

# Reaching Across the Life Span



## Promoting Positive Social Change

UNIVERSITY OF WASHINGTON  
School of Social Work

2008 RESEARCH CALENDAR



THE UNIVERSITY OF WASHINGTON SCHOOL OF SOCIAL WORK is renowned for its outstanding research programs that address some of the most pressing social issues.

We have exceptional faculty and research colleagues engaged in diverse communities to create greater opportunities for meaningful social change. One theme of our research, captured in this research calendar, is the impressive rigor and reach of research projects that span various generations, communities, and cultures. Some of our projects examine childcare issues among low-income families; the social, educational, and health outcomes of immigrant children as they become integrated into American society; health among Native Americans; mental health issues among youth and young adults exposed to violence; depression care for rural Latino adults; and social issues associated with elder care.

This calendar also highlights how our research programs provide numerous opportunities for graduate students, postdoctoral fellows, and newer investigators to become active partners in the scholarship and research processes. Our faculty is known for its generosity and generativity, which allow colleagues and students to flourish.

Our calendar ends with a special tribute to Professor Lewayne Gilchrist, who retired this fall. Lew has made immense contributions to the School's research programs and to the larger scholarship that investigates the social, behavioral, psychological, and developmental changes that occur as people transition from one life phase to another. She is an extraordinary mentor who has enhanced the lives and scholarship of both undergraduate and graduate students in the School of Social Work.

It is our goal, as a school and university, to be deeply and directly involved in solving real-world problems. We work to enhance the quality of life for all age groups, and we are focused on teaching and learning from the next generation of scholars.

Our research truly reaches across generations and cultures in multiple directions.

*Edwina S. Uehara*

Edwina Uehara  
Dean, School of Social Work



# Public Policies Improve Childcare for Doubly Disadvantaged Families

**Marcia K. Meyers**, Professor, Director of the West Coast Poverty Center (RIGHT)  
**Jennifer Romich**, Assistant Professor (LEFT)  
**Xiang Gao**, PhD Student, Research Assistant



**C**hildren in low-income families are often doubly disadvantaged by poverty and by exposure to poor quality childcare. Dr. Meyers has examined state-level childcare and welfare policies and their effects on the type, quality, and cost of childcare used by low-income families. Her research has shown that public childcare subsidies support parental employment, reduce the risk of poverty, and increase the quality and stability of care for low-income children. Dr. Romich studies how public policies affect families' lives and resources. One way families have

responded to welfare reform's work requirements is by having children take on work roles at home. One preliminary finding is that boys who do housework and provide sibling care hold more gender-egalitarian beliefs as men. In collaboration with Drs. Meyers and Romich, Xiang Gao is examining the influence of publicly funded after-school programs on mothers' employment and children's academic achievement. She is combining microdata from the National Longitudinal Survey of Youth with state-by-state policy data to estimate the contribution of publicly funded after-school programs to mothers' earnings and children's later school success.

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# Adjustment of Immigrant Cambodian and Vietnamese Youth: The Cross-Cultural Families Study

**Tracy W. Harachi**, Associate Professor, Program Director of the Royal University of Phnom Penh and University of Washington Social Work Partnership (RIGHT)

**Aileen Alfonso Duldulao**, PhD Student, National Institute of Mental Health Prevention Trainee



Immigrant children and immigrants' U.S.-born children are the fastest growing segment of the country's population of children under age 18. An emerging body of evidence suggests that immigrants who come as children and second-generation children are at risk for a number of social, educational, and health problems.

The Cross-Cultural Families

study provides an in-depth examination of the immigration experience of youth whose parents immigrated from Cambodia and Vietnam. The study follows a longitudinal panel of 327 Cambodian and Vietnamese from late childhood into adolescence. Later Dr. Harachi hopes to secure funds to continue the investigation into early adulthood. The relative educational and economic achievements of the second generation may contribute either to the upward or downward mobility of their ethnic community. Therefore it is essential to better understand the processes that contribute to maladaptive outcomes, as well as those processes that promote positive outcomes. Aileen Alfonso Duldulao's research centers on the epidemiology of immigrant mental health, the impact of migration processes on mental health outcomes, and the impact of immigration policy on immigrant health.

