

RICHARD EUGENE BERGER, M.D.

**Curriculum Vitae
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PERSONAL DATA

Date of Birth: November 6, 1946
Place of Birth: Auburn, Nebraska
Citizenship: U.S.A.

EDUCATION

1965-1969 BA, Biology, University of Chicago, Chicago, Illinois
1969-1973 MD, University of Chicago, Chicago, Illinois

POST GRADUATE EDUCATION

1972 U.S. Public Health Service Fellowship in Tropical Medicine, San Salvador, El Salvador, Central America
1973-1975 General Surgery Residency, University of Colorado Affiliated Hospitals, Denver, Colorado
1975-1976 Urology Residency, University of Washington Affiliated Hospitals, Seattle, Washington
1976-1977 Fellowship in Infectious Disease, University of Washington Affiliated Hospitals, Seattle, Washington
1977-1979 Urology Residency, University of Washington Affiliated Hospitals, Seattle, Washington

FACULTY POSITIONS

- 1978-1979 Instructor, Department of Urology, University of Washington Affiliated Hospitals, Seattle, Washington
- 1980-1985 Affiliate, Regional Primate Research Center, University of Washington, Seattle, Washington
- 1979-1983 Assistant Professor, Department of Urology, University of Washington Affiliated Hospital, Seattle, Washington
- 1981-1989 Director, Male Fertility Laboratory, University of Washington, Seattle, Washington
- 1983-1992 Associate Professor, Department of Urology, University of Washington Affiliated Hospitals, Seattle, Washington
- 1987- 1989 Director, Harborview Reproductive and Sexual Medicine Clinic, Seattle, Washington
- 1989- Director, University of Washington Reproductive and Sexual Medicine Clinic, Seattle, Washington
- 1992- Professor, Department of Urology, University of Washington Affiliated Hospitals, Seattle, Washington

HOSPITAL POSITIONS

- 1979- Attending Physician: University of Washington Affiliated Hospitals, Seattle, Washington
- Attending Physician: Children's Orthopedic Hospital, Seattle, Washington
- 1981-1984 Chief, Urology Service, Veterans Administration Medical Center, Seattle, Washington
- 1984-1989 Chief, Department of Urology, Harborview Medical Center, Seattle, Washington

HONORS

- 1986 1st Place Paper, Northwest Urological Society
- 1990 2nd Place Paper, Northwest Urological Society
- 1991 2nd Place Paper, Northwest Urological Society
- 1994 First Place Poster Western Section AUA
- 1994–2005 Elected to Best Doctors in America

BOARD CERTIFICATION

- 1981 American Board of Urology

LICENSURE TO PRACTICE

- 1974 Colorado
- 1975 Washington

PROFESSIONAL ORGANIZATIONS

- 1975 American Andrology Society
- 1981 American Fertility Society
- 1981 American Venereal Disease Association
- 1981 King County Medical Society
- 1981 Washington State Medical Society
- 1983 American Urological Association
- 1983 Northwest Urological Society
- 1985 Western Section of American Urological Association
- 1990 American Association of Sex Educators, Counselors and Therapists
- 1993 Society for the Study of Impotence

1993 Society for the Study of Male Reproduction

2001- International Society for the Study of Pain

2001- American Pain Society

2001- Pain of Urogenital Origin

SPECIAL NATIONAL RESPONSIBILITIES

1982 Consultant, Venereal Control Division, Center for Disease Control, Atlanta, Georgia

1984- Ad hoc reviewer, *Journal of Urology*

1988- Ad hoc reviewer, *Urology*

1988- Ad hoc reviewer, *Fertility and Sterility*

2000- Ad hoc reviewer *International Journal of Impotence Research*

2004- Editor of Infection and Inflammation or Urologic Survey in *Journal of Urology*

1988-94 Member, Patient Education Committee of the American Fertility Society

1991-94 Member, Male Reproduction/Urology Committee of the American Fertility Society

1991- Member, AUA ad hoc committee on Sexually Transmitted Diseases

1991 Member, NIH Review Council on Interstitial Cystitis

1994-98 Associate Editor, Clinical Care of Prostatic Diseases

1996- Member, Practice Committee of American Society of Reproductive Medicine

1998- External Advisory Committee, NIDDK Chronic Prostatitis Collaborative Research Network (CPCRN)

