

## University of Washington School of Medicine

Public Service Data

July, 2013

Below is a summary of medical student participation in UW-sponsored service learning, volunteer and advocacy activities at the University of Washington School of Medicine. Below is a table of student organizations involved in community service and service learning with data on the numbers of students involved and the hours they contributed to serving underserved communities. Details about the data in the table below are included in the remainder of this report. I have included information about interprofessional and regional service learning activities as well.

### 2012-2013 Registered Student Organizations Involved in Public Service

Student Group Name	Number of Students Involved in Service	Number of hours
Health Equity Circle	No data available	No data available
Casa Latina (SHIFA project)	32	150
RotaCare Student Run Free Clinic (SHIFA project)	45	180
Aloha Inn (SHIFA project)	6	15.5
ETCH (Education Transforming Community Health, SHIFA project)	66	1000
Service Learning in Adolescent Medicine	11	117
Family Medicine Interest Group	92	535
Community Health Advancement Program	73	829
Pediatrics Interest Group	No data available	42
QMedicine	No data available	No data available
Asian Pacific American Medical Student Association	22	60
Student National Medical Association	No data available	No data available
Alliance for Equal Representation in Medicine	No data available	No data available
Latino Medical Student Association	15	80
House of Charity Student Run Free Clinic (Spokane)	50 (approximate)	550 (approximate)
Friendship Clinic (Boise)	24	24
UW Test	102	926.5
<b>TOTALS</b>	<b>538</b>	<b>4374</b>

Each of the student groups listed below are run through the School of Medicine, and are largely student-led and sponsored. There are many more student groups in the SOM, and some groups not listed here do occasional service activities. This list is not comprehensive, but represents the groups that contribute to service learning, community service and advocacy most prominently, and see public service as a central part of their organizational mission:

- **Health Equity Circle:** An interprofessional student group whose mission is to bring students and community members together to take action on issues related to health equity. To foster community organizing, HEC joined Sound Alliance—a network of organizers that come together for training for social change.
- **SHIFA (RotaCare Free Clinic, Aloha Inn, Casa Latina, ETCH):** An interprofessional, student run 501c3 that works to provide health services to immigrant and other underserved communities through education and prevention presentations, health screenings, referrals and advocacy. SHIFA partners with Casa Latina, Aloha Inn, RotaCare-Lake City, and the Urban Rest Stop (ETCH) to offer student-run free clinics and health education programs. Some programs at SHIFA were on hiatus for part of 2012-2013, which impacted the data this year. Typically, hours of service and students involved would be higher.
- **Family Medicine Interest Group:** A group for medical students interested in specializing in family medicine, FMIG sponsors several service activities, which are listed below.

Project Title	Number of Students Involved	Total Student Hours Contributed	Community Benefit
Coffee Carts (fundraising)	3 students	45 Hours	\$461.44 raised and donated to community organizations
Project Homeless Connect	32 students	120+ Hours	300+ clients served
Tar Wars Presentations	8-10 Students	20 Hours	100 Seattle Public School students
Rainier Health and Fitness Project (Wellness Class)	8 Students	80+ Hours	20+ Clients of Rainier Health and Fitness
RHF Project - Health Allies	11 Students	90 Hours	18 Clients of Rainier Health and Fitness
UW TEST	28 Students	180 Hours YTD	16 community members YTD
<b>Totals</b>	92 Students	535+ Hours	

- **Community Health Advancement Program:** The Community Health Advancement Program (CHAP) began at the University of Washington in 1980 as an organization created to nurture the ideas and goals of health care students interested in working with medically underserved populations. CHAP sponsors student-initiated and directed, extracurricular community direct service projects, educational programs and a seminar series addressing the health needs of underserved communities. Students design, plan, implement, staff and evaluate these programs, with assistance, guidance and support from staff and faculty in the Department of Family Medicine and from community organizations. 2012-2013 data is listed below.

CHAP Project Name	# of Student Hours
Dermatology Clinic at Downtown Emergency Service Center (12 Clinics total)	340
Foot Care (9 clinics total)	189 (clinics only; not including 60 students attending 2 hour training)
Health Mentoring for Immigrant and Refugee Youth (14 sessions total)	300 (incl. trainings/meetings)

- Pediatrics Interest Group: Pediatrics Interest Group explores the field of pediatrics, promotes professional development for students and facilitates interactions between student members and the professional pediatric community. Part of their group's activities involve service, specifically serving as hosts for movie nights for children and their families at Ronald McDonald House.
- **SOM Office of Multicultural Affairs sponsored student-groups involved in service:**
  - **Q Med:** Organization of Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ) medical and allied health students and their straight allies. Activities include LGBTQ health workshops, service learning opportunities and socializing.
  - **Asian Pacific American Medical Student Association (APAMSA):** The Asian Pacific American Medical Student Association (APAMSA) is a national organization that aims to address issues important to Asian Pacific Islander American (APIA) medical students. APAMSA's mission is to represent APIAs as a group within UW's healthcare community, act as a resource for APIA matters in medical education and healthcare, mentor students interested in medicine and/or APIA health issues, and provide opportunities for medical students to connect with the underserved APIA community through service, partnership, and outreach.
  - **Student National Medical Association (SNMA):** The Student National Medical Association is the nation's oldest and largest independent, student-run organization focused on the needs and concerns of medical students of color. SNMA is dedicated both to ensuring culturally sensitive medical education and services, as well as increasing the number of African-American, Latino and other students of color entering and completing medical school. We are committed to supporting current and future underrepresented minority medical students, addressing the needs of underserved communities, and increasing the number of clinically excellent, culturally competent and socially conscious physicians.
  - **Alliance for Equal Representation in Medicine (AFERM):** Alliance for Equal Representation in Medicine (AFERM) is an organization that unites minority and underrepresented student groups within the School of Medicine. For the purpose of providing culturally competent physicians for our future patients and communities, we seek to enhance our education with an understanding of many cultures by promoting diversity within UWSOM through active recruitment of underrepresented applicants
  - **Latino Medical Student Association (LMSA):** Designed for students interested in helping underserved Latino populations by participating in volunteer activities, mentoring aspiring physicians with interests in Latino health and collaboration with other organizations.
- **Friendship Clinic:** Students have successfully launched an organized effort to provide long-term, sustainable services at the Friendship Clinic, a free clinic staffed by volunteer health providers. Students provide services in partnership with the clinic twice per month.
- **House of Charity Clinic:** Students volunteer each Saturday offering free healthcare services to the homeless population at the House of Charities free clinic. A full report for the 2012-2013

