop and oversee community outreach activities that encourage professionalism, promote wellness, enhance pharmacy practice skills and broaden opportunities to provide services to all individuals, particularly those in underserved areas.
- Support and encourage student participation in professional organizations and activities that promote professional development and leadership

Admissions

- Advise prospective applicants to the program
- Provide pharmacy information sessions to prospective applicants, advisors and other interested individuals
- Coordinate the entire admissions process

Triage and Referral:

- Students experiencing personal issues which may be affecting their academic work may be referred to resources for assistance on campus or in the community

Contact: Michaelene (Micki) Kedzierski, RPh, CDP
Clinical Professor
Associate Director of Counseling Services, Admissions Chair
(206) 616-2729, kedzm@u.washington.edu
H-375C, in the Department of Pharmacy

Cher Espina-Nguyen
Advisor
(206) 616-2916, cherelyn@u.washington.edu
H-362E, in the Office of Academic and Student Programs

Nanci Murphy, PharmD
Associate Dean
206-543-2056, murphyna@u.washington.edu
H-362B, in the Office of Academic and Student Programs

UW Campus Services

Please see: <http://healthlinks.washington.edu/myhealth/student/> for information on health, health information, immunizations, mental health, personal safety and emergency preparedness, physical fitness and sexual health.

Hall Health Primary Care Center

315 East Stevens Circle
206-685-1011
<http://www.hallhealthcenter.com/>
M-F, 8-5 (except Tuesdays 9-5)

- The Primary Care Clinic at Hall Health provides comprehensive acute and chronic care to all members of the community, with the exception of newborns and infants.
- Services include: Treatment of acute problems, ongoing evaluation and treatment of chronic illnesses and comprehensive preventive and wellness care, including routine physicals, annual women's health care exams and gynecologic care, screening and health counseling related to sexually transmitted infections, HIV, cholesterol, cancer and high blood pressure.

Hall Health Mental Health Clinic

315 East Stevens Circle
206-543-5030
<http://www.hallhealthcenter.com/default.asp?clinicid=6>
M-F, 9-5

- Provides client assessments, medication evaluations, prescriptions, and medication management, as well as individual, couple, family and group counseling. The Clinic serves currently enrolled students (with subsidized fee rate) and the larger community.

UW Counseling Center

401 Schmitz Hall
206-543-1240
<http://depts.washington.edu/scc/>
M-F, 8-5

- Offers individual intakes, short-term counseling, emergency assistance and referral. They also offer career testing, Meyers Briggs Inventory testing and interpretation and a five-topic Study Smarter Series, at no charge. The series includes a session on reducing test anxiety.

Office of Minority Affairs

394 Schmitz Hall
206-543-7132
oma@u.washington.edu
M-F, 8-5

- Offers multi-ethnic counselors providing academic and career counseling as well as self-assessment tests.

University Community After-Hours Listening Line (U-CALL)

U-Call is a student-run service staffed by dedicated and trained student volunteers (with professional back-up) who help members of the UW student community by listening to issues they may want to discuss anonymously with a peer. These may include, a need for information, resources on campus, academic problems, stress, loneliness, places to go for various types of help, and many other concerns.

(206)543-CALL (2255)

Hours of operation are from 5:30pm to 7:30am on weekdays, and all day/night on weekends, during the quarter and finals week

Community Services

Crisis Clinic

Community Information Line: 206-461-3200 or 1-800-621-4636

- Provides information about community resources, how social service systems work, how to access community resources and refers to appropriate agencies

24-Hour Crisis Line: 206-461-3222 or 1-866-4CRISIS, (427-4747)

- Provides immediate help to individuals, families and friends of people in emotional crisis or any overwhelming distress, abuse, threats of violence, suicide, etc.

Washington Recovery Assistance Program for Pharmacy - WRAPP

- WRAPP is a confidential, non-coercive peer-assistance program which provides assistance in the identification, referral for treatment, recovery support and rehabilitation of the impaired pharmacist, pharmacy technician or pharmacy student.
- For information and/or assistance contact WRAPP at 1-800-446-7220 or contact Michaelene (Micki) Kedzierski, RPh, CDP, Clinical Professor, UW School of Pharmacy at 206-616-2729 or kedzm@u.washington.edu
- **All requests for information and/or assistance are held in strict confidence.**

Student Health Insurance

Eligible students may enroll for Student Health Insurance on MyUW through the seventh calendar day of the quarter. **You must sign up, change, or cancel your insurance selection through MyUW, or in person at the Student Fiscal Services Office by the seventh calendar day of the quarter.** If you do not cancel or change the plan, you will be considered enrolled in it and will be required to pay the premium for the plan selected. You may not cancel your insurance by not paying the premium.

The premium is billed with your tuition and must be paid by the tuition due date. Failure to pay the premium by that date will result in subsequent notices being sent and may result in a hold being placed on your records. Financial Aid will pay the insurance premium automatically in most cases.

