

CURRICULUM VITAE

Katherine Anne Comtois, PhD, MPH
February 3, 2017

EDUCATION:

1983-1986 Douglass College, Rutgers University, New Brunswick, NJ
Psychology BA 1986
1987-1992 University of Maryland, College Park, MD
Clinical Community Psychology MA 1990 PhD 1992
2002-2009 University of Washington, Seattle, WA
Health Services MPH 2009

POSTGRADUATE TRAINING:

1991 - 1992 Psychiatry and Behavioral Sciences Pre-Doctoral Internship
University of Washington, Seattle, WA.
1992 - 1994 Harborview Fellowship in Chronic Mental Illness
University of Washington, Seattle, WA.

FACULTY POSITIONS HELD:

1995 - 1997 Acting Instructor, Psychiatry and Behavioral Sciences
University of Washington, Seattle, WA.
1997 - 1999 Acting Assistant Professor, Psychiatry and Behavioral Sciences
University of Washington, Seattle, WA.
1999 - 2004 Assistant Professor, Psychiatry and Behavioral Sciences
University of Washington, Seattle, WA.
2000 - 2004 Adjunct Assistant Professor, Psychology
University of Washington, Seattle, WA.
2004 - 2016 Associate Professor, Psychiatry and Behavioral Sciences
University of Washington, Seattle, WA.
2004 - 2016 Adjunct Associate Professor, Psychology
University of Washington, Seattle, WA.
2016 - present Professor, Psychiatry and Behavioral Sciences
University of Washington, Seattle, WA.
2016 - present Professor, Psychology
University of Washington, Seattle, WA.

HOSPITAL POSITIONS HELD:

1992 - present Clinical Psychologist, Psychiatry and Behavioral Sciences - Harborview
University of Washington, Seattle, WA.
1996 - present Clinical Director, Harborview Psychotherapy Clinic
University of Washington, Seattle, WA.

HONORS:

1999 Chief Residents Award, Psychiatry Residency Program
University of Washington, Seattle, WA
2001 Psychology Residents Award for Excellence in Mentoring
University of Washington, Seattle, WA
2001 King County Mental Health/Substance Abuse Exemplary Service Award
Harborview Dialectical Behavior Therapy Program (directed by Dr. Comtois)
2006 Governor's Recognition Award for Service to Mental Health Transformation

2008	Washington State University of Washington Postdoctoral Association Mentor of the Year University of Washington, Seattle, WA
2012	Distinguished Psychologist Award Washington State Psychological Association
2015	Brickell Memorial Award for Contribution to Adolescent Suicide Prevention Columbia University
2016	Sue Eastgard Training Excellence Award Forefront: Innovations in Suicide Prevention

BOARD CERTIFICATION:

Not applicable.

MEDICAL LICENSURE:

1993-present Washington State Psychology PY1747

PROFESSIONAL ORGANIZATIONS:

2006 -present	American Psychological Association (APA)
2001-present	American Association for Suicidology (AAS) (Research Division 2014-present)
1996-present	International Society for the Innovation and Training of DBT (ISITDBT)
1999-2015	Association for Behavioral and Cognitive Therapy (ABCT)
2005-2011	Division 12, Section VII, Clinical Emergencies and Crises, Secretary 2006-2008
1987-2009	Society for Community Research and Action (APA Div 27) Regional Coordinator 1996-1999

TEACHING RESPONSIBILITIES:

Teaching Responsibilities

1997-present	UW DBT Psychiatry Training Program (.1FTE department funding)
2013-present	UW CAMS Psychiatry Training Program (with Jeff Sung, MD)
2011-2016	Harborview NIMH T32 Fellowship (PI, co-director with Dedra Buchwald, MD)
2007-2010	Coordinator, UW Workforce Development Project, Division of Public Behavioral Health and Justice Policy Evidence Based Practice Institute
2006-2009	Fellowship Coordinator, Division of Public Behavioral Health and Justice Policy Fellowship
1999-2006	Track Coordinator, Community Division/ Division of Public Behavioral Health and Justice Policy Track Psychiatry and Behavioral Sciences Pre-doctoral Internship

Teaching Committees

1999-2011	Member, UW Psychiatry Residency Psychotherapy Workgroup
1998-2006	Member, UW Pre-doctoral Psychology Internship Steering Committee Member
1998-2007	Member, UW Pre-doctoral Psychology Internship Diversity Advancement Committee (Chair 2000-7)
1996-2005	Member, Independent Study of Medical Students Committee, School of Medicine

