

## Medical Emergencies

Heart attack, choking, bleeding, poisoning, and burns, as well as other serious medical conditions can happen anywhere. Prompt action and clear communication is vital when providing help.

### In the Event of a Sudden Medical Emergency

- **Assess the person.** Look on wrist, ankle, or around neck for a medic alert bracelet or necklace.
- **Call 911, or have someone else do it.** If you are alone, yell loudly for help. If you are unable to summon help, call 911 first before assisting the person.
- **When calling 911, use a UW landline,** if possible, as these calls are routed directly to the University Police call center. **If using a cell phone UW Police can be reached at 206-685-8975.** If you are using a cell phone, the responding call center will need to know that you are at a University of Washington campus building.

Give the operator as much information as possible, including:

- Type of emergency
- What help is needed
- Exact address or building name
- Room number or area
- Your telephone number
- Any information from medic bracelet or necklace
- Victim information such as age and symptoms
- **Don't hang up** until you are told to do so by the 911 operator.
- **Do not move the victim** unless absolutely necessary. In many cases, moving the victim may cause additional trauma.
- **Administer First Aid or CPR** if you are qualified and current with your training.
- **Follow Universal Precautions.** Treat all blood and body fluids as if they were known to be infectious for HIV, HBV and other bloodborne pathogens.
- **Look for an 'ICE' Phone Number.** Look up the ICE (In Case of Emergency) contact number on the person's cell phone.
- **Report the incident.** Submit an accident report using the online accident reporting system at: <http://www.ehs.washington.edu/ohsoars/index.shtm>.