### Spring 2022 Newsletter



# Community Education



<u>Building an Emotion Regulation Toolkit</u> **April 6, 2022** 

Could I Be Autistic? A Webinar for the Self-Diagnosed or Wondering

April 20, 2022

Free webinar offered as part of Autism Acceptance Month

Click here for more recorded webinars!

### **On-Time Autism Intervention Podcast**

The On-Time Autism Intervention is a podcast for parents of children three and younger who are interested in information about autism, autism diagnosis, and autism intervention and resources for young children. Many parents of young children diagnosed with autism have little or no prior experience with autism and are looking for information and answers to help guide their early steps in this new journey. The On-Time Autism Intervention podcast will provide parents with relevant information about characteristics of autism in very young children (0-3) as well as strategies for pursuing services, and transitioning into autism intervention, special education, and more. Available on Apple Podcasts, Spotify, Google Podcasts, and Stitcher!

### Research

### **New Study Out of the IBIS Network!**

The IBIS Network was featured in an article for UW News! The new study helps us understand more about how amygdala growth is related to later diagnosis of autism. Principal Investigators **Drs.**Annette Estes and Stephen Dager are quoted in the article. "It is so exciting see the work of so many dedicated families and researchers over the last 16 years come together to reveal things we have never known before about how autism develops," says Estes. Congratulations to our IBIS team!



### **REAL-WORLD LISTENING STUDY**

LABORATORY FOR AUDITORY NEUROSCIENCE AND DEVELOPMENT (LAND LAB)

Researchers at the UW are looking at how children learn to hear speech and music in noisy real-world environments, such as classrooms or playgrounds.

# WOULD THE STUDY BE A GOOD FIT FOR MY CHILD?

Your child might be a good fit if:

- They are between 7 and 10 years old
- They have a diagnosis of autism

Please contact Dr. Bonnie Lau at landlab@uw.edu, 206-616-4690, or https://sites.uw.edu/landlab/

# WHAT WOULD HAPPEN IF WE TOOK PART IN THE STUDY?

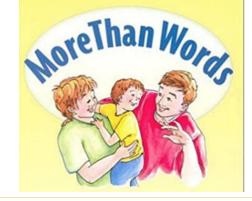
- You would come to the UW for 2 visits to participate in an EEG recording, computer listening games, and developmental tests
- Your child would receive \$100 compensation and a report signed by a clinical psychologist

**Contact Dr. Lau** 

### Clinical Services

### Now Open!

Hanen "More Than Words" is a 13 week parent group specifically designed for parents of young children (under 6) with ASD. It is an evidence-based



program designed to teach and empower parents to build interactions and communication with practical tools in everyday activities, meeting the child where they are at and following their lead. At the same time they will build connections and find support from other parents with similar experiences.

**Learn More** 

# Staff Spotlight

Madelyn Bascom, M.Ed, BCBA is thrilled to be returning to the University of Washington Autism Center as a BCBA. She originally joined UWAC in 2015 as an RBT in the clinic and on the TADPOLE study. After attending graduate school at the University of Washington, she moved abroad to Vietnam where she worked as a BCBA at an ABA agency, providing behavior analytic services and training to families and professionals in Ho Chi Minh City. Madelyn is excited to be a part of the UWAC team again as a Behavior and Education Consultant on the clinic and training teams!





**Katya Downey** is in her second year of her master's degree in social work, with a focus on clinical work. She loves research, problem-solving, and working with neurodivergent individuals and families, which has been supported by her previous experience working with autistic self-advocates for the ARC of King County. When she is not in the office, you can typically find her taking a long walk somewhere with an audiobook

**Emma Strobaugh** is a Research Study Assistant with IBIS at the University of Washington Autism Center. She graduated in 2020 with a BS in Psychology from Western Washington University.

Emma worked as a CBT in Bellevue Washington for a year and enjoyed getting to learn more about the presentation of ASD in children. Within the next 5 years, she plans to pursue a PHD in Developmental Psychology to do research related to the effects of technology use on socioemotional youth development (with or without neurological disorders).



# Community

#### **UCLA Graduate Research Study**

Recruiting! Interest in Second Language Learning
Parents of children ages 5 to 12 who speak English flu

Parents of children ages 5 to 12 who speak English fluently and have been diagnosed with one or more developmental disorders (Autism Spectrum Disorder, Attention Deficit/Hyperactivity Disorder, etc.) to complete an anonymous, online survey.

Click here to take the survey

Contact: Madie Dunlap mdunlap@ucla.edu



VISIT OUR WEBSITE