Learning to Use a Scale

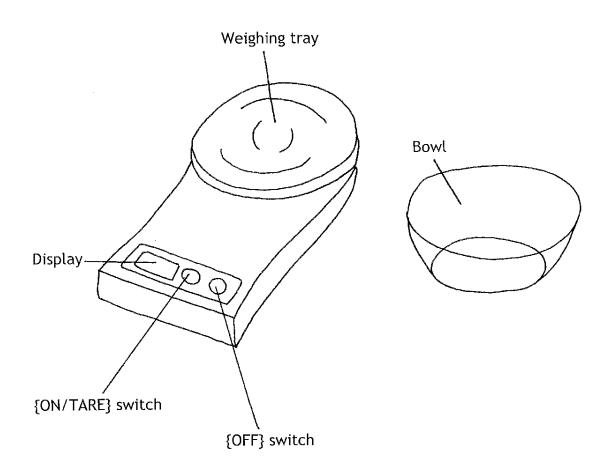
What is a scale?

A scale is a tool used to measure the amount of something.

What does a scale do?

When an object is placed on the scale, the display screen will show you how much that object weighs.

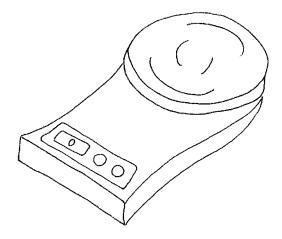
This is a picture of one type of scale. The arrows point to parts of the scale. Find each part on your scale.



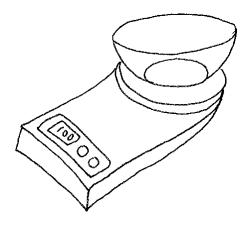


Let's use the scale to weigh some foods!

- 1. Place the scale on a table
- 2. Press the {ON/TARE} switch. The numbers "8888" or "---" will appear on the display. Wait for the display to read "0" before the scale is ready to use.



- 3. Place the bowl on the weighing tray.
- 4. Press the {ON/TARE} switch again. This will set the display screen back to "0".
- 5. Decide how much of something you want to weigh—10 grams, 50 grams, or 100 grams. Let's try 100 grams of rice.
- 6. Place some rice in the bowl on the tray, and read the display. You may have to add a bit, or take some out in order to get the exact amount you want.
- 7. When the display reads "100", you have the correct amount.





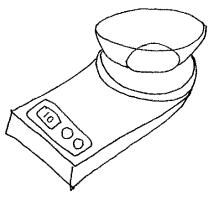
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8.	To try it again	, be sure	that the	display	reads	"0"	with	the	bowl	on	the	tray
	just as you did	l in steps	3 and 4.	•								

9.	Weigh 50 grams of red beans.	Add the beans until the display reads 50
	grams.	

Which is more, 50 grams of red beans or 100 grams of red beans?

10. Now weigh 10 grams of rice.



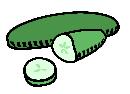
11. What foods might you weigh at home? Circle your choices.



Potato



Rice



Cucumber



Dog



LET'S PRACTICE!!

Let's weigh some foods to see how much they weigh.

1.	Weigh an apple. Take the bowl off the tray and press the {ON/TARE} switch to reset the display to "0". Place the apple on the tray, and read the display.
	The apple weighs grams.
2.	Does your apple weigh more or less than 120 grams?
	Look at the person next to you. How much does their apple weigh?
	My neighbor's apple weighs grams.
	Does your apple weigh the same as your neighbor's apple?
	YES NO
3.	Now try to weigh an orange.
	The orange weighs grams.
4.	Does the orange weigh more or less than the apple?



Try weighing your own foods at home. HAVE FUN!!

