

University of Washington Rehabilitation Medicine Newsletter
October 2004

1. Dr. Diana Cardenas, Professor of Rehabilitation Medicine, elected to Institute of Medicine of the National Academy of Sciences.
2. Dr. Peter Esselman, Associate Professor of Rehabilitation Medicine, authors editorial in JAMA.
3. Drs. Leighton Chan and David Yu honored with Presidential Citation Award for Poster Presentations at the AAPM&R meeting.
4. Dr. George Kraft, Professor of Rehabilitation Medicine, chairs panel issuing recommendations on Rehabilitation for persons with multiple sclerosis.
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1. Dr. Diana Cardenas, Professor of Rehabilitation Medicine, elected to Institute of Medicine of the National Academy of Sciences.

Diana D. Cardenas, M.D., M.H.A., UW Professor of Rehabilitation Medicine and Chief of Rehabilitation Medicine at UW Medical Center, is one of 65 new members elected to the Institute of Medicine, a branch of the National Academy of Sciences. New members are elected by the Institute's current members after being nominated for major contributions to health and medicine, or to related fields. This year's class of new members brings the Institute's total active membership to 1,416. Members devote some of their time to working on the Institute's committees, which study a broad range of health policy issues. Those committees have issued studies on such topics as improving breast cancer diagnosis and detection, expanding health coverage, and boosting public understanding of health information.

Please join me in extending warmest congratulations to Dr. Cardenas for this great honor. Dr. Cardenas can be reached at <dianamac@u.washington.edu>.



2. Dr. Peter Esselman, Associate Professor of Rehabilitation Medicine, authors editorial in JAMA.

Peter Esselman, M.D., Associate Professor of Rehabilitation Medicine and Chief of Rehabilitation Medicine at Harborview Medical Center in Seattle, was author of an October 13th editorial in the “Journal of American Medical Association” (JAMA). The editorial, entitled “Inpatient Rehabilitation Medicine Outcome Trends: Implications for the Future”, was in response to a full length article in the same issue discussing trends in inpatient rehabilitation from 1994 to 2001. Dr. Esselman discusses the impact of the “75% Rule” and shortening length of stay on inpatient rehabilitation in the United States. Dr. Esselman can be reached at <esselman@u.washington.edu>. If you would like to read the entire editorial (or the referred to article), it can be found at <http://jama.ama-assn.org/content/vol292/issue14/index.dtl>.

3. Drs. Leighton Chan and David Yu honored with Presidential Citation Award for Poster Presentations at the AAPM&R meeting.

There were two Presidential Citation Awards given for poster presentations at this year’s annual meeting of the American Academy of Physical Medicine and Rehabilitation in Phoenix. Both awards went to UW faculty members. Leighton Chan, M.D., together with colleagues from our department, Anne Shumway-Cook, Ph.D., Kathryn Yorkston, Ph.D., Marcia Ciol, Ph.D., Elizabeth Kanny, Ph.D., and Jeanne Hoffman, Ph.D., won an award for their poster on “Medicare patients with mobility disability and satisfaction with health care: 1992, 1996, and 2000”.

David Yu, M.D., won the President’s Citation Award for his poster presentation on “Intramuscular electric stimulation for post-stroke shoulder pain: 12-month follow-up of a multicenter randomized clinical trial”. Dr. Yu had a variety of colleagues from Cleveland Clinic, who were co-authors on this study.

Congratulations to both Dr. Yu and Dr. Chan. They can be reached at <davidyu@u.washington.edu> and <leighton@u.washington.edu>.

4. Dr. George Kraft, Professor of Rehabilitation Medicine, chairs panel issuing recommendations on Rehabilitation for persons with multiple sclerosis.

George Kraft, M.D., Professor of Rehabilitation Medicine, Co-Chaired a Rehabilitation Census Statement Task Force for the National Multiple Sclerosis Society which included Kathryn Yorkston, Ph.D., Professor of Rehabilitation Medicine, as a Task Force member. The Task Force recently issued an Expert Opinion Paper entitled “Rehabilitation: Recommendations for Persons with Multiple Sclerosis”. This Expert Opinion Paper is published by the National Multiple Sclerosis Society and is extensively referenced. It makes recommendations for helping the individual with MS achieve and attain maximal function. The full Opinion Paper can be obtained at website for the National MS Society at www.nationalmssociety.org/PRC.asp.



