



Savory Tomato Melon Salad

500 grams honeydew melon (about ½ melon), cut into small chunks
400 grams cantaloupe (about ½ melon), cut into small chunks
280 grams cherry tomatoes (10 oz basket), halved
2 Tablespoons lime juice
1 Tablespoon honey
½ teaspoon salt
¼ teaspoon cayenne pepper

Mix together lime juice and honey; pour over melon chunks and tomatoes. Sprinkle with salt and cayenne pepper and toss again. Serve immediately.



Per recipe: 270 mg phe
Per ½ cup serving: 16 mg phe



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