- 2000- Member, NIH/NIDDK CPRN
- 2001-2005 American Board of Urology Examination Committee
- 2002- Chairman, NIH Strategic Planning Committee for Chronic Prostatitis Patient Education
- 2002- American Foundation for Urologic Disease (AFUD) Thought Leader Panel for evaluation and treatment of priapism.
- 2003- Newsletter Editor, PUGO (pain of genito-urinary origin)
- 2003- Member, European Task Force to Classify Pelvic Pain

SPECIAL LOCAL RESPONSIBILITIES

- 1979-1990 Supervisor, Medical Student Urological Education, University of Washington
- 1981-1984 Infection Control Committee, Veterans Administration Medical Center, Seattle, Washington
- 1983-1984 Cost Control Committee, Veterans Administration Medical Center, Seattle, Washington
- 1983-1984 GREEC Committee on Patient Education, Veterans Administration Medical Center, Seattle, Washington
- 1984 Spinal Cord Center Policy Committee, Veterans Administration Medical Center, Seattle, WA.
- 1985- Reproductive Technology Committee. Advisory to Dean of University of Washington Medical School
- 1985-1986 Chairman, VA Search Committee for Chief of Division of Urology
- 1984-1985 Member Course Committee for Urinary System Course Medical School Curriculum
- 1985-1987 Faculty Council on Community Services, University of Washington

- 1986-1987 Infection Control Committee, Harborview Medical Center, Seattle, Washington
- 1986-1987 Board of Directors. Resolve Infertility Support Group.
- 1986-1989 Medical Director. Washington Interstitial Cystitis Association
- 1986-1990 University of Washington Faculty Senate
- 1993-2003 University of Washington Medical Center Medical Staff Executive Committee

PUBLICATIONS

1. Grossman JA, Berger RE, Hoehn RJ: Kaposi's varicelliform eruption complicating local facial trauma. *J Pla Surg* 55:625-627, 1975.
2. Harnish JP, Berger RE, Alexander ER, Monda G, Holmes KK: Etiology of acute epididymitis. *Lancet* 1:819-821, 1977.
3. Berger RE, Alexander ER, Monda GD, Ansell J, McCormack G, Holmes KK: Chlamydia trachomatis as a cause of acute "idiopathic" epididymitis. *New Eng J Med* 298:301-304, 1978.
4. Berger RE, Alexander ER, Harnish JP, Paulsen CA, Monda GD, Ansell J, Holmes KK: Etiology, manifestations, and therapy of acute epididymitis: prospective study of fifty cases. *J Urol* 121:750-754, 1979.
5. Holmes KK, Berger RE, Alexander ER: Acute epididymitis: etiology and therapy. *Arch Androl* 3:309-316, 1979.
6. Berger RE, Holmes KK, Mayo ME, Reed R: The clinical use of epididymal aspiration cultures in the management of selected patients with acute epididymitis. *J Urol* 124:60-61, 1980.
7. Berger RE, Ansell J, Tremann JA, Herz JH, Rattazzi LC, Marchioro TL: The use of self-retained ureteral stents in the management of urological complications in renal transplant recipients. *J Urol* 124:781-782, 1980.
8. Berger RE, Hickman RO, Shurtleff DB, Ansell J: Reflux in uremic children: prognostic indications for treatment and survival. *JAMA* 246:56-59, 1981.

