

Sleep and Autism A Workshop for Providers

This workshop will review practical forms of home sleep assessment and treatment of sleep problems for providers who serve families of autistic children from 2-11 years of age. The presentation will include a review of subjective and objective measures to assess sleep problems in the home, common sleep problems, evidence-based interventions for addressing these problems, and strategies for supporting families to improve their children's sleep.

Course Objectives:

- Learn ways to assess children's sleep problems
- Learn evidence-based interventions for addressing sleep problems
- Learn strategies for supporting families of children with sleep problems

Who should sign up: BCBAs, birth-3 providers, and others who support families of autistic children 2-11 years of age with sleep problems

Content level: Intermediate

CEUs/Clock hours: 2.0 BACB Learning CEUs and 2.0 WA State approved clock hours **Instructor:** Robin Finlayson, MEd, BCBA



WHEN Available for viewing between July 5 and September 30, 2023

WHERE Recorded Webinar

COST \$60 per person

*10% discount for groups of 5 or more

To register, visit<u>https://cvent.me/XWOb2r</u>.

Advance registration is required.

Email us at uwactrain@uw.edu

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Visit us at www.uwautism.org

