

# Transition Timeline for Children and Adolescents with Tyrosinemia

Children and families experience many transitions, large and small, over the years. Some predictable transitions occur: when children transition from preschool programs into kindergarten, when they approach adolescence, and when children move from adolescence into adulthood. Other transitions children make include moving into new school programs, working with new care providers, and making new friends. Transitions involve changes: adding new expectations, responsibilities, or resources, and letting go of others.

As a parent of a child with tyrosinemia, you may be caught up in day to day activities. You may ask, “How can I think about tomorrow when I’m just trying to make it through today?” But when those moments come when you can catch your breath it may be helpful to be aware of those transitions and allow yourself to think about the future.

The Transition Timeline for Children and Adolescents with Tyrosinemia may help you remember the milestones your child has achieved, the progress your family has made, and may help you think about the future. We hope this timeline will give you ideas to help your child and teen achieve independence in his/her own health care and other areas of life as he/she grows.

---

Developed by the Adolescent Health Transition Project sponsored by the Children with Special Health Care Needs Program, Washington State Department of Health and the Clinical Training Unit, University of Washington, 1995. Based on a model developed by Dr. Stephen L. Kinsman, Kennedy Krieger Institute. 206-685-1358. <http://depts.washington.edu/healthtr/>



In collaboration with:



Infant Toddler Early  
Intervention Program