9. Berger RE: Editorial: Etiology and management of epididymitis. *Sexually Transmitted Diseases* 8:286-289, 1981.
10. Berger RE, Critchlow CW, Karp LE, Smith D, Koehler J, Spadoni LR, Moore DE, Holmes KK, Stenchever MA: The relationship of pyospermia and seminal fluid bacteriology to sperm function as reflected in Sperm Penetration Assay. *Fertil Steril* 37:557-564, 1982.
11. Berger RE: Nongonococcal urethritis and related syndromes. In: *Monographs in Urology*. Ed. Stamey TA, 3:64-95, 1982.
12. Berger et al, and CDC: Sexually-transmitted disease guidelines. *MMWR*31 (No. 25):335-624, 1982.
13. Stenchever MA, Spadoni LR, Smith LD, Karp LE, Shy KK, Moore DE, Berger RE: Benefits of the Sperm (hamster ova) Penetration Assay (SPA) in the evaluation of the infertile couple. *Am J Obstet Gynecol* 143:91-94, 1982.
14. Fairchild TN, Shuman W, Berger RE: Radiographic studies for women with recurrent urinary tract infections. *J Urol* 128:344-345, 1982.
15. Berger RE: Urethritis and epididymitis. *Seminars in Urology*, WF Fair (ed), 1(2):138-145, 1983.
16. Berger RE: Transurethral ureteroscopy and nephroscopy in adult men and women using standard adult endoscopic equipment. *J Urol* 129:581-583, 1983.
17. Berger RE, Ireton R: Combined suprapubic and infrapubic ligation of the dorsal vein of the penis in total prostatectomy. *J Urol* 130:1107-1109, 1983.
18. Berger RE, Smith D, Huson J, Critchlow C, Barnes GW, Stenchever MA: The relationship of serum anti-sperm antibodies in men from infertile couples to the in vitro Sperm Penetration (hamster ova) Assay (SPA). *Surg Forum* 1983.
19. Berger RE, Smith DS, Critchlow CW, Stenchever MD, Moore DE, Spadoni LR, Holmes KK: Improvement in the Sperm Penetration (hamster ova) Assay (SPA) results after doxycycline treatment of infertile men. *J Androl* 4:126-130, 1983.
20. Gasparich JP, Berger RE, Mason JT: Use of nerve stimulator for simple and accurate obturator nerve block before transurethral resection. *J Urol* 132:291-293, August 1983.

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23. Lipsky BA, Inui TS, Plorde JJ, Berger RE: Is the clear catch midstream void procedure necessary for urine culture specimens in men? *Am J Med* 76:257-262, 1984.
24. Shy KK, Stenchever MA, Berger RE, Karp LE, Leonard J: Genital tract examinations with zona free hamster penetration test from men exposed in utero to DES. *Fertil Steril* 42:772-778, 1984.
25. Gasparich JP, Mason JT, Greene HL, Berger RE, Krieger JN: Noninfectious epididymitis associated with amiodarone therapy. *Lancet* 2:1211, 1984.
26. Kessler DL, Smith WD, Hamilton MS, Berger RE: Infertility in mice after unilateral vasectomy. *Fertil Steril* 43:308-312, 1985.
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30. Berger RE, Muller CH, Smith D, Forster M, et al.: Operative recovery of vasal sperm from anejaculatory men. *J of Urol* 135(5):948-50, 1986.
31. Nagao RR, Paulsen CA, Plymate SR, Berger RE, Perrin EB: Comparison of gonadal function between fertile and infertile men with varicoceles. *Fert Ster* 46:930, 1986.
32. Berger RE, Kessler D, Holmes KK: The etiology and manifestations of epididymitis in young men: Correlations with sexual orientation. *J Inf Dis* 155, No. 6, June 1987.

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44. Schwartz AN, Lowe M, Ireton R, Berger R: Comparison of Penile Brachial Index and Angiography Evaluation of Corpora Cavernosal Arterial Inflow. *J Urol* 143:510-513, 1990

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52. Roberts MC, Pang Y, Riley DE, Hillier SL, Berger RE, Krieger JN: Detection of the Tet M and Tet O tetracycline resistance genes by polymerase chain reaction. *Molec Cell Probes* 7:387-393, 1993.
53. Ozkurkcugil C, Cardenas D, Hartsell C, Berger: Electroejaculation using standard nerve stimulation equipment and Teflon-coated needles. *Fertility and Sterility* 60(6) 1094-1095, 1993.
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57. Kuhr CS, Heiman J, Cardenas D, Bradley W and Berger RE: Premature Emission after Spinal Cord Injury. *J Urol* 153:429-431, 1995.

