

**The UW Autism Center does not endorse or claim to have personal knowledge of each of those listed below (other than the UW Autism Center), nor necessarily agree with information listed on website sources. There are likely other resources who are not included on this list. Please use independent judgment when considering the use of services or resources from any professional or agency.*

COVID/Autism Grants & Resources

General Autism/DD/Medical Grants (Non-COVID)

Note: Much of this list is from <https://www.centerforautism.com/resources/autism-associations/>. I removed all the ones that would not apply to our clients.

Autistic People of Color Fund

The Autistic People of Color Fund will provide direct financial support to autistic people of color through individual microgrants of amounts between \$100 to \$500.

<https://autismandrace.com/autistic-people-of-color-fund/>

Autism Care Today

Autism Care Today is a nonprofit 501(c)3 organization whose mission is to raise awareness and provide treatment services and support to families affected by autism.

<http://www.act-today.org>

Friends of Man

Note: Must be referred by a professional to receive this grant.

Grants for therapy, equipment, and other needs. Must have a sponsor such as an agency or social worker apply.

<http://www.friendsofman.org/index.php>

Giving Angels Foundation

Funds are awarded on a case by case basis with preference given to lower income and single parent families. Families who wish to receive assistance must complete an application and submit required supporting documents.

<http://givingangelsfoundation.org/>

United Healthcare Individuals' Foundation (do NOT need to be insured by United)

The UnitedHealthcare Individuals' Foundation is a 501(c)(3) non-profit charity dedicated to facilitating access to medical-related services that have the potential to significantly enhance either the clinical condition or the quality of life of the individual and that are not fully covered by the available commercial health benefit plan.

<http://www.uhccf.org/apply/>

First Hand

First Hand is dedicated to impacting the health of children, their families and communities through reactive and preventative initiatives. To fulfill that mission, we provide funding for individual children with health-related needs when insurance and other financial resources have been exhausted.

<https://www.firsthandfoundation.org/request-funding/>

Small Steps in Speech

Small Steps in Speech is a 501(c)(3) charitable non-profit organization which provides grants on behalf of children with speech and language disorders for therapies, treatments, communicative devices, and other services aimed at improving their communication skills.

<http://www.smallstepsinspeech.org/grant-application/individuals/>

UHCCF grants

UHCCF's mission is to help fill the gap between what medical services/items a child needs and what their commercial health benefit plan will pay for. UHCCF grants provide financial help/assistance for families with children that have medical needs not covered or not fully covered by their commercial health insurance plan. *Note: the applicant does NOT need to be covered by UHC.

<https://www.uhccf.org/apply-for-a-grant/>

COVID Grants (Not Autism-Specific)

Freelancers Relief Fund

Freelancers Relief Fund will offer financial assistance of up to \$1,000 per freelance household to cover lost income and essential expenses not covered by government relief programs, including: Food/food supplies; Utility payments; Cash assistance to cover income loss. 100% of all donations will be distributed directly to freelancers in need.

[https://www.freelancersunion.org/resources/freelancers-relief-fund/?ct=t\(Shiftboard IC Form 162 1 2017 COPY 03\)](https://www.freelancersunion.org/resources/freelancers-relief-fund/?ct=t(Shiftboard IC Form 162 1 2017 COPY 03))

One Fair Wage Emergency Fund

We're providing cash assistance to restaurant workers, car service drivers, delivery workers, personal service workers and more who need the money they aren't getting to survive.

<https://ofwemergencyfund.org/help>

Southern Smoke Emergency Relief Fund

Southern Smoke is a nonprofit 501c3 charitable foundation. Our Emergency Relief Program provides emergency funding to those employed by or own restaurants or bars or are employed by a restaurant or bar supplier that are faced unforeseen expenses that cannot or will not be covered by insurance. We stand with those in our community and are committed to "taking care of our own".

<https://form.southernsmoke.org/smoke/application/>

HealthWell Foundation COVID-19 Ancillary Costs

Assistance for households that have a positive diagnosis for COVID-19 and have costs associated with delivered food, medication, diagnostics, transportation.

<https://www.healthwellfoundation.org/fund/covid-19-fund/>

The NDN Collective COVID-19 Response Project

Provides immediate relief to Tribal Nations, front line Indigenous-led organizations, and individuals who are providing essential services to Indigenous communities in North America during the current global health pandemic within the next 15-45 days to provide gap resources during this health crisis.

<https://ndncollective.org/covid-19/#apply>

First Responders Children's Foundation COVID-19 Emergency Response Fund

Help for paramedics, emergency medical technicians, police officers, firefighters, and employees directly supporting police and fire departments such as 911 dispatchers in need due to COVID-19.

<https://1strcf.org/>

The Plate Fund (King County, WA)

Financial assistance for restaurant workers in King County, Washington.

<https://www.theplatefund.com/apply>

4Culture: Cultural Relief Fund

One-time grants of up to \$2,000 are available for emergencies related to the COVID-19 virus and to support the creative responses cultural workers offer in times of crisis. The first round of funding will be available through May 15. Apply at any time within that time frame.

<https://www.4culture.org/grants/covid-19-individuals/>

Other Financial Resources

Relief for Military Families

Service members and families who have been affected financially as a result of travel restrictions, closures and other events from the coronavirus can check with their service relief organization to see if emergency help is available.

Army: <https://www.armyemergencyrelief.org/assistance/>

Navy-Marine: <https://www.nmcfs.org/>

Air Force: <https://afas.org/>

Kitsap Community Resources

If you are seeking preschool classes for your child, if you are experiencing homelessness, if you need help keeping your utilities on, or training in order to better compete in today's job market, KCR is here to help. Our programs and services provide you with tools to help you secure a better future for yourself and your family.

<https://www.kcr.org/get-help/>

Cellphone Lifeline Program

They provide free (or low cost) cell service to financially eligible households. One cell phone is available per household through several carrier networks.

<https://www.co.pierce.wa.us/3499/Cellphone-Lifeline-Program>

Comcast Internet Essentials

Comcast Internet Essentials is a program that provides low cost internet (under \$10/month) to low income people and families.

<https://internetessentials.com/>

Tacoma Energy Assistance Program

The Energy Assistance Program (EAP) pays heating bills directly to utility companies for eligible applicants. Payments are based on eligible household's fuel usage for the past 12 months and income. If your household received LIHEAP assistance after October 1, 2019, and you are being affected by COVID-19, you may be eligible for more assistance. Please call 253-798-8700 and answer a few questions.

<https://piercecountywa.gov/1280/Energy-Assistance>

Pierce County Directory of Foodbanks

Pierce County provides a directory of all the foodbanks in the area, including those that accommodate special diets (e.g. gluten free, diabetic, etc.).

<https://co.pierce.wa.us/454/Food-Banks>