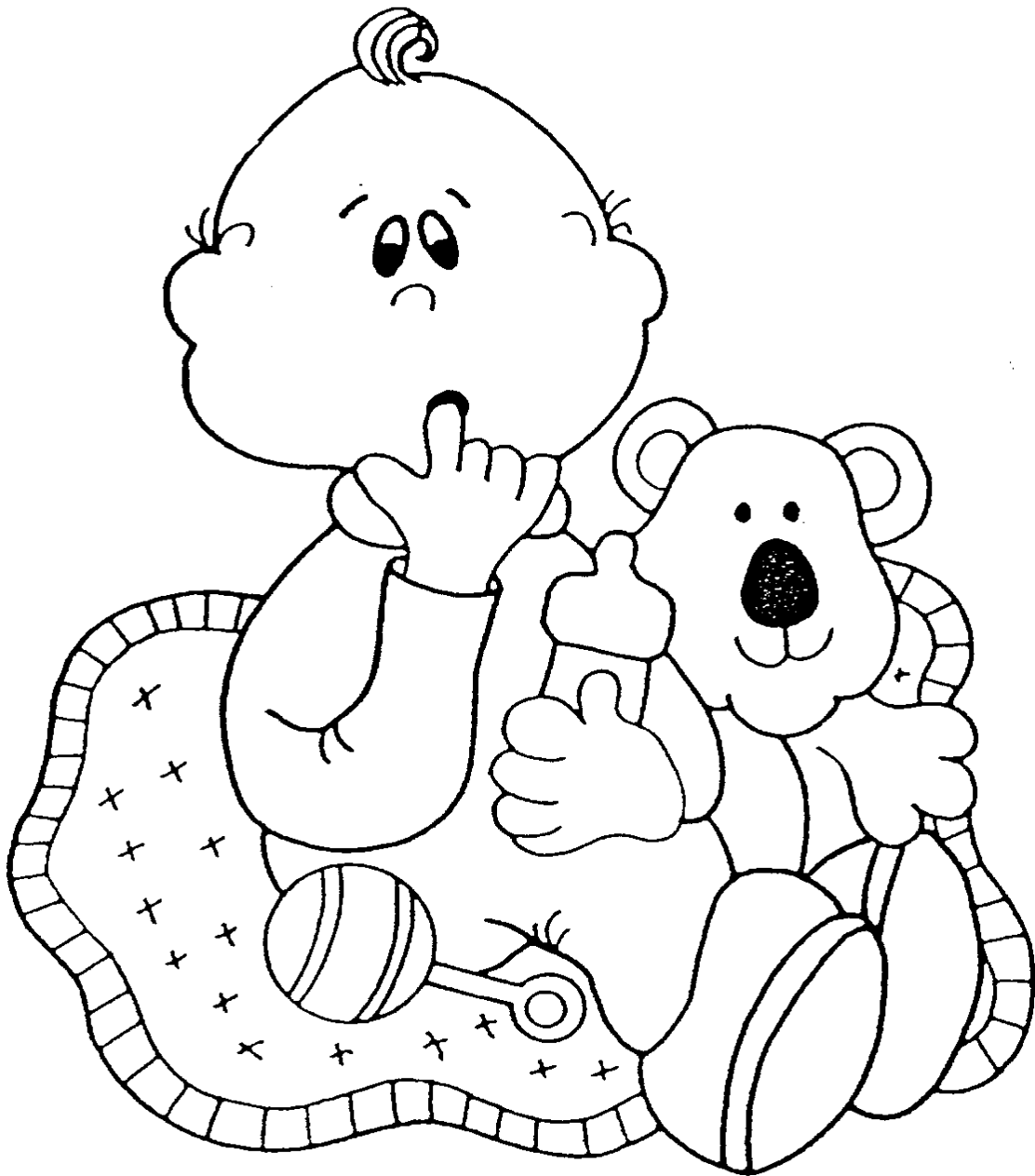


WHAT IS PKU?



