

Apple Macaroni Salad

1/2 cup low-protein macaroni
1 cup apples, unpeeled and diced
2 tbsp celery, chopped
2 tbsp raisins
2 tbsp Miracle Whip Salad Dressing

Cook, rinse, and drain pasta according to package directions. In a medium bowl, combine the cooked pasta with the apples, celery, raisins, and Miracle Whip. Toss lightly. Chill and serve cold.

Per recipe: 37 mg phe, 1.1 g protein
Per serving (1/2 cup): 8 mg phe, 0.2 g protein

