

PHENYL-FREE FORMULA FACTS

STORAGE:

1. Keep the formula cool and dry.
2. Make sure the can is closed tightly after each use.
3. Refrigerate prepared formula in a covered container and use it within 24 hours of preparation.

MIXING:

1. Weigh Phenyl-Free powder on the scale.
2. Weigh Enfamil* powder on the scale.
3. Put Phenyl-Free powder in a large Pyrex bowl.
4. Add about half of the water prescribed.
5. Blend. Most families find it easiest to use a hand-held immersion or “stick” blender. You can also close the container tightly and shake vigorously.
6. Add the weighed Enfamil powder.
7. Add water to make the total volume prescribed.
8. Blend again.
9. Pour into baby bottles and cap tightly.
10. Refrigerate until ready to use.

PREPARATION WITH AN ELECTRONIC SCALE:

1. Place container on scale.
2. Press ON/TARE.
3. When display reads 0, add prescribed amount of Phenyl-Free powder.
4. Press ON/TARE.
5. When display reads 0, add prescribed amount of Enfamil*.
6. Remove container from scale and add about half of the water prescribed.
7. Blend.
8. Add water to equal prescribed volume.
9. Blend again.
10. Cover tightly and refrigerate until read to use.

* or other standard infant formula.



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