Fall 2022 Newsletter





Illuminating Autism: 20 Years of Impact

Saturday, January 28, 2023 6:00 pm | Rainier Club, Downtown Seattle

The UW Autism Center's annual benefit dinner and auction, Illuminating Autism, is a tradition that makes it possible to support children and parents as they navigate the joys and challenges of autism, advance groundbreaking research, and give children a chance to enjoy the simple pleasures of summer camp. This special event will have an even greater impact this year, as we will be back in person to achieve all of these dreams and more.

On Saturday, January 28, 2023 our community will come together to celebrate over 20 years of clinical and scientific progress, and to build a community of supporters that will drive future discoveries and program advances.

The evening will include presentations highlighting the Center's impact, as well as time to have fun and participate in live and silent auctions.

Register to attend

UWAC Webinars

<u>Introduction to Trans/Gender Identities for Autism</u> Professionals



January 18, 2023 | 4-5pm

Research shows that support from adults can drastically cut a transgender youth's risk of depression and suicide. Many professionals want to support their clients but lack the skills and knowledge needed to confidently navigate these complex topics.

Taught by a psychologist who is both autistic and transgender, this webinar introduces the key concepts around gender identity as well as issues specific to the autistic community. Participants will receive a one-hour prerecorded video, as well as access to an optional bonus one-hour live workshop in which they will brainstorm specific ways to better support their autistic transgender students/clients.

Click here for more trainings and webinars!

Early Autism ECHO

Project ECHO (Extension for Community Healthcare Outcomes) is a participatory online cohort of EI providers working with children with autism three and younger. Our goal is to

children with autism.





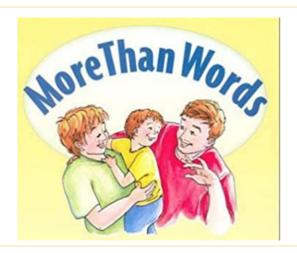
increase knowledge and support around resources and navigation for providers serving families of

Click here to learn more!

Clinical Services

New Group Starts January 6th!

Hanen "More Than Words" is an 11 week group specifically designed for parents of young children (under 6) with ASD. It is an evidence-based program designed to teach and empower parents to build interactions and communication with practical tools in everyday activities, meeting the child where they are at and following their lead. At the same time they will build connections and find support from other parents with similar experiences.



Learn More

Staff Spotlight

Katryna Ahloo is the Patient Navigator for the ABA LAUNCH Program. She attended Seattle University where she received her



undergraduate degree in Biology. In 2021, she joined the field of ABA as a CBT and later when on to become an RBT. In her pursuit to expand her horizons, she made her way to UWAC where she is able to utilize her skills as a CBT/RBT to support and connect families with resources needed.

Nicole Bergstrom M.S., CF-SLP is a certified speech-language pathologist at the University of Washington Autism Center. She received her M.S. degree in Speech Language Pathology with a concentration in Autism at the MGH Institute of Health Professions in Boston, MA.

Nicole began her career as a teacher in a specialized school for Autistic children, working primarily with high school aged students transitioning out of the educational setting. In graduate school, Nicole had a variety of



experiences helping those with communication impairments across the lifespan in outpatient clinics, hospitals, and specialized school settings. Nicole most enjoys working collaboratively with families and other professionals to provide alternative and augmentative communication (AAC) support for complex communicators. Nicole is passionate about providing neurodiversity-affirming, child-lead therapy for children and their families. Nicole currently serves as SLP for the ABA LAUNCH program for both Seattle and Tacoma campuses.



Kate Granath is a social work master's student at the University of Washington who is completing her advanced practicum at the UWAC in Seattle. She received her bachelor's degrees in biology and interdisciplinary studies from Seattle University. Her current work focuses on equitable healthcare, neurodiversity, technology, and our digitally mediated society.



Jackie Yust is a doctoral student in clinical psychology at Antioch University. She is a current practicum student at UWAC, working under Dr. Greenson in the Infant and Toddler Clinic. Jackie received her bachelor's degree in social sciences from Washington State University. Jackie loves working with



Lauren Perovsek is a current a practicum student working under Dr. Greenson at UWAC and a student at SPU in the clinical psychology doctoral program. Lauren received her bachelors' degrees in psychology and biological sciences in 2019 at Ohio University. Since then, she has



Amber Peterson, M.A. is a clinical psychology doctoral student and training at our Tacoma clinic. She received her bachelor of arts in psychology from the UW and her master of arts in clinical psychology from Antioch University. Amber loves working with children and in her free time, she and her daughter

children and parents and is passionate about early intervention. In her free time, Jackie enjoys roller skating, going to concerts, and spending time with her friends, family, and her great dane, Georgie.

enjoyed working in both clinical and research aspects of psychology. During her free time, she loves doing any outdoor activities, such as paddle boarding, hiking, and skiing! enjoy exploring the Pacific Northwest.

Community



Seattle Rep

Mr. Dickens and His Carol

December 10, 2022 at 2:00pm at Bagley Wright Theater

Use code JOYFUL now to save 20% on tickets to this Saturday's Sensory-Friendly Performance https://bit.ly/DCSensoryFriendlyPerformance_Joyful







VISIT OUR WEBSITE