Primary Mentor to the Following Trainees (2009-2016)

2016-present	Christopher DeCou, Psychology Intern
2014-present	Stephen O'Connor, Assistant Professor (2009-2010 Intern, 2011-2013 T32 Fellow)
2014	Mike Weeks, Psychiatry Resident
2013-2015	Jennifer Villatte, T32 Fellow (2012-2013 Psychology Intern)
2014-2015	Briana Turner, Psychology Intern
2012-14	Adam Carmel, T32 Fellow
2013-2014	Blair Kleiber, Psychology Intern
2014	Caitlin Butterfield, Psychology Undergraduate Independent Study Research
2011-2013	Meghan Keough, T32 Fellow
2011-2014	Cara Lewis, Psychology Intern and Junior Faculty

EDITORIAL/REVIEWER RESPONSIBILITIES:

None

SPECIAL NATIONAL RESPONSIBILITIES:

1997	Conference Participant, NIDA Behavioral Therapy Research (Stage III) Meeting
2000	Invited Presenter: A Workshop to Explore the Outcomes of Suicidal Behavior. Sponsored by SAMHSA, American Foundation for Suicide Prevention, and American Association for Suicidology
2001	Invited Presenter and Consultant, Workshop on Suicide Prevention. Committee on Pathophysiology and Prevention of Adolescent and Adult Suicide. Institute of Medicine
2001	Participant, Ethical Issues in Including Suicidal Individuals in Clinical Research. NIMH Office of Rare Diseases/American Foundation for Suicide Prevention Workshop
2005	Participant, NIMH Scientific Consensus Conference: "Providing a Conceptual Framework in Suicide Prevention: Moving from Risk Factors to Programs"
2007	Invited Presenter and Participant: Improving Follow Up of Suicidal Patients Discharged from the Emergency Department: Challenges, Opportunities, and Best Practices. SAMHSA.
2007	Participant: NASMHPD Medical Directors Technical Meeting: Suicide Prevention Approaches for State Mental Health Authorities, SAMHSA
2008	Reviewer, NIMH Special Emphasis Panel/Scientific Review Group ZMH1 ERB-B (01) S
2003-present	Member: NIMH Data Safety Monitoring Board (DSMB-B) for Clinical Trials, NIMH Human Research Protection Unit
2008-present	Member, Scientific Advisory Council, American Foundation for Suicide Prevention
2009	Reviewer, NIMH Special Emphasis Panel/Scientific Review Group ZMH1 ERB-I (11) S
2009-2012	Standing Member: NIMH SRSP Mental Health Services in Mental Health Specialty Settings
2009	Suicide prevention workgroup meeting on the risk screen items in the Provider/Interviewer Section of the Post Deployment Health Assessment (PDHA) and Post Deployment Health Reassessment (PDHRA), U.S. Army Medical Research and Materiel Command
2011-2012	Member, Clinical Care and Intervention Task Force, National Action Alliance for Suicide Prevention
2012	Reviewer, NIMH Interventions Committee for Adult Disorders (ITVA)
2014	Expert Consultant, NIMH Dissemination and Implementation Conference Technical Assistance Workshop

SPECIAL LOCAL RESPONSIBILITIES:

2005-2011 UW School of Medicine Psychology Organizing Committee, Chair
 2008-2009 Division of Public Behavioral Health and Justice Policy Grand Rounds and
 Community Leadership Track Speakers Series

RESEARCH FUNDING:

<u>Source</u>	<u>Role</u>	<u>Years</u>	<u>Direct Costs</u>
NIDA 1 R01 DA041486-01A1 Preventing Addiction Related Suicide (PARS) - Controlled Trial of Secondary Suicide Prevention	Principal Investigator	2016-2021	\$1,841,800
NIMH 1 R01 MH106419-01A1 Caring Texts: A Strength-based, Suicide Prevention Trial in 4 Native Communities	Co-Principal Investigator	2016-2021	\$2,690,710
W81XWH-16-2-004 Department of Defense Defense Health Program Enhancement Military Suicide Research Consortium Dissemination and Implementation Core	Principal Investigator	2016-2021	\$1,707,059
RFA-1-017-14 American Foundation for Suicide Prevention Reducing Short Term Suicide Risk after Hospitalization	Principal Investigator	2015-2018	\$1,485,589
American Foundation for Suicide Prevention Young Investigator Grant Pilot Study of Brief Intervention for Medically Hospitalized Suicide Attempt Survivors	Mentor (PI: Stephen O'Connor)	2014-2016	\$82,290

