

University of Washington School of Medicine's Psychology Internship Program

Cover Letter Instructions

In addition to your APPI essays, your cover letter is an opportunity for us to get to know more about you. You can use your cover letter to showcase particular clinical experiences, research accomplishments or any other information you feel is pertinent to your fit with the various tracks of our program. You are not required to follow any particular template when crafting your letter; however, we do ask that somewhere in your cover letter you include the following information:

____ **Specify which of our 5 tracks** (general adult, autism and developmental disabilities, behavioral medicine, rehabilitation neuropsychology, and general child) you are applying. **Please choose no more than 2 (TWO) tracks.**

PLEASE NOTE: If you want to apply to more than 2, you MUST contact the Program Coordinator at psychsom@uw.edu for further instructions.

____ **A brief overview of your past experience** with evidence-based treatment approaches (you may use commonly accepted acronyms to list specific approaches, e.g., CBT, DBT, ACT, BA, etc.). If applicable to you, please also describe your experience with suicide risk assessment and management.

____ **Your clinical goals for internship**, and how the training experiences (i.e., the specific rotations) offered by each of your specified tracks can help you meet them.

____ **Your overall program of research**, including what you envision are the “next steps” in your research that you might pursue during your internship year. If you are interested in the grantsmanship seminar, describe how the seminar would help you achieve your research goals.

_____ **Your long-term career goal(s).** When discussing your career goal(s), please address the ratio or “mix” of teaching, clinical service, and research that would be ideal for you.

_____ **Optional, but strongly encouraged:** A specific internship training faculty member (or members) who you feel might be an appropriate research mentor, and why they would be appropriate (i.e., how that specific individual’s program of research is uniquely suited to help you further your goals). Whenever possible, if you are invited to our VIRTUAL Open House we will try to set up a 1:1 meeting for you with this (these) individual(s); if you do not list anyone, 1:1 meetings will be arranged with faculty on an as-available basis.

_____ **Optional, but strongly encouraged:** A brief description of your academic achievements (e.g., number of peer-reviewed publications [as a first author and co-author], competitive grants/fellowships received during graduate school, etc.). We do not expect that all applicants will have publications (first-authored or otherwise) or grants/fellowships; however, these types of achievements are considered in evaluations of applicants’ overall fit with our program.