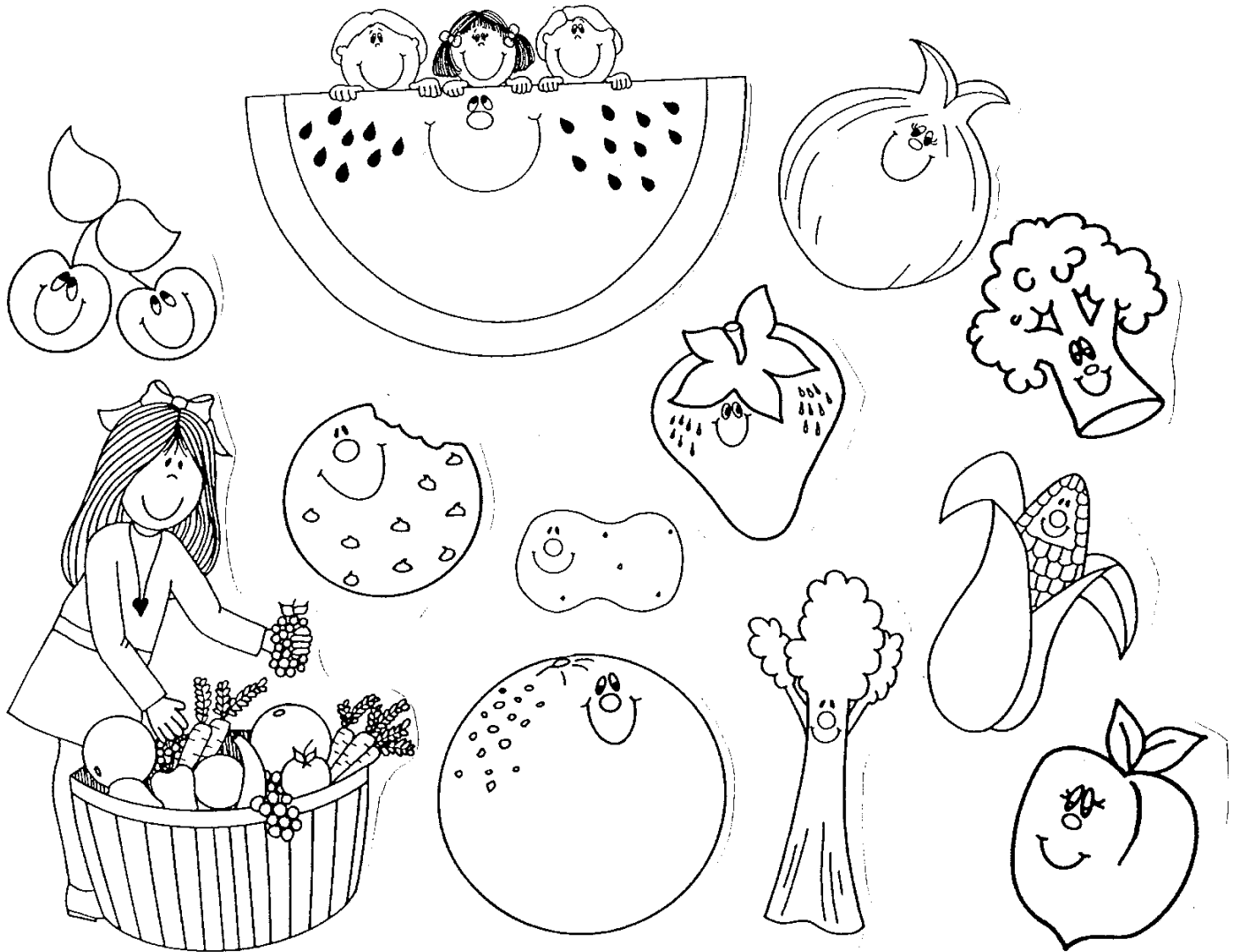
PKU means Phenylketonuria.



