

CHAP HEALTH MENTORING at Seattle World School (SWS)

The CHAP Health Mentoring Program was created in partnership with the Seattle School District in 1997 at Hamilton International Middle School as a community service / service learning opportunity for UW students seeking to work with adolescents in a health-related context. Since 2010, we've been working with the Seattle World School, a Seattle high school for immigrant and refugee kids. As mentors working in small interdisciplinary teams, UW students provide health education information to youth and discuss and model healthy lifestyle choices.



WHY HIGH SCHOOL ELL KIDS?

These formative years are considered an optimal time for health interventions that make a positive impact in young peoples' lives. Students in ELL classrooms coming from a variety of countries around the world have been identified as being especially vulnerable to influences that promote unhealthy behavior, and thus have special needs for health education.

BENEFITS

This project provides you (UW Health Sciences students) with a way to work with youth from a variety of backgrounds. This service learning project will help you develop professional skills that will carry forward into your future work, including developing communication skills and rapport with adolescents, and presenting health information to a low English-literacy audience. In addition to being a fun and rewarding experience for mentors and students alike, you will have opportunities to work collaboratively with other students in health fields, gain confidence in your skills and abilities as a future clinician/educator, and help young people make healthier choices in their lives!

WANT TO KNOW MORE?

Contact Rachel Lazzar at rlazzar@uw.edu, 206-543-9425, or Health Sciences E304