For more information see the Student Accident and Sickness Insurance Plan:
<http://depts.washington.edu/ovpsa/insurance.html>

Please note: Health insurance coverage is strongly recommended.

Computing Services

Computing and Communications (C&C) is the central organization for computing and networking, and offers a variety of computing options and services.

Students are encouraged to create their own Uniform Access accounts on computers provided by C&C. These accounts may be used to access the Internet and the World Wide Web, including a web server where they can create their own web pages. Students can browse the UW Course Catalog and Time Schedule; use electronic mail to update student information or to communicate with classmates and professors; get lists of campus events; research papers and topics through a variety of servers (including MedLine); search library documents; use software for statistics, graphics, programming, and text formatting; and use their own computer and modem to dial in to their accounts from off campus.

The computing facilities (located on the UW website map), are opened to all UW students, faculty, and staff. If you need help getting started, go to one of the UWired Labs where you will find staff to answer your questions. The Adaptive Technologies Lab (ATL) is located in the UWired CRC, Suzzallo Library.

General Access Computing Facilities Include:

Health Sciences Microlab, 3rd Floor, (206) 543-1784

UWired Commons (Undergraduate Library), (206) 616-7173

UWired Computing Resource Center (Suzzallo Library), (206) 543-0681

Additional computer information is available at the web site address, <http://www.washington.edu/uwired/>

Student Resources

Disability Resources for Students

http://www.washington.edu/students/genocat/front/Disabled_Student.html

The University is committed to ensuring facility and program access to students with either permanent or temporary disabilities through a variety of services and equipment. The Disability Resources for Students Office (DRS) coordinates academic accommodations for enrolled students with documented disabilities. Accommodations are determined on a case-by-case basis and may include classroom relocation, sign language interpreters, recorded course materials, note taking, and priority registration. DRS also provides needs assessment, mediation, referrals, and advocacy as necessary and appropriate. Requests for accommodations or services must be arranged in advance and require documentation of the disability, verifying the need for such accommodation or service.

Technical and adaptive equipment is available through both DRS and Computing & Communications. Information about adaptive-technology computer software and equipment and their locations on campus may be obtained from DRS. Publications include *Access Guide for Persons with Disabilities* (<https://www.washington.edu/admin/ada/newada.php>), (showing classroom access, elevator locations, ramps, parking, and restrooms), *Campus Mobility Route Map*, and a quarterly newsletter, as well as other publications.

To the maximum extent possible, students with disabilities are integrated into the general student population and their problems are solved through the usual channels. Various other departments offer additional services: the Transportation Department provides free on-campus transportation with wheelchair lifts for students with mobility limitations through Dial-a-Ride, (206) 685-1511, and UW Night Ride, (206) 799-4151, which runs every half hour beginning at 8:15 p.m.

Additional information is available from the Disability Resources for Students Office, 448 Schmitz, Box 355839, (206) 543-8924, (TTY) 543-8925, uwdss@u.washington.edu.

Student Technology Fee (STF) Equipment Loan Program

Students may borrow (at no cost to them) PC and MAC laptop computers, LCD projectors, video cameras, and CD recorders in the Health Sciences T-wing, T-291A. The STF Equipment Loan Program offers 3-day loans of equipment during the quarter to students who pay the Student Tech Fee. To reserve equipment, please visit: <http://www.washington.edu/classroom/computing/stf.html> (click on the Health Sciences Building link) and place your reservation by 12:00 pm (noon) the business day prior to the desired pickup date.

Pharmacy Student Lounge

The Pharmacy Student Lounge is located in room H-388 of the Health Sciences Building, and is intended to serve as a resource, study, meeting, and relaxation center for PharmD students. Amenities of the Lounge include student computers (with Internet access) and printer, a full-size refrigerator, microwave, and telephone. The Student Lounge door is locked at all times by a combination door lock. This combination is available to all PharmD students and will be provided upon request.

Types of information located in the Student Lounge:

- ❖ Quarterly Schedules of SOP core and elective classes
- ❖ Notices and information on scholarship opportunities
- ❖ Graduate programs and post-degree opportunities
- ❖ Student organization announcements
- ❖ Individual student message files
- ❖ Notices regarding events and opportunities
- ❖ Internship and pharmacist position openings and career-related information
- ❖ Information regarding student organizations and activities
- ❖ Publications and Journals (free)
- ❖ Reference materials
- ❖ Pharmacist's Letter/Prescriber's Letter

Four computers (one Mac and 3 PCs) are available in the Pharmacy Student Lounge for student use in the (these are in addition to the Health Sciences Library computers). If you are saving documents, please do not save your data to the hard drive, but to a disk or CD.

Note: Students are required to supply their own paper if they print from the Student Lounge printer.

Students should consider this printer as a “backup” or “emergency” for items not printed at home or at the Health Sciences Library. You are requested to print no more than 20-30 pages at a time and to be considerate of those waiting in line behind you who may need only to print a few pages. The Health Sciences Library has printers available for your use to print larger files. Your consideration for others is very much appreciated.

