

Pacific West Distance Learning Network

Nutrition for Children with Special Health Care Needs Curriculum

Group Study Module 3: State and Local Nutrition Resources

Leader's Guide

This module was created for presentation to dietetics professionals and other health care professionals. You can also tailor the presentation to meet your needs. To appropriately inform your local learning group, you will need to add information about nutrition services in your state and community.

Learning Objectives

After completing the module, the participant will have the knowledge and skills to:

1. Identify key agencies and health professionals involved in support and provision of nutrition services
2. Access funding sources for nutrition services for children with special health care needs

Materials Provided

1. Electronic files to print from website or CD-ROM

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| ○ Module 3 Leader Guide.pdf | Electronic version of this guide |
| ○ Module 3 Presentation.ppt | PowerPoint presentation |
| ○ Module 3 Speaker Notes.pdf | Speaker notes |
| ○ Module 3 Participant Handouts.pdf | Complete packet |
| ○ CPE Request.pdf | Form to submit to CDR |
| ○ State Nutrition Services List.pdf | Check for updated versions at www.pacificwestmch.org |

2. Video segment to show via website or DVD

- Vignette featuring Jesus

Preparation - Before the presentation

1. Review the program PowerPoint presentation, speaker notes and optional video segment.

Each presenter has his/her own style, so a variety of "cues" are included:

- a) **PowerPoint:** slideshow with notes added, can be printed as notes pages if you prefer one slide per page with the accompanying notes
- b) **Speaker notes:** print document with slides and notes listed next to each slide, 3 slides per page.
- c) **Video segment:** arrange for viewing via website or DVD player in presentation room

2. Add information about your state and local resources to the handout material. We have collected information for some states in the Pacific West available on our website. Please download the list for your state and check to see that the information is current before distributing, or you may have to create your own list using one of the state lists as a model. State nutrition services lists for Pacific West states can be downloaded from www.pacificwestmch.org.

- 3. Prepare and review your handouts.** All handouts except for the current state nutrition services lists are found in one file: **Module 3 Participant Handouts.pdf**. Review these materials prior to your presentation. When you know how many people will attend, make copies of the handout packet for each participant.

The packet includes the following items (you may wish to duplicate different pieces of the packet on colored paper):

- Learning objectives and outline
- PowerPoint slide handout
- Resource list
- Post-test
- Evaluation form
- Certificate of completion
- State nutrition services list

- 4. Continuing Education** - Continuing Professional Education (CPE) credit can be requested from the Commission on Dietetic Registration (CDR). Typically, this request is made to the state dietetic association. The CPE request form has been provided: **CPE Request.pdf**. Contact information for CDR and for state associations is on the CDR website: www.cdrnet.org.

Presentation Outline (60 minute format)

Estimated Timeframe	Activities
0:00	Introduce the module and participants, if applicable.
0:05	Review materials in the handout packet with participants
0:10	Show video segment of Jesus (if using this option)
0:16	PowerPoint presentation using Speaker Notes Discuss state and local resources Discuss case studies: <ul style="list-style-type: none"> ○ Sarah ○ Alex
0:50	Participants complete post-test and evaluation forms
0:55	Collect evaluation forms and distribute certificates of completion
1:00	Class dismissed

* TIP: If you are using one laptop/LCD projector to display both the PowerPoint presentation and the video vignettes, consider opening both presentation and video, then using the alt-tab function to switch between the two without reloading the video. This process may not work on all systems.

If you have a full hour, you can include:

Video segment: Jesus (approx. 6 minutes)

If you have less time, you can omit:

- Video segment: Jesus (approx. 6 minutes)
- One of the case studies in the PowerPoint presentation

Answers to Post Test:

1. In most states, b and c would be appropriate. Depending on his diagnosis, (not specified in the question) a, e and g are also possibilities.
2. In most states, c, d or g
3. Definitely c and, in some cases, d may also be necessary