



Center on Human Development and Disability

University of Washington Autism Center

Summer 2020

Upcoming Trainings



- **Building an Emotion Regulation Toolkit** Monday, 8/24 4-6p
 - Emotion Regulation Follow-Up Webinar: Prevention, Tuesday, 8/25 4-5:30p
 - Emotion Regulation Follow-Up Webinar: Calming Strategies, Wednesday 8/26 4-5:30p
 - Emotion Regulation Follow-Up Webinar: Identification, Thursday, 8/27 4-5:30p
 - Emotion Regulation Follow-Up Webinar: Problem Solving, Friday, 8/28 4-5:30p
- **Incorporating Strengths Into Effective Autism Assessments Across the Lifespan**, 10/20 2-4p

[Learn more about Trainings here!](#)

UWAC Research



INFANT
BRAIN
IMAGING
STUDY

Have a child with autism and a new baby? Get paid to participate in research from home!

Who do we need?	<ul style="list-style-type: none"> Families who have a child or children with autism <i>and</i> a new baby 6-months of age or younger Infants and child with autism must share same mom and dad
What do you get?	<ul style="list-style-type: none"> \$50 compensation for completion of remote data collection for each timepoint A detailed results report of your infant's development
What's the point?	<ul style="list-style-type: none"> Identify autism earlier Earlier identification means earlier intervention and improved outcomes

We are actively recruiting 250 infants who have older siblings with autism to participate in brain and behavior development research. Participation occurs when infants are 6-months, 12-months, and 24-months old.

During the uncertain time of the COVID virus, we are currently not able to complete in person research visits. However, we would very much like to include new families performing as much of our research as possible. This would include questionnaires completed online and phone interviews.

Once this crisis has passed and families are able to safely travel to study sites for in person visits, we may be in contact with you regarding opportunities for future participation which could include in person testing. Some families will be asked to continue future visits with remote data collection only.



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612-624-4533

Children's Hospital of Philadelphia
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Washington University in St Louis
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University of North Carolina
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Contact the study site near you!
www.ibis-network.org

FOR IRB USE ONLY
IRB ID #: 201901013
APPROVAL DATE: 04/28/20
RELEASED DATE: 04/28/20
EXPIRATION DATE: 02/09/21

Interested families may call us at 1.877.408.UWAC, or [follow this link for more information on how you can be involved.](#)

Recruiting Remote Participants with & without ASD!



Study Participants Needed

**Do you have an iPhone or iPad?
Is your child between the ages of 7 and 11 years?**

You and your child are invited to take part in a research study at the University of Washington Autism Center.

We are doing research to better understand sleep patterns in children with autism spectrum disorders (ASD). By improving our understanding of sleep problems in ASD new intervention approaches can be developed which may lead to improved behavior, health, emotion regulation, and attention.

The purpose of this research study is to determine if the Psychomotor Vigilance Task (PVT) can be administered to children with ASD. The PVT is a widely used tool in sleep research, meant to measure attention after a night of sleep. The PVT is a 5-minute test where your child will be asked to press anywhere on the screen as soon as you see a red circle.

We are seeking children *with* and *without* an ASD diagnosis to participate.

Principal Investigator:

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**If interested, please contact the research team:
seebeckj@uw.edu or 206-291-7489**

APEX Summer Camp

The Apex Summer Camp program

at the UW Autism Center is designed to provide advanced peer experiences for children with autism spectrum disorder, ADHD, and related disorders. It focuses on building social and behavioral skills in real-world environments. With updates to health practices, along with extraordinary support from our

families and community, this wonderful UWAC tradition was able to successfully operate during the month of July. In addition to serving as a day camp for children, APEX also serves as a clinical internship site for graduate and undergraduate students, as well as professionals in the field. Head Counselors **Caitlin Courshon, Ed.S., Samantha Carlson, MSOT, Shannon Ludeman, Ed.S., and Taylor McNamara, Ed.S.** (pictured above) masked up to help support counselors and campers as part of APEX's leadership team.



Community

Ally for Onlys in Tech



Do you know a software engineer on the spectrum who loves their job, but could use some coaching? Our own long-time advisory board member, **Eric Brechner**, has been coaching engineers at Microsoft for over 25 years. He has just founded a new coaching service, [Ally for Onlys in Tech](#), focused on underrepresented professionals who have jobs in software but could use an ally to accelerate them toward their long-term goals.



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