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## Parent Mentoring Program

**Maureen Marcenko**, Associate Professor, Director of Evaluation and Policy Analysis for Partners for Our Children (LEFT)

**Meghan McCarthy Kroll**, PhD Student, Research Assistant



**P**arents whose children are placed in foster care are often poor, disproportionately people of color, and frequently struggling with issues of substance abuse, domestic violence, or mental health. In an effort to help a family whose medically fragile children were in care, a child welfare social worker and a foster parent collaborated to provide hands-on support and education.

With this success the Parent Mentoring Program was launched. The program's goal is to help families involved in the child welfare system strengthen their capacity to provide a safe and nurturing environment for their children. The core of the mentoring model is specially trained foster parents who partner with birth parents to address the issues that brought their children into care. Maureen Marcenko has been working with the program to document the intervention and conduct an initial evaluation as the basis for more rigorous testing of the model. Meghan McCarthy Kroll, whose research and practice interests are in child welfare and early childhood, is working closely with Dr. Marcenko to document the model and analyze program data.

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## Connecting Families and Services in Public Child Welfare

**Susan P. Kemp**, Associate Professor, Director of the PhD Program

**William M. Vesneski**, PhD Student, Graduate Fellow in Comparative Law and Society Studies



**F**amilies involved with public child welfare services struggle with overwhelming life issues, yet too few of them are connected with the services and supports they need most. How can families who are vulnerable to having their children placed in foster care become better connected with community-based resources and supports? And how can the public child welfare system better engage

the parents of children in foster care with the services they need to support the successful return of their children? These questions motivate Dr. Kemp's ongoing interest in developing and testing interventions that empower families as service users and that bridge community-based support services and public child welfare. William Vesneski, who has a background in public advocacy law, studies the contextual barriers — cultural, organizational, and legal — that stand between society's most vulnerable families and relevant services and support. Their current work together, conducted in partnership with Dr. Maureen Marcenko, focuses on identifying and testing promising parent engagement practices, particularly those involving birth-parent peer advocates and foster-parent mentors.

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## Promoting Mental Health Among Violence-Exposed Youth and Young Adults

**Paula S. Nurius**, Professor, Director of the NIMH-Funded Prevention Research Training Program (RIGHT)

**Patricia Russell**, PhD Student, National Institute of Mental Health Prevention Trainee



**D**r. Nurius' recent research focuses on coping responses to violence, risk and protective factors impinging on coping and adaptation, and preventive interventions to strengthen resistance and resilience. Her collaboration with the Reconnecting Youth (RY) Research Program targets juvenile exposure to violence, including 1) assessing multiple-form violence exposures and

their relationship to mental health, 2) analyzing relationships of these exposures to co-occurring risk and protective factors on development among high-risk youth, and 3) charting trajectories of problem development or resilience of violence-exposed youth transitioning from adolescence to early adulthood. Her related studies have focused on how personal meaning and contextual factors affect self-protective coping and functioning following sexual assault and intimate partner violence, and use of person-centered tools to identify distinct subgroups with specific intervention needs. Patricia Russell has been an active contributor to the RY projects. She and Dr. Nurius are also investigating the relationship of substance use on coping with victimization, impaired mental health and revictimization, and preventing the perpetration of violence.

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# Sexual Health and Safety for Adolescents and Adults

**Diane Morrison**, Professor (RIGHT)  
**Tatiana Masters**, PhD Student, Research Assistant



**F**or the past 30 years, Dr. Morrison has studied sexual behavior, exploring how individuals make choices to prevent pregnancy, HIV/AIDS, and other sexually transmitted diseases. Her work encompasses basic research on decision-making and behavior as well as tests of interventions to increase sexual safety for adolescents and adults. Some of Morrison's current research, includ-

ing a daily diary study of high risk adults and adolescents, finds that there are far fewer negative effects of alcohol in sexual encounters than earlier research had suggested. Tatiana Masters' work focuses on sexual health and positive sexual outcomes in youth and adults, particularly how social norms for gender and sexuality influence sexual interactions. She was awarded an individual NIH fellowship to support her doctoral training and dissertation, which examines the role of sexual agency in empowering women's HIV-preventive behavior. Masters is incorporating Morrison's daily diary studies into her dissertation. Their collaborations have led to a greater emphasis on emotions and sexual scripts, which are the expected patterns of interactions in social situations, in Morrison's research.