<u>Source</u>	<u>Role</u>	<u>Years</u>	<u>Direct Costs</u>
W81XWH-08-MOMRP-SPCR2 Military Operational Medicine Research Program (US Army) A Randomized Clinical Trial of the Collaborative Assessment and Management of Suicidality vs. Enhanced Care as Usual for Suicidal Soldiers	Co-Principal Investigator	2010-2016	\$ 2,940,215
W81XWH-10-2-0181 Department of Defense Defense Health Program Enhancement Continuity Contacts via Text Message- Texting a Brief Intervention to Prevent Suicidal Ideation and Behavior	Co-Principal Investigator	2011-2016	\$1,575,456
UW Institution for Translational Health Sciences (ITHS) Community Partners in Research Funding Program (CORT) Native Communities' Suicide Prevention Needs Assessment	Principal Investigator	2013-2015	\$15,000
NIMH 1R13MH086159-01A1 Development and Dissemination of Rigorous Methods for Training and Implementation	Principal Investigator	2010-2016	\$150,000
NIH 1 T32 MH082709-01A2 Improving Mental Health Care in Safety Net Medical Settings: T32 Training Grant (NRSA T32)	Principal Investigator	2010-2016	\$447,608
NIMH R34 1 R34 MH079923-01A1 DBT-ACES: Evaluation of Feasibility	Principal Investigator	2007-2010	\$450,000

<u>Source</u>	<u>Role</u>	<u>Years</u>	<u>Direct Costs</u>
American Foundation for Suicide Prevention Distinguished Investigator Award Suicidal Patients Seeking Help at an Emergency Room: Pilot Trial of a "Next-Day Appointment" Outpatient Treatment	Principal Investigator	2007-2009	\$99,671
NIMH 5 F32 MH084788-02 Impact of Intensive Dialectical Behavior Therapy Training on Therapist Behavior	Mentor (PI: Sara Landes)	2008-2010	\$91,672
NIDA R01-DA014997-01A1 Evaluation of Dialectical Behavior Therapy (DBT)	Co-Investigator	2003-2008	\$ 1,690,862
NIMH 2-R01-MH034486-20A1 Assessment and Treatment of Parasuicide Patients	Co-Investigator	2003-2008	\$2,587,975
Washington State Department of Social and Health Services Evaluation of Validity of GAIN-SS in Adolescents	Principal Investigator	2007	\$74,000
Washington State Department of Social and Health Services Evaluation of Validity of GAIN-SS in Adults	Principal Investigator	2005-2006	\$35,854
NIMH 1K01-MH1933-01A1 Health Services for Parasuicidal Behavior	Principal Investigator	2001-2006	\$559,852
NIMH R25MH60486 Interdisciplinary Clinical Research Skills Training	Program Faculty	2001-2006	\$745,950
American Foundation for Suicide Prevention Risk factors for post-partum suicide and suicide attempts	Co-Investigator	2003-2005	\$60,000

<u>Source</u>	<u>Role</u>	<u>Years</u>	<u>Direct Costs</u>
Wilkins Foundation Evaluation of dialectical behavioral therapy in a community mental health setting	Principal Investigator	2003	\$10,000
ADAI Relationship of Reported Assault History to Substance Abuse Consequences and Treatment Charges Among Dually Diagnosed Adults	Principal Investigator	1998-1999	\$19,496
NIMH 1R03-MH55587-01 Borderline Personality: Correlates of High Utilization	Principal Investigator	1996-1998	\$96,871
NIDA 5-R01-DA08674-02 Treatment of Drug Abusers with Borderline Personality	Co- Investigator	1997-1999	\$996,605

BIBLIOGRAPHY:

