



**You do so much to
keep your loved ones**

- Car seats
- Smoke alarms
- First Aid kits
- Bike helmets
- LOCK UP AND LIMIT ACCESS RX
MEDICATIONS AND FIREARMS**

SUICIDE IS PREVENTABLE
Medication overdoses too.

Go to [SaferHomesCoalition.org](https://www.SaferHomesCoalition.org)

These steps protect against suicide/overdose/poisoning

1 LOCK UP

all medications,
Rx & over-the-counter,
except 1-week supply

2 LIMIT ACCESS

1-day dose of meds
for those in
mental health crisis



3 TAKE-BACK

go to
takebackyourmeds.org

4 DISPOSE

of meds with dirt
or coffee grounds;
place in your trash



SAFER HOMES
SUICIDE AWARE

You Can Save A Life