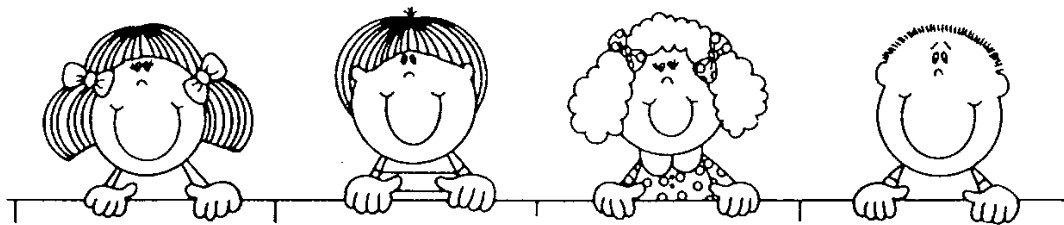
But what does that mean?

To have PKU means your body needs many kinds of foods to keep your body running well.

Can you name all of the foods in the pictures?

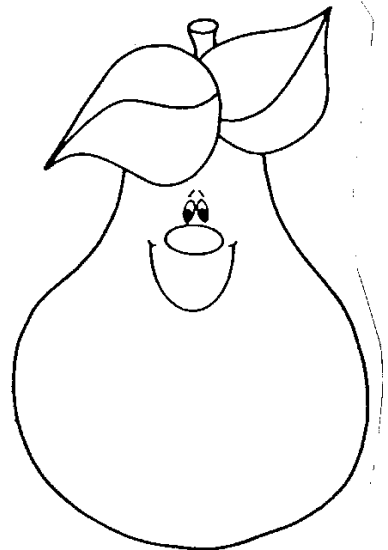
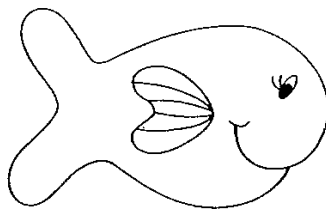
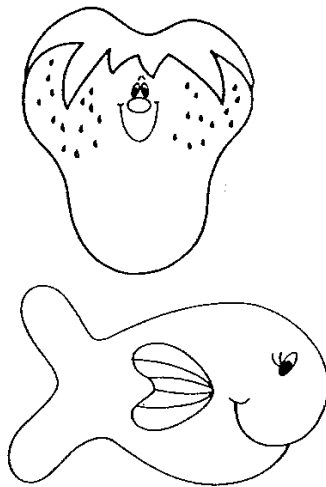
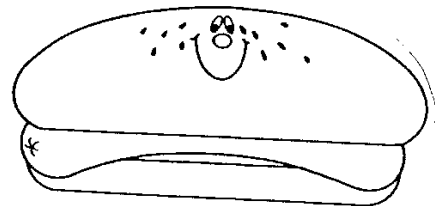
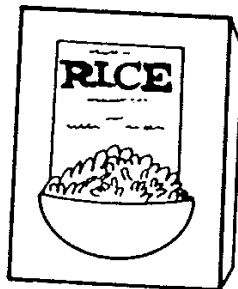
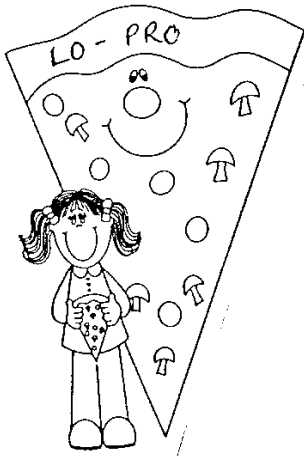
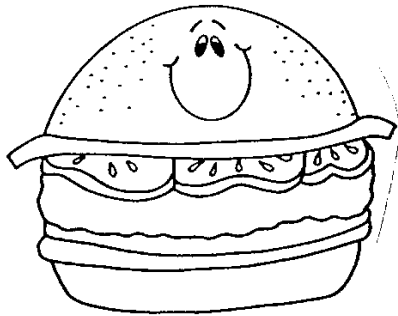


These are foods that will help your body run well.



You see many people eat many different foods. Sometimes what you see others eat, you cannot eat because those foods will not make your body feel good and run well.

Put an "X" through the foods that do not make your body run well. Color the foods that make you feel so good you could just JUMP!!



By choosing foods to eat that make your body feel good, you will be able to do all kinds of fun things.

Can you name the things you like to do?



**This page is special just for you to draw the fun things
you like to do and the foods you like best to eat!**