Satisfaction with Health and Life

We would like to know how satisfied you are with different aspects of your life. Each item below has a scale where “0” is Extremely Dissatisfied and “10” is Extremely Satisfied. [For each item, mark an ☐ in the box of the number that shows your own level of satisfaction.]

How dissatisfied or satisfied are you with:

P*1. Your physical health (the health of your body)?

Extremely dissatisfied

Extremely satisfied

0 1 2 3 4 5 6 7 8 9 10

P 2. How well you care for yourself, for example, preparing meals, bathing, or shopping?

Extremely dissatisfied

Extremely satisfied

0 1 2 3 4 5 6 7 8 9 10

C *3. How well you think and remember?

Extremely dissatisfied

Extremely satisfied

0 1 2 3 4 5 6 7 8 9 10

(Please turn the page)