

## More About the Pacific West Distance Learning Network

The Pacific West MCH Distance Learning Network has an advisory board of health professionals from 13 states in the Pacific West:

Alaska	Arizona	California
Colorado	Hawaii	Idaho
Montana	New Mexico	Nevada
Oregon	Utah	Washington
Wyoming		

The interests of each state are represented by Advisory Board Members with the goal of strengthening nutrition services for children with special health care needs and their families.

In addition, experts in the fields of oral health and children with special needs provide the Network with guidance on curriculum content.

The Pacific West Distance Learning Network has been funded from 2000-2005 by MCHB grants awarded to the USC University Center for Excellence in Developmental Disabilities at Childrens Hospital Los Angeles in partnership with Center on Human Development and Disability at the University of Washington, Seattle.



## Pacific West MCH Distance Learning Network



Curricula materials are available on the project website for quick reference or continuing education units for dietitians and other health professionals.

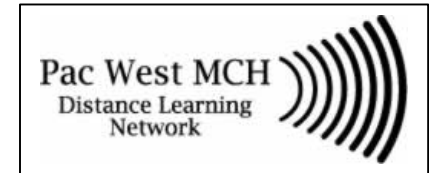
Professionals and educators are encouraged to share the materials with their colleagues, students and families they serve provided the Pacific West MCH Distance Learning Network is cited as the source.

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**[www.pacificwestmch.org](http://www.pacificwestmch.org)**

## Pacific West MCH Distance Learning Network



Three Nutrition-Based Curricula available Online at:  
**[www.pacificwestmch.org](http://www.pacificwestmch.org)**

Nutrition for Children with Special Health Care Needs  
*Self-Study Curriculum*

Nutrition for Children with Special Health Care Needs  
*Group Study Curriculum*

Nutrition and Oral Health  
*Self-Study Curriculum*

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## Nutrition for Children with Special Health Care Needs

### Self Study Curriculum

This self-study curriculum covers information on functional nutrition assessment and interventions for children with special health care needs.

The following six modules are available on-line or as a CD-ROM and provide one CEU each for dietitians:

- Growth Assessment
- Dietary Intake and Determining Individual Needs
- Feeding Skills
- Fluid and Bowel Problems
- Integrating Community Services & Programs
- Putting It All Together - Developing a Family-Centered Plan

Included in the materials:

- Pre and Post Tests
- Case examples
- Glossary
- Online and print resources

The accompanying resource notebook is available in print (with the CD-ROM) or downloadable from the website.

### Group Study Curriculum

This curriculum integrates knowledge of clinical nutrition and systems of care to improve service delivery to children with special health care needs. Understanding that some information is best learned in a group environment, modules are designed for group study leaders to enable them to promote improved pediatric nutrition service delivery in their local or state context. Each module takes about one hour to complete (one CEU).

- Providing Family-Centered Care
- Participating in the Interdisciplinary Approach to Feeding Interventions
- State and Local Nutrition Resources
- Improving Nutrition Interventions

Included in the materials:

- Leader's guide
- PowerPoint presentation
- Participant handouts
- Resource list
- Video vignettes
- Post-test
- Evaluation form
- Certificate of completion

## Nutrition and Oral Health Online Curriculum

Promotion of oral health and prevention of oral health problems have been identified as important activities that can be performed by many health care providers. Proper nutrition plays a major role in preventive care.

Each of the modules in this self-study curriculum provides one hour of continuing education for nutritionists and other health professionals. The materials, including handouts, are also suitable for quick reference:

- Typical Dental Development in Children
- Nutrition-Related Risk Factors for Dental Caries
- Influence of Special Health Care Needs on Oral Health
- Prevention of Oral Health Problems
- Screening and Referral for Nutrition-Related Oral-Health Problems



Access all three curricula at no cost on the web at: [www.pacificwestmch.org](http://www.pacificwestmch.org)