

MODULE 6: Putting It All Together...developing a family-centered plan

LEARNING OBJECTIVES

After completing this module, you will have the skills and resources to:

- Use growth, medical, and intake data to formulate a nutrition care plan
- Incorporate measurable outcomes for evaluation of the plan
- Include community services and programs in a nutrition care plan

RESOURCES

Developing a Plan

Providing Nutrition Services for Infants, Children and Adults with Developmental Disabilities and Special Health Care Needs: Position Paper.

Cloud HH, Posthauer ME. Providing nutrition services for infants, children, and adults with developmental disabilities and special health care needs. *J Am Diet Assoc.* 104:97-107. This position paper documents why nutrition services are essential and gives factors to consider when providing and planning nutrition services. It is available on-line to ADA members at:

http://www.eatright.org/Public/GovernmentAffairs/92_18463.cfm.

Nutrition in Comprehensive Program Planning for Persons with

Developmental Disabilities: Position Paper. Lucas BL, Blyler EM. Position of the American Dietetic Association: Nutrition in comprehensive program planning for persons with developmental disabilities. *J Am Diet Assoc* 97(2): 189-193. This position paper provides guidance regarding the provision of clinical nutrition services for persons with developmental disabilities and presents program planning recommendations. It is available on-line to ADA members at:

http://www.eatright.org/Public/GovernmentAffairs/92_adap0297b.cfm.

Pediatric Manual of Clinical Dietetics. Nevin-Follino N, ed. *Pediatric Manual of Clinical Dietetics, 2e.* American Dietetic Association. 1998. This diet manual provides practice guidance for the nutrition care of pediatric patients. The manual is available through ADA's on-line catalog:

http://www.eatright.org/Public/ProductCatalog/SearchableProducts/104_8444.cfm.

Family-Centered Care

Institute for Family-Centered Care. This non-profit organization is a resource for policy makers, administrators, program planners, direct service providers, educators, and family members. The website includes information about resources related to family-centered care, including publications and videos, newsletters, seminars, and presentations. The website also features a bulletin board to promote discussion about issues related to family-centered care.

<http://www.familycenteredcare.org/>

Family/Professional Collaboration. Bishop KK, Woll J, Arango P. *Family / Professional Collaboration*. Department of Social Work, University of Vermont. This 48-page document describes the seven principles of family/ professional partnerships. Available from the Available through the HRSA Information Center <http://www.ask.hrsa.gov> Inventory Code: MCHG017.

Family Voices. Family Voices works toward addressing the common challenges that all children with special health care needs face. Their advocacy efforts revolve around three basic principles that the organization believes should be part of health care reform: family-centered care, community-based services, and parent-professional collaboration. The site serves as a national clearinghouse for information and resources. <http://www.familyvoices.org>.

Family Village. This easy-to-navigate site describes itself as a global community on the Internet for families of persons who have disabilities. It has a wealth of information, resources, and web site connections for people with disabilities and their families and service providers. <http://familyvillage.wisc.edu>.