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# Parenting in Context

**Monica Oxford**, Research Associate Professor (LEFT)  
**Jung-Eun Lee**, PhD Student, Research Assistant



**D**r. Oxford's research seeks to understand and support parenting as it occurs in context. One context for parenting is that of adolescent childbearing. Dr. Oxford and Jung-Eun Lee are examining how family assets and vulnerabilities are interwoven into the life-course trajectories of young mothers and their children. Young motherhood is often seen as a powerful risk factor for developmental

outcomes for both the mothers and their children. Research that looks at them in context is diminishing stereotypes about these mothers by showing that most are making a successful transition to adulthood. Yet as young mothers they struggle to meet the needs of their children under stressful conditions. The Oxford-Lee team is now examining the multiple facets of stressful life circumstances for young mothers, such as residential instability, and their impact on parenting and on the academic outcomes of their now-adolescent children. Dr. Oxford is also a co-principal investigator of an NIH community-based randomized controlled trial of an adaptation of Promoting First Relationships, an early intervention program for infants and their caregivers in the Washington State foster care system.

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## Healthy Hearts Across Generations in Native Families

**Tessa Evans-Campbell**, Associate Professor, Director of the Center for Indigenous Wellness

Child Welfare Research (CENTER)

**Ramona Beltran**, PhD Student, National Institute of Mental Health Research Trainee

**Chris Charles**, MSW Student, IWRI Media Relations Coordinator



**C**ardiovascular disease (CVD), obesity, diabetes, and stroke are growing epidemics among Native Americans. In response, Drs. Evans-Campbell and Karina Walters (the project's Principal Investigator), of the SSW's Indigenous Wellness Research Institute, along with SSW collaborators Drs. Karen Fredriksen-Goldsen and Rona Levy, have partnered with an interdisciplinary and intertribal group of American Indian community leaders, students, and elders to develop the Healthy Hearts Project. With wellness viewed in a holistic way, this is the first

CVD-prevention study that examines the roles of mental health, intergenerational trauma, and substance use on CVD risk outcomes among American Indians across generations. The focus on familial and intergenerational processes related to CVD risk and prevention in Native families is also unique. The team is particularly interested in identifying American Indian resilience and cultural protective factors to build upon in future prevention and intervention efforts. Ramona Beltran is developing interview questions, conducting interviews, and helping to analyze the data. Chris Charles is focusing on community outreach and the project's media campaign.

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# Telephone-Based Depression Care for Rural Latino Patients in Primary Care

**Eugene Aisenberg**, Assistant Professor  
**Paola Mizrahi**, MSW Student, Research Assistant



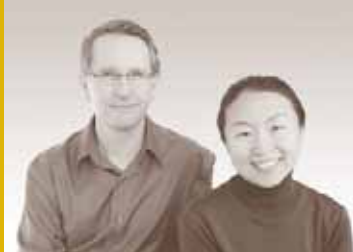
**T**his groundbreaking study is pilot testing a manualized telephone cognitive behavioral treatment intervention for 80 depressed low-income Latino primary care patients served by the Yakima Valley Farmworkers Clinic (YVFWC) in Eastern Washington. The YVFWC is collaborating in all phases of the study. Patients are being randomized to the study intervention vs. usual care.

We are specifically examining the effect of the intervention on depressive symptoms, patient-rated improvement, patient satisfaction, disability, and health risk behaviors. Using qualitative exit interviews of patients and providers, this two-year study is exploring socio-cultural and practical barriers to depression care in this population and the need to further adapt the intervention to address these barriers. The ultimate goal is to develop a culturally appropriate, sustainable, and cost-effective depression treatment program to incorporate into routine primary care practices serving low-income rural Latinos. Paola Mizrahi is being trained in qualitative methodology and conducting telephone interviews with intervention subjects at various intervals. She is also assisting with the coding and analyses of the qualitative data.