58. Santucci RA and Berger RE: "Finger trap" Penile Lengthening after Partial Penectomy by Multiple Incisions in Tunica Albuginea. *J Urol* 154:530-532, 1995.
59. Berger RE: Remodeling for Peyronie's disease with implants. *Contemporary Urology* 7:45, 1995
60. Miller JL, Bavendam TG, Rothman I, Berger RE: Prostatodynia and Interstitial Cystitis: One in the Same? *Urology* 45:587-590, 1995.
61. Wenninger K, Heiman JR, Rothman I, Berghuis JP, and Berger RE: Sickness Impact of Chronic Nonbacterial Prostatitis and Its Correlates. *J Urol* 155:965-968, 1996.
62. Linet OI, Ogring FG for the Alprostadil Study Group (including Berger RE): Efficacy and Safety of Intracavernosal Alprostadil in Men with Erectile Dysfunction. *NEJM* 334:873-877, 1996.
63. Krieger JN, Berger RE, Ross SO, Rothman I and Muller C: Seminal Fluid Findings in Men with Nonbacterial Prostatitis and Prostatodynia. *J Androl* 17:310-318, 1996.
64. Krieger JN, Egan KJ, Ross SO, Jacobs R and Berger RE: Chronic Pelvic Pains Represent the Most Prominent Urogenital Symptoms of "Chronic Prostatitis." *Urology* 48:715-722, 1996.
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67. Berger RE, Krieger JN, Rothman I, Muller CH and Hillier SL: Bacteria in the Prostate Tissue of Men with Idiopathic Prostatic Inflammation. *J Urol* 157:863-865, 1997.
68. Chen GL, Kowitz AS, Berger RE: Reinforcement of semirigid penile implant. *J Urol* 157:2258, 1997.
69. Yang CC, Bradley WE, Berger RE: The effect of pharmacologic erection on the dorsal nerve of the penis. *Muscle & Nerve* 14:1439-1444, 1997.

70. Leng Z, Riley DE, Berger RE, Krieger JN and Roberts MC: Distribution and mobility of the Tetracycline resistant determinant Tet Q. *J Antimicrob Chemother* 40(4):551-9, 1997.
71. Berger RE, Miller, J, Rothman I, Krieger JN, and Muller CH: Bladder Petechiae after Cysto-hydrodistention in Men Diagnosed with Prostate Pain. *J Urol* 159:83-85, 1998.
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73. Shapiro R, Muller C, Chen G, and Berger R: Vasectomy reversal is associated with increased reactive species production by seminal fluid leukocytes and sperm. *J Urol* 160:1341-1346, 1998.
74. Berger, R: Triangulation end-to-side vasoepididymostomy. *J Urol* 159:1951-3, 1998.
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76. True LD, Berger RE, Rothman I, Ross SO, Krieger JN: Prostate histopathology in chronic prostatitis/chronic pelvic pain syndrome: A prospective biopsy study. *J Urol* 162(6):2014-8, 1999,
77. Deck AJ and Berger RE: Painful retractile testicle and gore-tex external inguinal ring reconstruction. *Techniques in Urology* 5(4):219-222, 1999.
78. Nickel JC, True LD, Krieger JK, Berger RE, Boag AH, Young ID, and the participating members of the North American Chronic Prostatitis Collaborative Research Network: Consensus development of a histopathological classification system for chronic prostatitis. *J. Urol* 162:2014-2018, 1999.
79. Deck AJ and Berger RE: Fertility outcome after repeat vasoepididymostomy. *J Urol* 163(1):105-6, 2000.
80. Berger RE and Deck AJ: Should vasectomy reversal be performed for men with older female partners? *J Urol* 163:105-106, 2000.

81. Keener TS, Winter TC, Berger R, Krieger JN, Noddell C, Rothman I, and Nghiem HV: Prostate Vascular Flow: the effect of ejaculation as revealed on transrectal power Doppler sonography. *AJR* 175(4):1169-1172., 2000.
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83. Lee JC, Yang CC, Kromm BG, and Berger RE: Neurophysiologic Testing in Chronic Pelvic Pain Syndrome: A pilot study. *Urology* 58(2):246-50, 2001.
84. Berger RE: Letters of Condolence. *N Engl J Med* 345(5):374, discussion 375, 2001.
85. Nickel JC, True LD, Krieger JN, Berger RE, Boag AH, Young ID: Consensus development of a histopathological classification system for chronic prostatic inflammation. *BJU Int* 87(9); 797-805, 2001.
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90. Lee, JC, Muller, CH, Rothman, I, Agnew, KJ, Eschenbach, D, Ciol, MA, Turner, JA, Berger, RE: Prostate Biopsy Culture Findings of Men With Chronic Pelvic Pain Syndrome do Not Differ From Those of Healthy Controls. *J Urol* 169(2):584-8, 2003.

