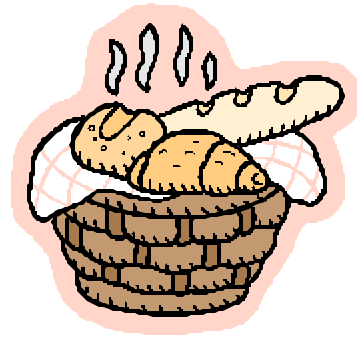


French Toast

1/2 cup Mocha Mix non-dairy creamer
4 slices low-protein bread
1 drop yellow food coloring
1/4 tsp vanilla
A pinch of cinnamon
1 tsp Nucoa margarine for frying



Combine the Mocha Mix, food coloring, vanilla and cinnamon in a shallow bowl and stir together. Melt 1/4 tsp of the margarine in a skillet. Dip each slice of bread into the Mocha Mix mixture and place in the pan with melted margarine. Cook bread on both sides until golden brown. Top with 1 tablespoon maple syrup.

Per slice: 12 mg phe, 0.3 g protein

Created by Corinne Jiminez