

MODULE 5: Integrating Community Services and Programs

LEARNING OBJECTIVES

After completing this module, you will have the skills and resources to:

- identify potential community service providers to help families put nutrition recommendations into practice
- incorporate nutrition therapy goals into the educational system for children with special needs
- describe other resources for families of children with special health care needs and describe some methods of evaluation of web-based information
- incorporate community resources into a nutrition care plan

RESOURCES IDENTIFIED IN MODULE

Medicaid - <http://cms.hhs.gov/medicaid/>

The Early and Periodic Screening, Diagnosis and Treatment program (EPSDT) - <http://cms.hhs.gov/medicaid/epsdt/>

The Supplemental Nutrition Program for Women, Infants, and Children (WIC) - <http://www.fns.usda.gov/wic/>

Title V/CSHCN Program - www.mchb.hrsa.gov/

Supplemental Security Income (SSI) - <http://www.ssa.gov/pubs/10026.html>

Head Start - <http://www2.acf.dhhs.gov/programs/hsb/>

Early Head Start - <http://www.ehsnrc.org/>

Food Stamp Program - <http://www.fns.usda.gov/fsp/>

Child and Adult Care Food Program (CACFP) – <http://www.fns.usda.gov/cnd/care/cacfp/cacfphome.htm> and <http://www.nal.usda.gov/childcare>

The Arc of America – <http://www.thearc.org>

The Center for Children with Special Needs – <http://www.chscn.org>

Family Village – <http://www.familyvillage.wisc.edu/index.html>



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<http://www.pacificwestmch.org>

Exceptional Parent magazine <http://www.eparent.com>

Family Voices <http://www.familyvoices.org>

The National Center for Children and Youth with Disabilities
<http://www.nichcy.org>

National Organization of Rare Diseases (NORD) <http://www.rarediseases.org>

ADDITIONAL RESOURCES

Community Services and Providers. Community services and providers. In: Isaacs JS, et al. *Children with Special Health Care Needs: A community pocket guide*. Dietetics in Developmental and Psychiatric Disorders and the Pediatric Nutrition Practice Group of The American Dietetic Association and Ross Products Division. 1997. This chapter describes some programs and resources that are available for children with special health care needs. This publication is currently unavailable. A 2nd edition is under development.

Bright Futures: Nutrition Resources. Appendix J: Nutrition resources. In: Story M, Holt K, Sofka D, eds. 2002. *Bright Futures in Practice: Nutrition* (2nd ed.). Arlington, VA: National Center for Education in Maternal and Child Health. This document lists general and federal nutrition resources as well as resources for specific nutrition issues and concerns. This publication is available online at <http://www.brightfutures.org> and print copies can also be ordered.

Accommodating Special Dietary Needs in the School. Marcelynas B, Brandis B. Accommodating special dietary needs in the school. In: Nardella M, et al. *Nutrition Interventions for Children with Special Health Care Needs*. Washington State Department of Health. 2001. This chapter describes the legislation that requires accommodations for special health care needs and presents some guidelines for implementation. To order, contact the Washington State Department of Health, Revenue Section, PO Box 1099, Olympia WA 98504 or visit the Washington State Nutrition for Children with Special Health Care Needs website: <http://depts.washington.edu/cshcnut>. The publication can also be downloaded from the WA DOH website: <http://www.doh.wa.gov/cfh/mch/CSHCNhome2.htm>.

Nutrition Management of Handicapped and Chronically Ill School Age Children. Horsley JW, Allen E, White P. *Nutrition Management of Handicapped and Chronically Ill School Age Children-A Resource Manual for School Personnel, Families, and Health Professionals*. Virginia Department of Education. 1996. Resources to assist school personnel in planning nutritional services for



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children with special health care needs and incorporating nutritional goals into IEP objectives.

Project Chance, A Guide to Feeding Young Children with Special Needs.

Project Chance, A Guide to Feeding Young Children with Special Needs. Arizona Department of Health Services. 1995. Designed to assist early childhood program staff and other caregivers in feeding and nourishing children with special needs. Available from the Office of Nutrition Services, Arizona Department of Health Services, 1740 W. Adams, Room 203, Phoenix AZ 85007. Also available on-line: <http://www.hs.state.az.us/phs/ocshcn/publications/prochance.htm>.

CARE: Nutrition for Kids. *CARE: Special Nutrition For Kids.* Department of Education, State of Alabama. 1995. A manual and instructional videotape for training Child Nutrition program managers about planning and preparing meals for children with special needs. Ordering information is available on-line: <http://www.olemiss.edu/depts/nfsmi/>.

Nutrition Issues Facing Children with Special Health Care Needs in Early Intervention Programs and at School. Horsley JW. Nutrition issues facing children with special health care needs in early intervention programs and at school. *Nutrition Focus.* 1994; 9(3). To order, visit http://depts.washington.edu/chdd/ucedd/CO/co_NutriFocus.html.

Accommodating Children with Special Dietary Needs in School Nutrition Programs. United States Department of Agriculture Food and Nutrition Service. *Accommodating Children with Special Dietary Needs in School Nutrition Programs: Guidance for school food service staff.* 2001. This document describes the mandated accommodations to school meal programs. Available on-line: http://www.fns.usda.gov/cnd/Guidance/special_dietary_needs.pdf.

Does Your Child Need a Special Diet? *Does Your Child Need a Special Diet?* North Carolina Nutrition Services Branch. A resource for families of children who need special dietary accommodations at school, this webpage includes guidelines for special meals, and information about requesting accommodations from the school system. <http://www.nutritionnc.com/special/eligible.htm>.

Resources on Special Education, IEPs, IDEA, Inclusion and Section 504. *Resources on Special Education, IEPs, IDEA, Inclusion and Section 504.* Resources for families can be found on-line: <http://www.angelfire.com/ny/Debsimms/education.html#ideas>.

IDEA Regulations. IDEA 1997 Regulations website. This website includes the text of the 1997 IDEA (Individuals with Disabilities Education Act) Regulations and information about the legislation. <http://www.ed.gov/offices/OSERS/Policy/IDEA/regs.html>.



Cost Considerations Article. Feucht S, Lucas B, Nardella M. Nutrition services for children with special health care needs – what are the cost considerations? *Nutrition Focus*. 1999; 14(6). This article describes the Cost Considerations document. To order, visit http://depts.washington.edu/chdd/ucedd/CO/co_NutriFocus.html.

Cost Considerations. *Cost Considerations: The benefits of nutrition services for a case series of children with special health care needs in Washington state.* Washington State Department of Health. 1999. This report highlights the results of the cost-benefit study described above. A copy of the report is available on-line at <http://www.ask.hrsa.gov> Item No. MCHK111.