academic year will be released in late August, 2013. These estimates were based on 2011-2012 data, and their current volunteer staffing and clinic schedules.

**2012-2013 UWSOM Service Award Data**

Each year, UWSOM students are eligible to receive the Service Award, which recognizes students for their extracurricular community service, service learning or advocacy contributions. The Service Award is given to the top 15% of medical students (in terms of number of service hours) at a given first year site, including Seattle. For MS2, MS3 and MS4, the top 15% (including expanded, concurrent, and MD-PhD students) are eligible for the award.

**2012-2013 UWSOM Service Award Data**

Students nominated	Award Recipients	Hours of service reported (nominees & recipients)
207	120	17,000+

\*this data represents service hours and students also included in the data from registered student organizations table above

For the 2012-2013 Service Award, 207 students from across the WWAMI region were nominated by their peers. The 138 students from across the region and the Seattle campus who completed the nomination form reported contributing over 17,000 hours of service. That number includes all of the administrative and leadership hours students contributed behind the scenes to create and facilitate service activities.

**Interprofessional Public Service Highlights: 2012-2013**

A group of students, faculty and staff from across health sciences schools meet monthly to collaborate and support interprofessional service learning activities. Below is a table listing some of the highlights of interprofessional service activities during the 2012-2013 academic year. Please note this is not a comprehensive list—there are many more interprofessional service activities sponsored by other health sciences schools. Descriptions of the activities listed in the table are included below.

**2012-2013 Interprofessional Service Data**

Program/Activity	Number of Students Involved
MLK, Jr. Day of Service	104
UW Team: One Night Count for Homelessness	23
Youth Health Service Corps Mentorship Program	9
Latina Health Fair	94
“Teeth and Toes” Clinics	37
Service Learning Kick-Off	201
Service Learning Summit	59
<b>TOTAL</b>	<b>527</b>

- 104 students from across the health sciences schools participated in the MLK, JR. Day of Service.

- 23 students from health sciences participated in the One Night Count for homelessness, a homeless census in Seattle neighborhoods.
- 9 health sciences graduate students volunteered to serve as mentors to high school students in a partnership with the Western Washington AHEC's Youth Health Service Corps.
- 94 student volunteers from across the health sciences participated in the Latina Health Fair on May 18<sup>th</sup>, 2013 in partnership with SeaMar Community Health Centers. Dental students saw 41 patients, and referred 25 to SeaMar dentists. Dental students screened 70 clients, PT/OT students screened 30 children for developmental milestones, medicine and nursing students provided Footcare for 22 individuals, and 146 people received cholesterol, glucose, BP, h/w/BMI, vision screenings and consultations from nursing, medicine, MEDEX, and pharmacy students.
- 37 students from the School of Dentistry, Medicine, and Nursing co-hosted 4 "Teeth and Toes" clinics at various community organizations throughout Seattle in 2012-2013. Teeth and Toes is a partnership between the Department of Family Medicine's Community Health Advancement Program, and the School of Nursing. Collectively, they provided over 148 hours of service.
- 201 students attended the Health Sciences Service Learning Kick- Off in October, 2012, where the focus was on interprofessional service learning and the Health Sciences Common Book: *The Spirit Catches You and You Fall Down*.
- 59 students from across the health sciences schools attended the 1<sup>st</sup> Annual Service Learning Summit in May, 2013. Dr. Maxine Hayes, Washington State's Health Officer. Students then broke into topic groups to share information and action items around advocacy, pipeline activities, health disparities, and the like.

### **Regional Service Learning Activities**

**Bozeman, MT:** Students take an annual trip to Browning, MT to do education and health outreach with the Blackfeet Nation. In year's past, they have hosted a free flu shot clinic, served meals to the homeless, and done health education at the elementary school.

**Whitefish, MT:** Students rotating through Whitefish on clerkship rotations routinely volunteer at Shepherd's Hand—a federally funded free clinic that operates on Monday evenings.

**Lewiston, ID:** Students have the opportunity to volunteer at the Snake River Clinic—a free clinic staffed by volunteer physicians on Tuesday evenings.

**Boise, ID:** Students—along with their faculty advisor, Dr. Kim Stutzman—have successfully created an organized effort to provide long-term, sustainable services at the Friendship Clinic, a free clinic staffed by volunteer health providers.

**Spokane, WA:** Students volunteer each Saturday offering free healthcare services to the homeless population at the House of Charities free clinic. A full report of 2012-2013 data will be released in August.

**Anchorage, AK:** Students regularly volunteer at the Brother Francis Shelter, an emergency shelter serving homeless individuals. They hold a free clinic—the “Caring Clinic” to offer healthcare services to those who do not have access to healthcare.

**Laramie, WY:** Students organized a diabetes education program in partnership with the Downtown Clinic during 2012-2013. With the help of their faculty advisor and the clinic nursing staff, students provide health education, health management skills and encouragement for diabetes patients.