Suicide is the second leading cause of death among 25–34 year olds.

For every one suicide, there are 25 attempts.

If you know someone who is suffering from depression and/or suicidal thoughts, help them—speak up, reach out!

If you're considering suicide or you're concerned for a friend, there is help.

#2

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Suicidal thoughts and behavior among adults (ages 18+)

- 8.7 million reported having serious thoughts about suicide
- 2.5 million made suicide plans
- 1.0 million made plans and attempted suicide
- 1.1 million attempted suicide

For additional security

- Call 911.
- Witnessing warning signs in a friend or coworker? Call 911.
- Are you thinking about suicide?

SAFECAmpus: Working together to keep the UW community safe
VIOLENCE is attributed to workplace violence. Nearly 1 out of 5 occupational fatalities is attributed to workplace violence. Of these, there is a greater than 3 in 1 chance that the fatality was caused by a relative or domestic partner. When a victim of relationship violence leaves their abuser, where is the one place the abuser knows the victim will be every day? "What do I do?"

You are not alone. Since coming to the University...

“FAQs”

SafeCampus Working together to keep the UW community safe


d What happens next? Depending on the situation, we may enact immediate steps to make a situation safer for a person who may be at risk. With our campus partners, we design a coordinated response to the situation. The SafeCampus team will evaluate the risk and safety of the situation, and develop a plan for the immediate and long-term safety of the person or persons in need of assistance. We receive calls from faculty, staff, and students who have concerns about inappropriate or intimidating behavior. Sometimes the concerns are about another member of the UW community, but they may also be about a member of the public, a romantic partner, or family member. We’ve worked with callers on all types campuses, UMMC, and Harborview Medical Center, as well as students studying abroad, and even those connected to UW through employee benefits.

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What types of calls do you get? We work with individuals who have safety concerns due to relationship violence, stalking, harassment, intimidation, cyberstalking, interpersonal conflicts at school or work, and suicide-related thoughts. We also receive calls where there isn’t a safety concern yet, but the witnessed behavior is strange, erratic, alarming, or just plain doesn’t feel right. If you have a gut feeling that something is “off”, or if a situation is escalating, someone may be in danger, or you have a feeling that you should tell someone, call us.

What can I expect when I call SafeCampus? The Violence Prevention and Response Specialists you speak with will want to know the specifics of what happened or what your concerns are. So, what happened? When did it happen? Was it involved? What do you fear might happen? How often have you spoken with anyone else? What would you like to see happen?

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