5. Carrie Hall, P.T., M.H.S., Clinical Instructor, publishes 2nd edition textbook.

We were pleased to recently hear from Carrie Hall, P.T., M.H.S, Clinical Instructor in the Division of Physical Therapy, Department of Rehabilitation Medicine at UW. She announced that she has just published the 2nd edition of her textbook “Therapeutic Exercise, Moving Toward Function” with Lippincott Williams & Wilkins. Congratulations to Ms. Hall for this achievement. She can be reached at <chall@u.washington.edu>.

6. Cyndi Robinson, P.T., Clinical Instructor, returns to Moldova to provide care.

Cyndi Robinson, PT, Clinical Instructor in the Division of Physical Therapy, joined a fourteen person pediatric rehabilitation team for a second visit to Moldova. Cyndi was in Moldova in August for a fifteen day trip, which was sponsored by Northwest Medical Teams International. This year’s delegation included six OT and PT students, as well as representation from all three Washington PT schools. The team provided services in hospitals, clinics, and rural villages to treat burns, congenital developmental disorders, and musculoskeletal impairments related to manual labor. They also provided training to a clinic which they had visited last year, the Hippocratic Clinic, and to the Sperantza Clinic. For those readers who are geographically challenged (as I am), Moldova is a hilly agricultural region in Eastern Europe near the Black Sea with a population of 4.3 million people. Since declaring its independence from the Soviet Union in 1991, the Moldova economy has been distressed and health care has been described as 45 years behind that of the United States. Thank you Cyndi for this important work. Cyndi can be reached at <cyndirob@u.washington.edu>.

7. Karen Bryce, Program Coordinator in the Department of Rehabilitation Medicine is a world champion swimmer.

Karen Bryce, Program Coordinator for the Department of Rehabilitation Medicine, recently participated in the Huntsman World Senior Games in St. George Utah. There were a total of 7900 athletes (all over age 50) participating in the different venues. Karen won **FIRST PRIZE** in the 50 meters breaststroke, second in the 100 meters individual medley, second in the 100 meters breaststroke, and fourth in the 50 meters freestyle! Of interest, the athlete selected to carry in the torch during the opening ceremony was a retired physician who was 104 years old, and also participating in the track events. Congratulations to Ms. Bryce, who can be reached at <bkaren@u.washington.edu>.

8. Residents in UW Department of Rehabilitation Medicine have authored 60 publications over the last ten years.

In a recent review of our residency program, Dr. Terry Massagli researched how many publications had been authored by our residents or former residents as part of their residency training. We are pleased to find that at least 60 publications (see attachment) have been published by residents since 1994. Also, there have been many presentations at national meetings (see attachment) by our residents from what they did as a resident as well. This was a very nice achievement which demonstrates the outstanding work of our residents, as well of the residency program director and faculty. Congratulations to all who have contributed to this effort.

9. Beth Hall nominated for Nursing Excellence Award.

HMC staff nurse Beth Hall, Trauma Rehab Unit was nominated by her manager for the 2004 Nursing Excellence Awards sponsored by “Nurse Week” magazine. Nurses from 5 states in the region were nominated in 8 categories with 6 finalists selected in each. Beth received all expenses paid trip to Las Vegas for the gala ceremony where winners were announced. Congratulations to Beth for representing Harborview and rehabilitation nurses at this special event!

10. Dr. Barry Goldstein quoted in “USA Today” article. Receives offer for free seat cushions.

Barry Goldstein, M.D., Ph.D., Associate Professor, was interviewed for a “USA Today” article on pressure sores inspired by the recent death of Christopher Reeve. The article can be found on line at http://www.usatoday.com/news/health/2004-10-24-spinal-usat_x.htm?POE=click-refer. Dr. Goldstein also reports “I have already received two calls from people who want to send me cushions that will absolutely-positively prevent pressure ulcers ----- for free! Nobody ever offered to send me a cushion after my other peer-reviewed publications. Go figure.”

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