



UW AUTISM CENTER
CENTER ON HUMAN DEVELOPMENT & DISABILITY
UNIVERSITY of WASHINGTON



Illuminating Autism

Saturday, January 30, 2021

Please join us **virtually** for

Illuminating Autism: Building Resilience 5th Annual Benefit & Auction

Saturday, January 30, 2021

6:30 pm PST - Pre-Show Reception

7:00 pm PST - Live Program

Registration is complimentary.

Tickets featuring dinner & cocktail delivery start at \$100.

RSVP at <https://uwautism.ejoinme.org/IlluminatingAutism>

UWAC Research



INFANT
BRAIN
IMAGING
STUDY

Have a child with autism and a new baby? Get paid to participate in research from home!

Who do we need?	<ul style="list-style-type: none"> Families who have a child or children with autism <i>and</i> a new baby 6-months of age or younger Infants and child with autism must share same mom and dad
What do you get?	<ul style="list-style-type: none"> \$50 compensation for completion of remote data collection for each timepoint A detailed results report of your infant's development
What's the point?	<ul style="list-style-type: none"> Identify autism earlier Earlier identification means earlier intervention and improved outcomes

We are actively recruiting 250 infants who have older siblings with autism to participate in brain and behavior development research. Participation occurs when infants are 6-months, 12-months, and 24-months old.

During the uncertain time of the COVID virus, we are currently not able to complete in person research visits. However, we would very much like to include new families performing as much of our research as possible. This would include questionnaires completed online and phone interviews.

Once this crisis has passed and families are able to safely travel to study sites for in person visits, we may be in contact with you regarding opportunities for future participation which could include in person testing. Some families will be asked to continue future visits with remote data collection only.



University of Washington in Seattle
ibisstudy@uw.edu
206-543-2125

University of Minnesota
ibis@umn.edu
612-624-4533

Children's Hospital of Philadelphia
ibis@email.chop.edu
267-425-1727



Washington University in St Louis
ibis@wustl.edu
888-845-6786

University of North Carolina
ibisnetwork@cidd.unc.edu
919-843-1331

Contact the study site near you!
www.ibis-network.org

FOR IRB USE ONLY
IRB ID #: 201901013
APPROVAL DATE: 04/28/20
RELEASED DATE: 04/28/20
EXPIRATION DATE: 02/09/21

Interested families may call us at 1.877.408.UWAC, or [follow this link for more information on how you can be involved.](#)

Recruiting Remote Participants with & without
ASD!



Study Participants Needed

**Do you have an iPhone or iPad?
Is your child between the ages of 7 and 11 years?**

You and your child are invited to take part in a research study at the University of Washington Autism Center.

We are doing research to better understand sleep patterns in children with autism spectrum disorders (ASD). By improving our understanding of sleep problems in ASD new intervention approaches can be developed which may lead to improved behavior, health, emotion regulation, and attention.

The purpose of this research study is to determine if the Psychomotor Vigilance Task (PVT) can be administered to children with ASD. The PVT is a widely used tool in sleep research, meant to measure attention after a night of sleep. The PVT is a 5-minute test where your child will be asked to press anywhere on the screen as soon as you see a red circle.

We are seeking children *with* and *without* an ASD diagnosis to participate.

Principal Investigator:

Annette Estes, Ph.D.
Director, UW Autism Center
Center on Human Development and Disability
University of Washington
estes@uw.edu; 206-221-6806

Co-Investigator:

Jyssa Seebeck, M.S.
Practicum Student at UW Autism Center
Center on Human Development and Disability
University of Washington
seebeckj@uw.edu; 206-291-7489

**If interested, please contact the research team:
seebeckj@uw.edu or 206-291-7489**

Project ECHO



EARLY AUTISM ECHO

EVERY OTHER WEEK
BEGINNING NOVEMBER 4TH

12:00 – 1:00 PM

To register (or for more information),
please contact: Dr. Ashley Penney
abarger2@uw.edu



Project ECHO (Extension for Community Healthcare Outcomes) uses tele-mentorship to facilitate collaboration between clinicians, educators, professionals, etc.

Our purpose is to bring together BCBA's and EI providers working with children with autism three and younger to increase collaboration and share expertise.

Session dates:

2020	Nov 4 th & 18 th	Dec 2 nd & 16 th (TBD)
2021	Jan 13 th & 27 th	Feb 10 th & 24 th
	March 10 th & 24 th	April 7 th & 21 st
	May 5 th & 19 th (TBD)	

Join our ECHO! Early Intervention Educators, SLPs, OTs, and BCBA's welcome.

Our project aims to improve services and increase intervention access to underserved populations; eligible participants must be providers who meet the following requirements. Must be serving:

- Children with autism three and younger
AND
- Medicaid-eligible and/or
- BIPOC children

Topics will focus on selected areas of opposing strength and challenge for each group, to improve practice for all.

REGISTER

Upcoming Training Announcement

Building an Emotion Regulation Toolkit

Virtual learning, hybrid learning, the global pandemic, all of these events and more can make for a stressful environment. Even without these unique stressors, some individuals with autism spectrum disorders have difficulty with Emotion Regulation (ER). Teaching students to regulation their responses and emotions is not easy and take careful planning. In this workshop educators and care providers, will learn to build an ER toolkit with a thorough overview of ER and discussion of a variety of factors that increase or decrease an individuals ability to regulate their emotions.

Details:

Wednesday, 12/02

4:00 PM - 6:00 PM

Live on ZOOM!

[REGISTER](#)

UWAC Staff Spotlights

Congratulations to Yegennalyn on her new role as BCBA!



Yegennalyn Millanes, MHA, M. Ed, BCBA, LBA is a BCBA in Tacoma and has been with UWAC since 2017 as a behavior technician. She is originally from Long Beach, CA and that's where she started her career working with individuals diagnosed with autism. Yegennalyn is passionate about working one-on-one with clients, training and disseminating knowledge of ABA practices to families and providers, collaborating with professionals, and ensuring that administrative supports are in place to better serve the population. Through the adversities of 2020, she is grateful to be part of an organization that strives and continues to provide support for families and staff.

Stephanie Sinn., M.S., BCBA, LBA described Yegennalyn as: "She has always been so great at developing great rapport with families we work with. She is fantastic at coaching parents and behavior technicians by breaking down skills and providing positive feedback. She's always striving to grow and learn more and she's always great at finding answers to her questions."

UWAC Student Trainees!

The UWAC is grateful to our many wonderful student trainees! Here are just a few of our fantastic students that agreed to be featured:



Tammara Bode is in the fourth year of her doctoral degree in counseling psychology at Northwest University in Kirkland, Washington. Tammara has special interests in working with children who have developmental disabilities, ADHD, and Autism Spectrum Disorder, as well as further studies of neuropsychological concerns. In addition to her doctoral training she also holds a Master's degree in Sport Psychology with a specialty in working with youth and adolescent athletes.



Shannon Ludeman is a doctoral student in the UW School Psychology program. She is a nationally-certified school psychologist and head counselor at Apex Summer Camp. Shannon is completing a year-long practicum at the UW Autism Center.



Claire Miller is a graduate student in the MSW program clinical concentration at the University of Washington School of Social Work. She received her Bachelor of Social Work at Northern Arizona University. She is completing her practicum at the University of Washington Autism Center and is a UW LEND trainee.

Katerina Monlux is a doctoral student at the Oslo Metropolitan Behavior Analysis program in Norway. She is a licensed behavior analyst with the clinical and research teams at the University of Washington Autism Center. Her research interests include targeted social skills interventions delivered via telehealth parent training for young children with ASD.



[VISIT OUR WEBSITE](#)