

# Thinking about<br/>volunteering<br/>abroad?Think no more, we've<br/>got what you're<br/>looking for!



Help, Learn & Discover is an organization which offers 28-day long educational and volunteer programs in Ecuador, South America. These programs are three-fold and provide students with the opportunity to Help those less fortunate, Learn about and gain firsthand experience in a specific academic area of interest, and Discover the diverse terrains of Ecuador during a tour of the country. Help, Learn & Discover currently offers three programs: Pre-Medical, Bio-Medical and Volunteer.

## Help

Each program contains a common volunteer component which enables students to offer help to communities in rural villages of Ecuador. Students fundraise in Canada and the United States and then travel to Ecuador in the summer to participate in a specific large-scale volunteer project. This year approximately 150 students will travel to Ecuador over a five-month period and help finance and build homes for underprivileged families in a rural Ecuadorian village. This rewarding experience will require students to take active roles in the construction of the project. Students work alongside local families and are able to watch the homes grow and become an integral part of the community.

### Learn

The Pre-Medical program is ideal for those interested in a future career in health-care. Students work alongside in observation with leading surgeons and other health-care professionals, shadowing through eight different wards within a hospital setting. This program is ideal whether you're certain that you want to become a doctor, exploring the idea or just curious about medicine and health care. In the Bio-Medical program students enjoy a combination of the

pre-medical program with a week discovering the unique species and ecosystems of the enchanted Galapagos Islands. Finally, with the Volunteer program students will use their extra week to work further with the community to help develop their homes and learn about their culture.

### Discover

To conclude this amazing journey, students will tour through the jungles, rainforest, and coastal beaches of Ecuador, testing their limits with activities such as hiking, bungee jumping, paragliding and surfing. In turn, students will discover more about themselves while learning all this beautiful and exciting country has to offer.

Programs are offered in select months of May, June, July, August and September of 2013. Please visit the website for information on specific dates, program structure, pricing and schedules of upcoming information sessions at your school. You can also view pictures and read about the amazing experiences of previous participants.

# REQUIREMENTS

We are seeking motivated, hard-working and compassionate college/university students, or recent graduates, to join our team.

Due to the increasing popularity of the programs, in addition to completing an on-line application, students must participate in a short interview in order to be considered for admission. Apply early and get ready for the adventure of a lifetime! Ability to read or speak Spanish is NOT a requirement.