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93. Yang, CC, Lee, JC, Kromm, BG, Ciol, MA, Berger RE: Pain sensitization in male chronic pelvic pain syndrome: why are symptoms so difficult to treat? *J Urol* 170: 823-6; discussion 826-7, Sep 2003.
94. Turner, JA, Ciol, MA, Von Korff, M, Berger, R: Prognosis of patients with new prostatitis/pelvic pain syndrome episodes. *J Urol* 172 (2):538-41, Aug 2004.
95. Turner, JA, Ciol, MA, Von Korff, M, Rothman, I, Berger, RE: Healthcare use and costs of primary and secondary care patient with prostatitis. *Urology* 63(6):1031-5, Aug 2004.
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98. Turner, JA, Ciol, MA, Von Korff, M, Berger, RE: Prognosis and worries of men seeking care for pelvic pain. *JAMA (submitted)*.
99. Dunphy, EJ, Eickhoff, JC, Muller, CH, Berger, RE, McNeel, DJ: Identification of Antigen-Specific IgG in Sera from Patients with Chronic Prostatitis. *J Urol (submitted)*.
100. Ullrich, PM, Turner, JA, Ciol, M, Berger R: Stress predicts subsequent pain and disability among men with prostatitis. *Psychosomatic Medicine (submitted)*.
101. Turner, JA, Ciol, MA, Von Korff, M, Liu, Y, Berger, R: Men with pelvic pain: perceived helpfulness of medical and self-management strategies. *Clin J Pain, (in press)*.
102. Turner, JA, Cio, MA, Von Korff, M, Berger, R: Health concerns of patients with nonbacterial prostatitis/pelvic pain. *Arch of Int Medicine, (in press)*.

103. Walsh, T, Tran, K, Berger, RE, Wessells, H: Traumatic intracorporal septal avulsion resulting in cavernous veno-occlusive dysfunction. *Intl J Impotence Research* 11: 1038-1039, Nov 2004.
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105. Turner, JA, Ciol, M, VonKorff, M, Berger, RE: Health Concerns of Patients with Nonbacterial Prostatitis/Pelvic Pain. *Arch Intern Med.* 2005; 165:1054-59.

CHAPTERS

1. Berger RE: Infections of the male genital tract, In: Current Endocrinologic Therapy, Krieger DT and Bardin CW (eds), B.C. Decker, Inc., pp. 358-362, 1983.
2. Berger RE: Epididymitis, In: Diagnosis and Treatment of Sexually Transmitted Diseases, McCormack WM (ed), psg Publishing Company, pp. 33-40, 1983.
3. Koehler JK, Berger RE, Smith D, Karp LE: Spermophagy, In: Atlas of Human Reproduction, MPP Press Ltd, 1983.
4. Berger RE: Infections of the male genital tract. In: Current Endocrinologic Therapy. Krieger DT and Bardin CW, eds, B. C. Decker, Inc., 1984.
5. Berger RE: Approach to common clinical syndromes: epididymitis. In: Sexually Transmitted Diseases. Holmes KK, et al., eds, McGraw-Hill, 1984.
6. Alexander N, Berger RE: Approach to special clinical problems in reproduction and perinatology: Infertility in the Male. In: Sexually Transmitted Diseases, Holmes KK, et al, eds, McGraw-Hill, 1984.
7. Ireton RC, Berger RE: Prostatitis and epididymitis. *Urologic Clinics of North America*, 11:83-94, 1984.
8. Holmes KK, Bell TE. Berger RE: Epidemiology of sexually transmitted diseases. *Urologic Clinics of North America*, 11:3-13, 1984.
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10. Berger RE: Sexually Transmitted Diseases. Campbell's Textbook of Urology, 5th Edition, Walch PC, Gittes RE, Perlmutter AD, Stamey TA, eds, W. B. Saunders Co., 1985.
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12. Berger RE, Holmes KK: Infectious causes of infertility. In: Male Sexual Dysfunction. Diagnosis and Management of Hypogonadism, Infertility, and Impotence. Santen RJ and Swerdloff RS (eds), Marcel Dekker, Inc., 1986.
13. Berger, RE: Genital tract infection and male infertility. In: Current Therapy of Infertility-3. Garcia, Mastroianni, Amelar and Dubin (eds), B.C. Decker, Inc., 1987.
14. Berger, RE, Mayer BM: Sexually transmitted diseases in men. In: General Urology. McAninch JW (ed), Lange Medical Publications, 1988.
15. Close CE, Berger RE: Immunology of chlamydia infection. Perspectives in Immunopreproduction. S Mathur and CM Fredericks (eds.), Hemisphere Publishing Corporation, 1988.
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19. Berger RE: Sexually transmitted diseases, the classic disease. In: Campbell's Urology, Sixth Edition, Walsh PC, Retik AB, et al., eds, Philadelphia, WB Saunders, 1990, pp. 823-845.
20. Mayer BM, Berger RE: Sexually transmitted diseases in males. In: General Urology, Thirteenth Edition, Tanago EA, McAunich JW, eds, Norwalk, Conn, Appleton and Lange, 1992, pp 257-270.
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OTHER SUPPORT