Manuscripts in Referred Journals

1. Comtois, K. A., Ries, R., & Armstrong, H. E. (1994). Case manager ratings in a dual diagnosis program for the severely mentally ill. *Hospital and Community Psychiatry, 45*(6), 568-513.
2. Comtois, K. A. & Ries, R. (1995). Sex differences in dually diagnosed severely mentally ill clients in dual diagnosis outpatient treatment. *The American Journal on Addictions, 4*, 245-253.
3. Seidman, E., Allen L., Aber, J. L., Mitchell, C., Feinman, J., Yoshikawa, H., Comtois, K. A., Golz, J., Miller, R., Ortiz-Torres, B. & Carty-Roper, G. (1995). Development and validation of adolescent perceived microsystem scales: Social support, daily hassles, and involvement. *American Journal of Community Psychology, 23*(3), 355-388.
4. Ries, R. & Comtois, K. A (1997). Illness severity and treatment services for dually diagnosed severely mentally ill outpatients. *Schizophrenia Bulletin, 23*, 239-246.
5. Ries, R. & Comtois, K. A. (1997). Managing disability benefits as part of treatment for persons with severe mental illness and co-morbid drug/alcohol disorders: A comparative study of payee and non-payee participants. *The American Journal on Addictions, 6*(4), 330-338.
6. Jaffe, C., Comtois, K. A., Calsyn, D. A. & Saxon, A. J. (1998). A pilot study comparing severely and persistently mentally ill opiate addicted patients in dual diagnosis treatment with patients in methadone maintenance. *American Journal on Addictions, 7*(4), 288-298.
7. Ries, R. K., Jaffe, C.[†], Comtois, K. & Kitchell, M. (1999). Treatment satisfaction compared with outcome in severe dual disorders. *Community Mental Health Journal, 35*(3), 213-221.
8. Linehan, M. M., Schmidt, H., Dimeff, L. A., Craft, J. C., Kanter, J., & Comtois, K. A. (1999). Dialectical behavior therapy for patients with borderline personality disorder and drug dependence. *American Journal on Addictions, 8*, 279-292.
9. Comtois, K. A., Cowley, D. S., Dunner, D. L. & Roy-Byrne, P. (1999). Relation between borderline personality disorder and Axis I diagnosis in severity of depression and anxiety. *Journal of Clinical Psychiatry, 60*(11), 752-758.
10. Snowden, M., McCormick, W., Kukull, W., Russo, J., Srebnik, D., Comtois, K., Bowen, J., Ries, R., Teri, L. & Larson, E. B. (1999). Validity and responsiveness of the Minimum Data Set. *Journal of the American Gerontological Society, 47*(8), 1000-1004.
11. Linehan, M. M., Cochran, B. N., Mar, C. M., Levensky, E. R. & Comtois, K. A. (2000). Therapeutic burnout among borderline personality disordered clients and their therapists: Development and evaluation of two adaptations of the Maslach Burnout Inventory. *Cognitive and Behavioral Practice, 7*, 329-337.
12. Ries, R. K., Russo, J., Wingerson, D., Snowden, M., Comtois, K. A., Srebnik, D., Roy-Byrne, P. (2000). Shorter hospital stays and more rapid improvement among patients with schizophrenia and substance use disorders. *Psychiatric Services, 51*(2), 210-215.
13. Comtois, K.A. (2002). A review of interventions to reduce the prevalence of parasuicide. *Psychiatric Services, 53*(9), 1138-1144.

