THINGS TO DO

√   Call the PKU Clinic if you have any questions or concerns about your child or your appointment. Make note of the place, clinic appointment times, transportation possibilities, etc.

√   Read the PKU Clinic Management Guidelines. See the "Clinic Information" section.

√   Provide insurance information to the PKU Clinic (Contact Vicki Frasher, Patient Care Coordinator, at 206-598-1800 and Sheila Weiss, Newborn Screening Coordinator, at 206-418-5509.)

√   Keep a record of formula offered to your infant at feedings and what your infant actually consumes. For instructions on how to do this and for tracking sheets, see the "Food & Formula" section.

√   Subscribe to the National PKU Newsletter. For information and an order form, see the "Clinic Information" section.

√   Read information provided on PKU (see the "Clinic Information" section).

IMPORTANT THINGS TO REMEMBER

√   When there is a change in address or insurance contact Vicki Frasher at the UW at (206) 598-1800 and Newborn Screening at (206) 418-5509. Cascade Billing 1-800-682-2037 should also be contacted with any insurance changes.

√   If you would like to speak with other families who have children with PKU, notify the clinic and they will give you the names and numbers of parents who have volunteered to share information with others through the Family Mentor Program.

√   If you are unable to attend the clinic, call Vicki Frasher (206) 598-1800 to cancel your appointment. You may be asked to send blood samples to the Newborn Screening Laboratory so your child's blood phenylalanine level can be measured. (For information on how to do this and where to send it see the "Records" section.)

√   Make sure your infant is immunized. (See the immunization schedule in the "Records" section.)

Cristine M. Trahms Program for Phenylketonuria
University of Washington - CHDD - Box 357920, Seattle, WA 98195

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