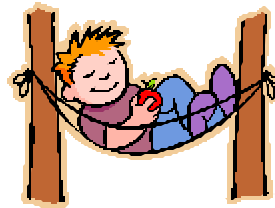
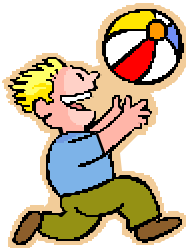
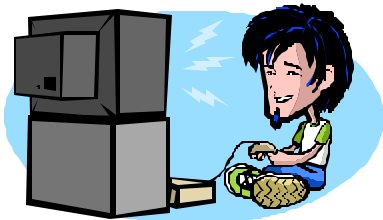
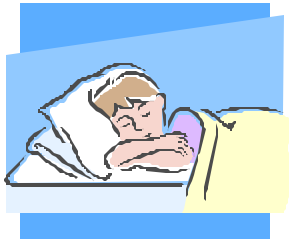


Energy for Living

These people are burning energy. Compare each pair of activities and decide which person is using more energy. In each row, circle the person who is using more energy.



Activity adapted from NET Nutrition Education, *Choose Well, Be Well: A Curriculum Guide for Preschool and Kindergarten*, California State Department of Education, 1982.



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