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# Breaking the Intergenerational Cycles of Drug Use and Poverty

**Karl G. Hill**, Research Associate Professor  
**Jung-Eun Lee**, PhD Student, Research Assistant



**T**he Intergenerational Project is a study examining intergenerational continuities and discontinuities across three generations of the Seattle Social Development Project. The project focuses primarily on patterns of drug use across generations, but also explores intergenerational patterns in parenting and other developmental outcomes. Current findings suggest that parent drug use predicts a

hostile family climate and impaired parenting practices, which predict greater teen problem behavior and subsequent teen and adult drug use. Children of drug-using parents are also more likely to repeat the cycle with their children. This study seeks to provide specific targets for the design of preventive interventions aimed at breaking cycles of intergenerational transmission of drug use. Jung-Eun Lee is working with the Seattle Social Development Project to examine intergenerational mechanisms in the discontinuity of poverty. She is particularly interested in those children who were raised in poverty, yet were no longer in poverty in adulthood, and the extent to which an intergenerational cycle of poverty is broken by positive academic expectations and experiences in childhood and adolescence.

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## Caregiving with Pride

**Karen I. Fredriksen-Goldsen**, Associate Professor, Associate Dean for Academic Affairs  
**Shawn Mincer**, PhD Student, Research Assistant



**S**tress and coping theory has been extensively used in caregiving research, with few attempts to understand variations in care experiences and outcomes. Research on elder care has not adequately explored the relationship between positive and negative caregiving outcomes, nor considered the possibility that physical and psychological well-being can co-exist with distress produced by adverse life circumstances. Drawing upon a resilience framework, this research explores variations in these outcomes, the impact of discrimination and multiple loss, and the resilience of caregivers assisting gay and lesbian

elder care recipients. Primary contributions of the research are to 1) incorporate the perspectives of both the caregiver and care recipient to further understand variations in health outcomes, 2) understand the impact of discrimination and caregiving supports within historically disadvantaged communities, 3) identify factors associated with the use of informal and formal support systems and their relationship to physical and mental health outcomes for care recipients and caregivers, and 4) develop information that will contribute significantly to the design of appropriate community-based interventions supporting informal caregiving within culturally diverse and marginalized communities.

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# Tandem Risk: Adolescent Mothers and Their Children

Lewayne Gilchrist, Professor Emeritus

## Lewayne Gilchrist: Warm, Brilliant Scholar and Mentor

With her retirement, Lewayne Gilchrist leaves lasting contributions to the School and profession and deep gratitude for her leadership, advocacy, and mentoring. For seven years as the School's first associate dean for research, she dramatically increased the faculty's research productivity and persevered to obtain funding for an NIMH Center for Prevention Research, which she also directed. In addition, Lew served as director of the PhD program and acting dean.

A faculty member in the School's doctoral program for 15 years, Lew was recognized by the University for extraordinary service in mentoring graduate students. A highly accomplished and prolific scholar, she has done research emphasizing the application of social science theory to understanding and improving the relevance of social programs for women, youth, and children.

*"I don't think it's possible to talk about 'Lew the researcher' separate from 'Lew the person' because she conducts her research true to the way she is — with creativity, honesty, sensitivity, and intelligence."*

Mary Jane Lohr, Project Director,  
Young Women's Health Study



The Tandem Risk project has been underway for 18.5 years. Led by Dr. Gilchrist, researchers recruited over 400 pregnant women who on average were 16.5 years old when they gave birth and whose children are now about the same age. Called a natural history study, the project has documented the challenges, resources, and outcomes for both mothers and children as they move from adolescence into young adulthood. Findings of this research are consistent with other contemporary studies in showing that outcomes for young mothers and their children are quite varied and more positive than once believed.

*"Lew is the living definition of integrity, dedication, fairness, acceptance, and compassion. She sets a wonderful example as a scholar as well. Although she has a distinguished record of academic accomplishments, she is always eager to strive for new knowledge and deeper understanding, and ever inquisitive about the latest theoretical and methodological advances in the field."*