14. Brown, M., Comtois, K. A. & Linehan, M. M. (2002). Reasons for suicide attempts and nonsuicidal self-injury in women with borderline personality disorder. *Journal of Abnormal Psychology, 111*, 198-202.
15. Linehan, M.M., Dimeff, L.A., Reynolds, S.K., Comtois, K.A., Shaw-Welch, S., Heagerty, P., Kivlahan, D.R. (2002). Dialectical behavior therapy versus comprehensive validation plus 12-step for the treatment of opioid dependent women meeting criteria for BPD. *Drug and Alcohol Dependence, 67*, 13-26.
16. Srebnik, DS, Uehara, E, Smukler, M, Russo, JE, Comtois, KA, Snowden, M (2002) Psychometric properties and utility of the problem severity summary for adults with serious mental illness. *Psychiatric Services, 53*, 1010-1017
17. Ries, R., Dyck, D., Short, R., Srebnik, D., Snowden, M., Comtois, K. A. (2002). Use of case manager ratings and weekly urine toxicology tests in among outpatients with dual diagnoses. *Psychiatric Services, 53*, 764-6.
18. Holdcraft, LC & Comtois, KA. (2002). Description of and preliminary data from a women's dual diagnosis community mental health program. *Canadian Journal of Community Mental Health, 21*, 91-109.
19. Srebnik, D, Comtois, KA, Stevenson, J, Hoff, H, Snowden, M, Russo, J, & Ries, RK. (2003) Eating disorder symptoms among adults with severe and persistent mental illness. *Eating Disorders: The Journal of Treatment and Prevention, 11*, 27-28.
20. Cummins, LH, Dunn, EC, Rabin, L, Russo, J, Comtois, KA, McCann, BS (2003). Primary care provider familiarity with binge eating disorder and implications for obesity management: A preliminary study. *Journal of Clinical Psychology in Medical Settings, 10*, 51-56.
21. Comtois, KA, Russo, J, Snowden, M, Srebnik, D, Ries, R. & Roy-Byrne, P. (2003) Factors Associated with High Use of Public Mental Health Services by Persons with Borderline Personality Disorder. *Psychiatric Services, 54*, 1149-1154.
22. Snowden MB, Walaszek A, Russo JE, Comtois KA, Srebnik DS, Ries RK, Roy-Byrne PP (2004) Geriatric patients improve as much as younger patients from hospitalization on general psychiatric units. *Journal of the American Gerontological Society, 52*, 1676-80.
23. Ries RK, Dyck DG, Short R, Srebnik D, Fisher A, Comtois KA. (2004) Outcomes of managing disability benefits among patients with substance dependence and severe mental illness. *Psychiatric Services, 55*, 445-7.
24. Comtois, KA, Ries, RK, Russo, JE (2004) Clinicians' Assessments of Bipolar Disorder and Substance Abuse as Predictors of Suicidal Behavior in Acutely Hospitalized Psychiatric Inpatients. *Biological Psychiatry, 56*, 757-63.
25. Comtois, K. A., Tisdall, W. A. †, Holdcraft, L. C., & Simpson, T. L. (2005) Dual diagnosis: impact of family history. *American Journal on Addictions, 14*, 291-9.
26. Reynolds, S, Lindenboim, N., Comtois, K., Murray, A., Linehan, M. (2006) Risky Assessments: Evaluating and managing the effect of research assessments in a treatment study of suicidal behavior. *Suicide and Life Threatening Behavior 36*, 19-34.

27. Frederick, J, Comtois, KA, (2006) Practice of Dialectical Behavior Therapy (DBT) After Psychiatry Residency. *Academic Psychiatry*, 30, 63-68.
28. Comtois, KA, Linehan, MM (2006) Psychosocial treatments of suicidal behaviors: A practice-friendly review. *Journal of Clinical Psychology*, 62, 161-70.
29. Linehan, MM, Comtois, KA., Murray, AM, Brown, MZ, Gallop, RL., Heard, HL., Korslund, KE, Tutek, DA, Reynolds, SK., Lindenboim, N, and the Behavioral Research and Therapy Clinics. (2006) Two Year Randomized Trial + Follow-up of Dialectical Behavior Therapy vs. Treatment-by-Experts for Suicidal Behaviors and Borderline Personality Disorder. *Archives of General Psychiatry*, 63, 757-766.
30. Linehan M. M., Comtois K. A., Brown M. Z., Heard H. L., Wagner A. (2006). Suicide attempt self-injury interview (SASII): Development, reliability, and validity of a scale to assess suicide attempts and intentional self-injury. *Psychological Assessment*, 18, 303-12.
31. Comtois, KA, Elwood, LM, Holdcraft, LC, Smith, WR & Simpson, TL (2007) Effectiveness of Dialectical Behavioral Therapy in a Community Mental Health Center. *Cognitive and Behavioral Practice*, 14, 406-414.
32. Lindenboim, N., Comtois, K. A., & Linehan, M. M. (2007). Skills practice in dialectical behavior therapy for suicidal borderline women. *Cognitive and Behavioral Practice*, 14, 147-156.
33. Comtois KA, Schiff MA, Grossman DC. (2008) Psychiatric risk factors associated with postpartum suicide attempt in Washington State, 1992 to 2001. *American Journal Obstetrics and Gynecology*, 199, 120.e1-120.e5
34. Ries, R.K., Yuodelis-Flores, C., Comtois, K.A., Roy-Byrne, P.P., Russo, J.E. (2008) Substance Induced Suicidal Admissions to an Acute Psychiatric Service: Characteristics and Outcomes. *Journal of Substance Abuse Treatment*, 34, 72-9.
35. Harned, MS, Chapman, AL, Dexter-Mazza, ET, Murray, A, Comtois, KA, Linehan, MM (2008) Treating co-occurring axis I disorders in recurrently suicidal women with borderline personality disorder: A two-year randomized trial of dialectical behavior therapy vs. community treatment by experts. *Journal of Consulting and Clinical Psychology*, 76(6), 1068-75.
36. Berking, M, Neacsiu, A, Comtois, KA, Linehan, MM (2009) The Impact of Experiential Avoidance on the Reduction of Depression in Treatment for Borderline Personality Disorder. *Behaviour Research and Therapy*, 47(8), 663-70.
37. McDonnell, MG, Comtois, KA, Voss, WD, Morgan, AH, Ries, RK. (2009) Global Appraisal of Individual Needs Short Screener (GSS): Psychometric Properties and Performance as a Screening Measure in Adolescents. *The American Journal of Drug and Alcohol Abuse*, 35(3), 157-60.
38. Brown, MB, Linehan, MM, Comtois, KA, Murray, A, Chapman, AL (2009) Shame as a Prospective Predictor of Self-Inflicted Injury in Borderline Personality Disorder: A Multi-modal Analysis. *Behaviour Research and Therapy*, 47, 815-822
39. Comtois, K.A., Kerbrat, A.H., Atkins, D.C., Harned, M.S., Elwood, L. (2010) Recovery from Disability for Individuals with Borderline Personality Disorder: a feasibility trial of DBT-ACES. *Psychiatric Services*, 61, 1106-1111.

