

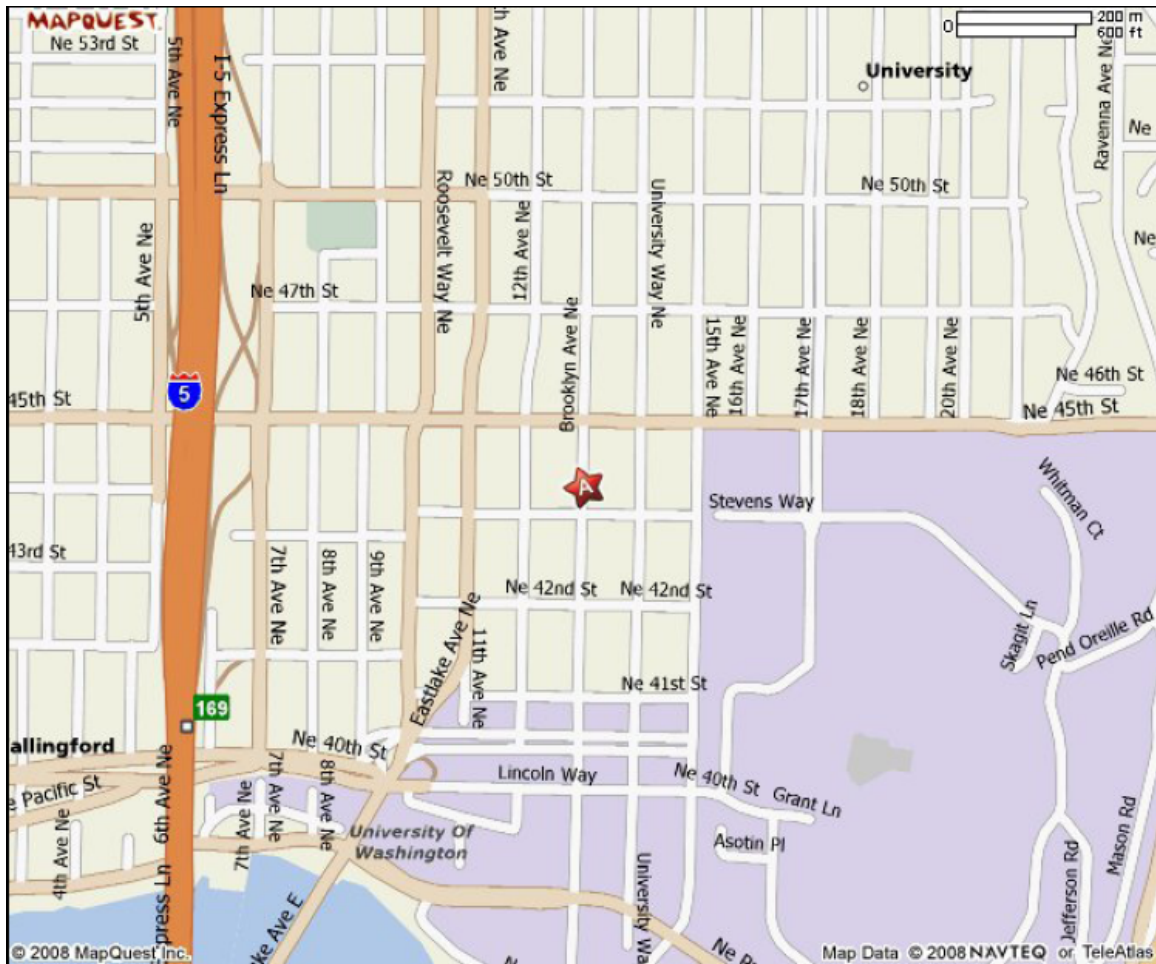
# Directions to the Seattle Quality of Life Group Research Office at University Tower

**4333 Brooklyn Avenue NE**

**Seattle, WA 98195-9455**

**(206) 685-2760**

Our offices are on the fourteenth floor. We will meet you at the front reception desk and lead you up to our location.



## **From I-5 Northbound**

- Take EXIT 169 toward N.E. 45TH ST/ UNIV. OF WASH.
- Turn SLIGHT LEFT onto 7TH AVE NE
- Turn RIGHT onto NE 45TH ST
- Turn RIGHT onto BROOKLYN AVE NE

### **From I-5 Southbound**

- Take EXIT 169 toward NE 45TH ST/ UNIV. OF WASH.
- Turn SLIGHT LEFT onto 5TH AVE NE
- Turn LEFT onto NE 45TH ST
- Turn RIGHT onto BROOKLYN AVE NE

### **From WA-99/ Aurora Ave Southbound**

- Turn LEFT onto GREEN LAKE DR N.
- Turn LEFT onto E GREEN LAKE DR N.
- Turn SLIGHT LEFT onto NE RAVENNA BLVD.
- Turn RIGHT onto ROOSEVELT WAY NE.
- Turn LEFT onto NE 45TH ST.
- Turn RIGHT onto BROOKLYN AVE NE.

### **From SeaTac Airport**

- Follow signs to I-5 North, and use instructions from above.

### **Bus Information**

- The closest bus stop to the office is on **University Ave and 43<sup>rd</sup> Ave NE**. From here one can catch these Metro routes: 30, 71, 72, 73, 74, 83, and 373.
- The next closest is on **Ne 45<sup>th</sup> and Brooklyn Ave NE**, with routes 9, 43, 44, 49, 133, and 167.
- If neither of these stops covers your particular route, there are a number of other stops close to the University Towers and campus that may better accommodate your commuting needs.
- Please see <http://transit.metrokc.gov> for more detailed information.