Tom Keller, PhD '00

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- A Multi-University Evaluation of the Educational Effects of Intergroup Dialogue. *Biren (Ratnesh) Nagda, PI*
- Adolescent Challenges and Strengths in HIV Prevention. *Blair Beadnell, PI; Diane Morrison, Elizabeth Wells, and Marilyn Hoppe, Co-PIs; Taryn Lindhorst, Kimberly Balsam, Investigators*
- Adolescent Family Life Project Evaluation. *Maggie McKenna, PI*
- Alcohol and Women's Cognitive Mediation of HIV Risk Taking. *Diane M. Morrison, Co-PI; Kelly Davis, Co-I*
- American Indian Vietnam Veterans Project. *Karina Walters, PI*
- Building on Strengths. *Tessa Evans-Campbell, PI; Stan de Mello, Karina Walters*
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- Cambodians Sentenced Home: An Examination into the Lives of the Deported. *Tracy Harachi, PI*
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- Caregiving within Historically Disadvantaged Communities. *Karen I. Fredriksen-Goldsen, PI*
- Casey Field Office Mental Health Project. *Casey Family Programs: Catherine Roller White, PI*
- Chapin Hall Racial Multi-State Data Archive and Performance Framework. *Casey Family Programs: Fred Wulczyn, PI*
- Combined Marginal Tax Rates Facing Low-Income Workers. *Jennifer Romich, PI*
- Community Youth Development Study – International Supplement. *J. David Hawkins, PI; Kevin Haggerty, Sabrina Oesterle*
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- Consciousness-Raising and Non-Residential Fathers. *Pauline I. Erera and Nehami Baum*
- Consejo Latino Youth Violence Prevention Program. *Gino Aisenberg*
- Crime During the Transition to Adulthood. *Mark E. Courtney, PI; Gretchen Ruth Cusick, Co-I*
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- CSWE National Center for Gerontological Social Work Education. *Nancy Hooyman, PI*
- Culturally Relevant Interpersonal Psychotherapy for Perinatal Depression. *Nancy Grote, PI*
- Developing an Antiretroviral Adherence Program in China. *Bu Huang, Co-PI; Karen Fredriksen-Goldsen, Co-I*
- Development and Psychopathology into Adulthood. *Richard Kosterman, PI; David Hawkins, Richard Catalano, Alex Mason, Jim Mazza, Todd Herrenkohl, Karl Hill*
- Early Head Start – UW Partnership Evaluation. *Maggie McKenna, PI for Evaluation; Susan Spieker, Project PI*
- Education and Health among Racial Groups. *David Takeuchi, PI; Karen Lincoln*
- Education Scholarship Benchmarking Collaborative with the Wilder Foundation. *Casey Family Programs: Kirk O'Brien, Peter Pecora, PIs*
- Effects of Alcohol Consumption, Partner Drinking, and Violence on Heterosexual HIV Risk. *Kelly Davis, PI*
- Emotional Expression and Cancer Caregivers. *Shelby Langer, PI*
- Evaluation of an In-Shelter, Brief Therapy Intervention at the Domestic Abuse Women's Network. *Taryn Lindhorst, PI; Emiko Tajima, Co-PI*
- Evaluation of the Sound Families Initiative. *Jami M Bodonyi, PI; Laura Orlando, Briana Yancey*
- Evidence-Based Mental Health Treatment for Youth in Foster Care. *Casey Family Programs: Dana Schultz, Anita Chandra, PIs (RAND); Peter Pecora, Project Officer*
- Family Connections – Examining the Efficacy of “Parents Who Care.” *Kevin Haggerty, PI; Richard F. Catalano, Jr., Tracy Harachi, J. David Hawkins*
- Family Group Conferencing, Connected and Cared For: Evaluation. *Briana Yancey, PI*
- Financial Asset-Building Strategies and the Well-Being of Children and Youth in Poverty. *Jennifer Romich, PI*
- First AME FRESH Start Project Evaluation and Law School Clinic Community Stakeholder Needs Assessment. *Maggie McKenna, PI*
- Foster Care Clinical R&D Mental Health Demonstration Project. *Casey Family Programs: Peter Pecora, PI*
- Foster Youth Employment Demonstration Project. *Casey Family Programs: Kirk O'Brien, PI*
- Foster Youth in Transition. *Mark E. Courtney, PI*
- Girls First Project Evaluation. *Maggie McKenna, PI*
- Hartford MSW Advanced Curriculum Project. *Nancy Hooyman, PI; Sadhna Diwan, Investigator*
- Hartford Planning Grant for National Center for Family Care Initiatives. *Nancy Hooyman, Rhonda Montgomery (University of Wisconsin-Milwaukee), and Judith Gonyea (Boston University), Co-PIs*