40. Harned, M. S., Jackson, S. C., Comtois, K. A., & Linehan, M. M. (2010). Dialectical Behavior Therapy as a precursor to PTSD treatment for suicidal and/or self-injuring women with borderline personality disorder. *Journal of Traumatic Stress, 23*, 421–429.
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43. Simpson TL, Comtois KA, Moore SA, Kaysen D. (2011) Comparing the diagnosis of PTSD when assessing worst versus multiple traumatic events in a chronically mentally ill sample. *Journal of Trauma Stress, 24*, 361-4.
44. Höschel K, Pflügler S, Rinke M, Burmeister K, Chrysanthou C, Comtois KA (2011). Dialektisch Behaviorale Therapie nach der Akutphase - die Herausforderung annehmen, das System zu verlassen (Dialectic Behavior Therapy - the concept of Accepting the Challenges of Exiting the System). *Verhaltenstherapie, 21*, 239-246.
45. Bedics JD, Atkins DC, Comtois KA, Linehan MM. (2011) Treatment differences in the therapeutic relationship and introject during a 2-year randomized controlled trial of dialectical behavior therapy versus nonbehavioral psychotherapy experts for borderline personality disorder. *Journal of Consulting and Clinical Psychology, 80*, 66-77.
46. Bedics JD, Atkins DC, Comtois KA, Linehan MM. (2012) Weekly therapist ratings of the therapeutic relationship and patient introject during the course of dialectical behavioral therapy for the treatment of borderline personality disorder. *Psychotherapy, 49*(2), 231-40.
47. O'Connor SS, Jobes DA, Comtois KA, Atkins DC, Janis K, Chessen CE, Landes SJ. (2012) Identifying outpatients with entrenched suicidal ideation following hospitalization. *Suicide and Life Threatening Behavior, 42*(2), 173-84.
48. Linehan, Marsha M. Comtois, Katherine A., & Ward-Ciesielski, Erin F. (2012) Assessing and managing risk with suicidal individuals. *Cognitive and Behavioral Practice, 19*(2), 218-232.
49. McDonell, M.G., Kerbrat, A.H., Comtois, K.A., Russo, J., & Lowe, J.M., Ries, R.K. (2012). Validation of the co-occurring disorder quadrant model. *Journal of Psychoactive Drugs, 44*(3), 266-73.
50. Bedics JD, Atkins DC, Comtois KA, Linehan MM. (2012) Treatment differences in the therapeutic relationship and introject during a 2-year randomized controlled trial of dialectical behavior therapy versus nonbehavioral psychotherapy experts for borderline personality disorder. *Journal of Consulting and Clinical Psychology, 80*(1), 66-77.
51. Luxton, D. D., June, J. D. & Comtois, K. A. (2013). Can Post-Discharge Follow-up Contacts Prevent Suicide and Suicide Behavior?: A Review of the Evidence. *Crisis: The Journal of Crisis, 34*(1), 32-41.
52. Voss WD, Kaufman E, O'Connor SS, Comtois KA, Conner KR, Ries RK. (2013) Preventing addiction related suicide: A pilot study. *Journal of Substance Abuse Treatment, 44*, 565-9.