BERGER, R.

ACTIVE

(Berger) 5/30/90 - 10/31/05
15%

Paul G. Allen Medical Research Foundation \$300,000
Idiopathic Prostatitis Visceral Pain Study

The major goals of this study are to describe differences in men with and without prostatitis; describe psychological, social and sexual impacts of prostatitis; model diseased and normal prostate glands; and maintain serum, semen and prostatic tissue bank.

5 U01 DK 065287-03 (Berger) 7/1/03 – 2/28/08
23%

NIH/NIDDK \$165,016

Becoming a member of the CPRN

The major goals of this program are to establish a clinical center for the study and treatment of chronic pelvic pain in men and to co-operate with and contribute with other investigators in establishing and conducting multi-center clinical trials.

5 U01 DK065202-02 (Berger) 7/1/03 – 2/28/08
15%

NIH/NIDDK \$177,161

Becoming a member of the ICCRN-for IC

The long-term goals of this program are to establish a clinical center for the study and treatment of chronic pelvic pain in both genders and to co-operate with and contribute with other investigators in establishing and conducting multi-center clinical trials.

3 U01 DK065202-01S1 (Berger) 9/01/04 – 2/28/08 2%
NIH/NIDDK \$115,678

UPPCRN Ancillary Study: Evaluation of Heterogeneity in Urothelial Cells in Interstitial Cystitis and Clinical Management of the Disease by Recombinant Modulators

It is our hope that our studies will provide new, mechanistic insights into urothelial cell proliferation, whether such proliferation has gone awry in IC, and whether IC patients have a greater proportion of cells that are compromised with respect to proliferation and differentiation than non-IC patients. The innovative use of our recombinant modulators is expected to provide the clinician with new tools by which to better manage, and ultimately treat, this disease. Dr. Berger will evaluate potential patients and refer patients for urine specimens. Dr. Berger will also oversee the performance of work and assist in the interpretation of the results.

(Berger) 7/1/03 – 6/30/06
5%
Pfizer, Inc. 50,300
Trial of Viagra in Men with Chronic Pelvic Pain Syndrome Type III

The major goal of this study is to perform a pilot randomized controlled trial of Viagra® 50mg orally given daily for 3 months in men with CPPS type 3. Thirty men will be recruited from the clinic of the PI at the University of Washington and from advertisements

PENDING

(Miller) 1/1/05 – 6/30/05
1%
Cennapharm \$100,000
Feasibility Study of Investigational Agent CUUF-401 vs. Placebo in Treatment of Urinary Frequency and Urgency in Women

The major goal of this study is to perform a double blind, randomized, placebo controlled pilot study to assess the efficacy of study agent CUUF-401 versus placebo in the treatment of urinary frequency and urgency syndrome defined by voiding 12 or more times per day as determined by Voiding Diary, AUS Score and Interstitial Cystitis Score. Dr. Berger is a consultant on this study.