- Hartford Practicum Project, 2006–2008. *Nancy Hooyman, PI*
- Hartford Rand UW Center for Interdisciplinary Geriatric Research. *Barbara Cochrane, Nursing; Elizabeth Phelan, Co-PIs; Nancy Hooyman, Lead Faculty*
- Health Survey of Two-Spirited Native Americans. *Karina Walters, PI; Tessa Evans-Campbell*
- Healthy Homes/Healthy Kids. *Rona Levy, PI*
- Hetero-Gay Families. *Dorit Segal-Engelchin, Pauline I. Erera, and Julie Cwikel*
- Heterosexual HIV Risk: Effects of Men's Alcohol Use and Intimate Partner Violence. *Kelly Davis, PI*
- Heterosexual HIV Risk: Effects of Men's Alcohol Use and Sexual Violence. *Kelly Davis, PI*
- HIV Stops with Me. *Keith Barland, PI*
- HIV Supplement to Raising Health Children. *Richard F. Catalano, Jr., PI*
- Infant Mental Health in Child Welfare: Community-Based Participatory Research. *Maureen Marcenko, Co-PI; Monica Oxford, Co-PI*
- Integrated Data Collection System. *Richard Catalano, PI*
- Interdisciplinary Outreach to the Underserved Senior Adult Population. *Annie Lam (Pharmacy), Asuman Kiyak (Dentistry), Karen Fredriksen-Goldsen, Nancy Hooyman, Co-Investigators*
- Intergenerational Transmission of Illness Behavior. *Rona L. Levy, PI*
- Life Course Trajectories of Substance Use and Crime. *Ross Matsueda, PI; Elena Eroshva, Co-Investigator*
- Long-Term Follow-up of Focus on Families. *Kevin Haggerty, PI; Richard F. Catalano, Jr., Co-PI*
- Longitudinal Exposure to Family Violence. *Todd Herrenkohl, PI; Richard Catalano, Emiko Tajima*
- Los Angeles Neighborhood-Based Prevention. *Casey Family Programs: Kristin Ward, Jane Yoo, PIs*
- Maintenance-Tailored Obesity Treatment (LIFE). *Rona L. Levy*
- Maternal and Infant Care Center Database – Depression and Anxiety in Pregnancy Study. *Amelia Gavin, PI; Jennifer Melville, Co-PI*
- Mental Health Prevention Research Training Program. *Paula Nurius, PI*
- Mental Health, Domestic Violence and Economic Insecurity. *Taryn Lindhorst, PI*
- Mockingbird Family Model Evaluation. *Maggie McKenna, PI*
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- Multiple Perspectives on Battered Mothers and Their Children Fleeing to the US for Safety: A Study of Hague Convention Cases. *Jeffrey Edleson, PI; Taryn Lindhorst, Co-PI*
- National Drug Abuse Treatment Clinical Trials Network: Washington Node T. *Elizabeth Wells, Co-PI; Ron Jackson, Co-PI*
- National Latino and Asian-American Study. *David Takeuchi, PI*
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- Powerful Families Evaluation. *Casey Family Programs: Kristin Ward, PI*
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- Prevention Organizations with Empowerment Resources on the Net (PowerON!). *Keith Barland, PI*
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- Psychophysiology of IBS. *Rona L. Levy, Co-PI*
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- Raising Healthy Children: Bedford County, Pennsylvania. *Richard F. Catalano, Jr., PI, Kevin Haggerty*
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- Rural Family and Community Drug Abuse Prevention Project (Iowa Project). *J. David Hawkins, PI; Richard Kosterman, W. Alex Mason, Kevin Haggerty*
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- Seattle Social Development Project – Substance Use and the Consolidation of Adult Roles. *J. David Hawkins, PI; Karl G. Hill, Richard F. Catalano, Jr., Richard Kosterman, Todd I. Herrenkohl, Jennifer Bailey, Sabrina Oesterle*
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- The Seattle-Chicago National Chain Restaurant Employment Study. *Anna Haley-Lock, PI*
- The Self-Sufficiency Standard, Updates, and Demographic Profiles. *Diana Pearce, PI*
- The Washington State Restaurant Employment Study. *Anna Haley-Lock, PI*
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- West Coast Poverty Center. *Marcia K. Meyers, PI*
- Youth with Co-Occurring Disorders Violence Prevention Project of Yakima Farm Workers Clinic. *Gino Aisenberg*



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