



UW AUTISM CENTER

CENTER ON HUMAN DEVELOPMENT & DISABILITY

UNIVERSITY of WASHINGTON

Level 3

Side-by-Side Coaching

Level 2

Supervised Consultation

Level 1

Trainings & Workshops

Training & Consultation: A Leveled Approach to Service Delivery

At the **UW Autism Center**, we offer a **leveled approach** to service delivery to provide our clients with the most comprehensive support that fits their needs. We offer three levels, as illustrated above. Our levels may be utilized independently, or more oftentimes simultaneously in order for our staff to offer guidance, support, and build capacity for our clients. **Level One** includes delivery of information for the adult learner: trainings and workshops that fit the needs of the client, and provide useful instruction to staff related to the student or populations of interest. **Level Two** represents supervised consultation with personnel at the classroom level to offer ongoing support and skill maintenance. **Level Three**, our most supportive form of consultation, includes side-by-side demonstration and coaching of strategies with feedback to the client.

Level 1 trainings and workshops are individualized based on the needs of the district, classroom, or students of interest. Some common topics include:

- Introduction to ABA and Environmental Arrangement
- Basic Understandings of Autism
- Teaching Strategies
- Group Instruction and Inclusion Strategies
- Instructional Program and Data Collection
- Communication Supports
- Social Skills
- Activities of Daily Living
- Autism and Mental Health
- Challenging Behaviors
- Supporting Adolescents and Adults with Autism
- Obsessive-Compulsive Behaviors in Individuals with ASD
- Goal-Writing Workshops

Level 2 supervised consultation

- Initial and on-going observation in classroom and debrief meeting with school team
- Development of recommendations and fidelity checklist
- Meet with classroom staff at team meetings (after/before school)
- Case conferencing



Level 3 side-by-side coaching may include:

- Demonstration of strategies
- Development or supporting the development of tools such as activity matrix, instructional program, or data sheet
- Coaching from direct observation of staff member implementing strategy or tool

For more information about Trainings and Consultations, contact our Director of Training and School Services, Robin Talley at:

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