Health Sciences Building Access Card

Building regulations require that students possess a building Access Card if they wish to enter the building outside the normal building hours, before 6:00 a.m. and/or after 7:00 p.m. Monday-Friday, and all hours Saturday-Sunday.

PharmD students have the option of purchasing an Access Card which will allow entry to designated locked doors of the Health Sciences Building beyond normal building hours. Students will also be issued a building permit. One of the main purposes of the access card is to allow students access to the Student Lounge or Health Sciences Library during evenings or weekends. Students wishing to take advantage of this opportunity will be charged a one-time, \$10 nonrefundable fee, made payable to the University of Washington.

These Access Cards may only be used by their assigned owner and therefore are not transferable to other individuals. In addition, this card should be closely safeguarded and returned upon graduation. A lost card must be reported immediately so it can be deactivated, preventing access. This card should not be in the possession of an unauthorized user. It is strongly advised that safety precautions are followed, as these areas are often deserted after hours. Please contact Flip Wood in the Dean’s Office, at UW e-mail flipwood@u.washington.edu for more information if you are interested in purchasing this access card.

Lockers

Students entering their first professional year are assigned lockers in the Health Sciences Building. During their third professional year students will need to share a locker with one of their classmates. These assignments expire after the third professional year. Changes in locker assignments will not be made except in cases of physical need. Students who forget their locker combination should contact the Office of Academic and Student Programs. If a locker combination is incorrect or your locker is jammed, please contact Classroom Services at (206) 543-6729 or visit their office in HSB T-291A.

Nametags

Nametags are given to students their first year of the program. If nametags are lost or a name change occurs, students are responsible for ordering a new nametag by calling Star Nametag at (425) 776-2501.

Libraries

Students of the School of Pharmacy will find many of the references needed for pharmacy classes in either the Health Sciences Library or the Chemistry Library.

Health Sciences Library

The Health Sciences Library is located on the second and third floors of the T-Wing in the Health Sciences Building. This facility contains the largest collection of biomedical literature in the Pacific Northwest, and also serves as the Pacific Northwest and Regional Health Sciences Library of the National Library of Medicine.

Library hours change quarterly and during holidays and interim periods (finals week, between quarters, etc.). For most current hours please check the website: <http://healthlinks.hsl.washington.edu/hsl/hours.html>

The library subscribes to a large number of periodicals in the biomedical field. Journals are shelved alphabetically on the main floor of the library. The most recent issues of periodicals are found in the New Acquisitions area. Two librarians are assigned as liaisons to the School of Pharmacy to assist with information management needs. Students can inquire at the main desk for assistance.

The library also maintains a Micro Lab (Reserve Reading Desk), where specific course readings are available for a two-hour minimum reserve. This Micro Lab is located on the second floor of the library (the third floor of the Health Sciences building).

In addition to providing reference material for students, the library also serves as a good place for studying. Small conference rooms have been designated as audiovisual rooms containing video and audio playback machinery for various self-learning resource materials.

The Health Sciences Library staff offers tours of the library at the beginning of each quarter for new students and faculty. Students are advised to sign up for one of these tours, as the staff describes the services of the library in more detail than is possible here.

Chemistry Library

The Chemistry Library is located behind Bagley Hall. Many of the references and services that are found in the Chemistry Library are duplicates of those in the Health Science Library. There are a few foreign pharmacology and trade journals that are found in the Chemistry Library which are not located in the Health Sciences Library. The Chemistry Library and Information Services is open 8 a.m. to 9 p.m. Monday through Thursday, 8 a.m. to 5 p.m. on Fridays, and 1 p.m. to 5 p.m. on Saturdays and Sundays.

South Campus Center

The South Campus Center, located South of the Magnuson Health Sciences Building, offers study rooms, meeting rooms, a TV lounge, bookstore, hair services, a newspaper and magazine stand with snacks, fax services, vending machines and a mailbox. Registered student organizations may reserve selected rooms at the South Campus Center for up to two hours a week at no cost by submitting the following form:

<http://depts.washington.edu/sauf/scc/sccres/terms-of-use.php>

Early reservation is strongly encouraged.

MyUW/UWNetID

Students attending the University of Washington need a UW NetID to access computing resources at the University. These resources include a UW supported email account and access to your personal records. You may create your UW NetID on the Web, <http://www.washington.edu/computing/uwnetid/>. You will need your Student Number and Private Access Code (PAC) to create your account. Your initial PAC is printed on your Enrollment Confirmation Form.

Once you have created your UW NetID, you can check your grades, course schedule and tuition information on MyUW. Students are also able to pay their tuition and make address changes through the MyUW Website at <http://myuw.washington.edu/>. MyUW is a service allowing you to check your records without waiting in a line. Your UW NetID is also your UW email address and will be used by University offices to contact you with important information. Please be sure to check your UW email account daily.

Students returning to the University after an absence may use their former UW NetID to access these services. If you do not have a UW NetID or have forgotten your password, go to the URL listed above and follow the direction