53. Comtois, K.A., & Carmel, A. (2014). Borderline personality disorder and high utilization of inpatient psychiatric hospitalization: Concordance between research and clinical diagnosis. *Journal of Behavioral Health Services & Research*. May 30 Epub ahead of print (PMID: 24875431)
54. Darnell, DA, Comtois, KA, Carmel, A, Atkins, DC, Kerbrat, AH (2014) Predictors of Inpatient Psychiatric Admission among Emergency Department Patients Presenting for Self-Inflicted Injury in a Safety Net Hospital. *Emergency Psychiatry: Journal of the American Association for Emergency Psychiatry*, 18-26.
55. Comtois, KA, Kerbrat, AH, Atkins, DC, Roy-Byrne, P, Katon, W (2015) Self-Reported Usual Care for Self-Directed Violence during the Six Months Prior to Emergency Department Admission. *Medical Care*, 53(1), 45-53.
56. Lewis, CC, Stanick, C, Martinez, R, Weiner, BJ, Kim, M, Barwick, M & Comtois, KA (2015) The Society for Implementation Research Collaboration Instrument Review Project: A Methodology to Promote Rigorous Evaluation *Implementation Science*, 10(1), 2.
57. Linehan, MM, Korslund, KE, Harned, MS, Gallop, RJ, Lungu, A, Neacsiu, AD, McDavid, J, Comtois, KA & Murray-Gregory, AM (2015) Dialectical Behavior Therapy for high suicide risk in borderline personality disorder: A component analysis. *JAMA-Psychiatry*, 72(1), 475-482.
58. Chalker, S. A., Comtois, K. A., & Kerbrat, A. H. (2015). Impulsivity and suicidal behavior: How you define it matters. *International Journal of Cognitive Therapy*, 8, 2, 172-192.
59. Kerns, SEU, Cevasco, M, Comtois, KA, Dorsey, S, King, K, McMahon, RJ, Sedlar, G, Lee, T, Lengua, L, Davis, C, Evans-Campbell, T, Mazza, J & Trupin, E. (2015). An Interdisciplinary University-based Initiative for Graduate Training in Evidence-Based Treatments for Children's Mental Health. *Journal of Emotional and Behavioral Disorders*.
60. O'Connor, S.S., Comtois, K.A., Wang, J., Russo, J., Peterson, R., Lapping-Carr, L., & Zatzick, D.A. (2015). The development and implementation of a brief intervention for medically admitted suicide attempt survivors general hospital psychiatry. *General Hospital Psychiatry*, 37(5), 427-433.
61. Chalker, S. A., Carmel, A., Atkins, D., Landes, S. J., Kerbrat, A. H., & Comtois, K. A. (2015). Examining challenging behaviors of clients with borderline personality disorder. *Behaviour Research and Therapy*, 75, 11-19.
62. Comtois, KA, Landes, SJ. (2015) IOM Report on Psychosocial Interventions: Commentary from a DBT Perspective. *Depression and Anxiety* 32(11):799-801.
63. Kerbrat, AH, Comtois, KA, Stiles, BJ, Huh, D, Chaker, SA, Luxton, DD (2015) Gender Differences in Acquired Capability Among Active-Duty Service Members at High Risk for Suicide. *Military Behavioral Health* 3(4): 306-315.
64. Zimmerman L, Villatte JL, Kerbrat AH, Atkins DC, Flaster A, Comtois KA. (2015) Current Suicidal Ideation among Treatment-Engaged Active Duty Soldiers and Marines. *Military Behavioral Health* 3(4): 296-305.
65. Comtois, KA, Chalker, SA, Kerbrat, AH (2016) Pre- versus Postenlistment Timing of First Suicide Attempt as a Predictor of Suicide Risk Factors in an Active Duty Military Population With Suicidal Thoughts. *Military Behavioral Health* 3(4): 196-204.

