

Dear pharmacist:

_____ has a condition called galactosemia that prevents him/her from metabolizing the sugars galactose and lactose. Because galactose and lactose are used as fillers in many medications, it is important that any medications be checked to see if they contain these two sugars.

Unless the medication is urgently needed, attempts should be made to find a brand or generic form of a drug that does not contain galactose or lactose. This should be rechecked whenever there is a switch from one brand of a drug to another brand of the same drug as galactose and lactose use varies from company to company including among generic drug forms.

Your assistance in choosing over-the counter medication may also be requested.

Any specific medical questions may be referred to the University of Washington metabolic Genetics clinic at (206) 548-4030.

Thank you for your assistance.

Sincerely,