

LESSON: Let's Talk About Latex

Overview

A curriculum unit concerning safer sex would not be considered complete until the teacher addressed issues of oral and anal sex. Yet too often high school students tell us that it is very common for their teachers to address the subject of safer sex without ever discussing these topics.

All members of the class will benefit from broadening the discussion to include oral and anal sex. As one youth expressed this issue to us, "Not everyone is going to decide to have vaginal sex, and when they make other choices, they need to know how to protect themselves."

This lesson involves students in creating their own website for a teen audience focused on barrier protection for vaginal, anal and oral sex.

Objectives:

- Review correct use of male condoms
- Introduce and discuss female condoms
- Discuss importance of barrier protection for not only vaginal sex but also oral and anal sex
- Introduce and discuss the use of dental dams

Level: High School

Time: 2+ days (brainstorm and present to class)

Preparation and Materials:

- Access to Internet

Procedures

Open by stressing the importance of abstinence, the only 100% guaranteed way to prevent STDs and Teen Pregnancy. Point out the meaning of abstinence: choosing not to have vaginal, anal or oral sex.

We know that not everyone is going to choose abstinence so it's important to talk about protecting yourself if abstinence is not your choice.

Remind the students:

- When talking about having SEX, we're talking about not only vaginal sex, but also oral and anal sex.
- STDs are transmitted through vaginal, anal and oral sex.
- When talking about protection, we have to talk about protection for vaginal, anal and oral sex.

Rationale for a creating a new website specifically for teens:

Explain to the students that there are still many teens who consider that oral sex is not sex and that pregnancy or an STD won't happen to them as they long as they practice oral sex.

Also, transmission of STDs during anal sex is another important issue. While the male condom is often commonly discussed, awareness about other forms of barrier protection remains a real problem.

Activity

Tell the class that we are going to break into teams to design a new website addressing barrier methods of protection. All material for this site has to be school-appropriate. That is, teachers throughout this school and in other schools in our community would be able to show it in their classes without problems with any of the language or imagery shown.

The teams may be divided as follows:

- Website Design Team: This team will determine the look and feel of a site that would attract high school age teens. They will select the site name, site address, look of the home page, site logo, etc.
- Male Condom section
- Female Condom section
- Dental Dam section
- You may wish to address use of latex gloves for digital penetration as the subject of another section or include this topic with another section such as Dental Dams listed above.

Each of the content teams will be required to: 1) consider whether their barrier method can be used for oral and anal sex as well as vaginal sex. 2) give medically and scientifically correct information 3) provide medically and scientifically accurate sources for all information they present; be sure to review with your class how to determine medical and scientific accuracy of your sources. 4) provide a school-appropriate description of how to use the barrier method 5) offer statistics where useful 6) develop a media piece for their section targeting teens; this piece can be used as a PSA (public service announcement; examples are video that are school appropriate, posters, brochure, e-card, etc.)

Sample Sources You May Find Useful to Discuss with Your Teams: (Caution: A few of these links take you to YouTube where there are a range of video. It is highly suggested that you view all links prior to suggesting them to students and download any YouTube videos of interest to show later to your students rather than sending them to YouTube directly.)

MALE CONDOM

Check out this video from Planned Parenthood: How To Use A Condom

This commercial can be used to inspire some good ideas about condom use to prevent pregnancy: Banned Commercial - Condoms

Marvin cartoon: (again, while the stress here is on vaginal sex, the cartoon offers an alternative way to stress some important issues about condom use): Marvin Cartoon

FEMALE CONDOM

Questions and Answers about Female Condom: Planned Parenthood

Instructions on how to use female condom: see CondomDepot and Planned Parenthood

Video with teens describing use of female condom: see The Female Condom: Take Control of What's Inside! and Female Condom PSA

DENTAL DAMS

This group should be certain that their section of the site discusses how to make a dam, and how to use a dental dam for both oral and anal sex.

Teen Friendly site, Sex, Etc. explains the use of dental dams: [FAQ](#)

Planned Parenthood Provides Info for teens: [Planned Parenthood](#)

Sample video describing use of a dental dam on a vagina: [How To Use A Dental Dam](#)

Gloves: [Student Sexuality Information Service](#)

General resource with other valuable sites to check: [Safe Schools Coalition](#)

Assessment

Presentation of the results of each team's brainstorming to the class. You may also wish to have each team member write a short essay describing what they learned from trying to put together their part of the site, their analysis and evaluation of the material they found online to guide them and their thoughts about how effective their work would be if they were able to actually take the next step, developing it and placing it online.