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68. Comtois KA & Carmel A. (2016) Borderline Personality Disorder and High Utilization of Inpatient Psychiatric Hospitalization: Concordance Between Research and Clinical Diagnosis. *Journal of Behavior Health Services and Research* 43(2):272-80.
69. O'Connor, S.S., Comtois, K.A., Atkins, D.A., & Kerbrat, A.H. (in press). Examining the impact of suicide attempt function and perceived effectiveness in predicting re-attempt for emergency medicine patients. *Behavior Therapy*. doi: 10.1016/j.beth.2016.05.004
70. Landes, SJ, Chaker, SA, Comtois, KA (2016) Predicting dropout in outpatient dialectical behavior therapy with patients with borderline personality disorder receiving psychiatric disability. *Borderline Personality Disorder and Emotion Dysregulation* 3(1): 9 (online)
71. Zamora-Kapoor A, Nelson LA, Barbosa-Leiker C, Comtois KA, Walker LR, Buchwald DS (2016) Suicidal ideation in American Indian/Alaska Native and White adolescents: The role of social isolation, exposure to suicide, and overweight. *American Indian & Alaska Native Mental Health Research*, 23(4): 86-100.
72. Marriott BR, Rodriguez AL, Landes SJ, Lewis CC, Comtois KA (2016) A methodology for enhancing implementation science proposals: comparison of face-to-face versus virtual workshops. *Implementation Science* 11:62 (online)
73. Dillard DA, Avey JP, Robinson RF, Smith JJ, Beals J, Manson SM, Comtois KA (2016) Demographic, Clinical, and Service Utilization Factors Associated with Suicide-Related Visits among Alaska Native and American Indian Adults. *Suicide and Life Threatening Behavior* (EPub ahead of print)

Book Chapters

- Dimeff, L. A., Comtois, K. A., & Linehan, M. M. (1998). Dialectical Behavior Therapy for substance abusers with Borderline Personality Disorder: Applications in primary care. In A.W. Graham & K. Schultz (Eds.), *Principals of Addiction Medicine*. Arlington, Virginia: American Society of Addiction Medicine.
- Linehan, M. M., Kantor, J., & Comtois, K. A. (1999). Dialectical Behavior Therapy for Borderline Personality Disorder: Efficacy, specificity, and cost effectiveness. In D. Janowsky (Ed.), *Psychotherapy Indications and Outcomes*. Washington, D.C.: American Psychiatric Press.
- Comtois, K. A., Levensky, E., & Linehan, M. M. (1999). Behavior Therapy. In M. Hersen & A. Bellack (Eds.), *Handbook of Comparative Intervention for Adult Disorders*, (2nd Edition). New York: John Wiley & Sons, Inc.

- Comtois, K. A., Cochran, B. N., & Linehan, M. M. (2000). The Behavioral Treatment of Borderline Personality Disorders. In O. Kernberg, B. Dulz, & U. Sachsse (Eds.), *Handbook of Borderline Personality Disorder*. Stuttgart, Germany: Schattauer. (in German)
- Comtois, K. A. & Hoiness, M. (2001). Treatment of Borderline Personality Disorder. In D. Dunner (Ed.), *Psychiatric Clinics of North America: Annual of Drug Therapy, Volume 8* (pp. 135-153). Philadelphia, PA: W.B. Saunders.
- McCann, R., Comtois, K.A., & Ball, E.M. (2005). Dialectic Behavior Therapy. In F Rotgers & M Maniacci (Eds.) *Antisocial Personality Disorder: A Practitioner's Guide to Comparative Treatments*. New York, NY: Springer Publishing.
- Comtois, KA, Koons, CR, Kim, SA, Manning, SY, Bellows, E, and Dimeff, LA. (2007). Implementing Standard Dialectical Behavior Therapy in an Outpatient Setting, In Dimeff, LA & Koerner, K (Eds.) *Dialectical Behavior Therapy in Clinical Practice: Applications across Disorders and Settings*. NY: Guilford Press.
- Dimeff, L. A., Comtois, K. A., & Linehan, M. M. (2009). Co-occurring Addiction and Borderline Personality Disorder. In R. K. Ries (Ed.), *Principles of addiction medicine* (4th ed., pp. 1227-1238). PA: Lippincott Williams & Wilkins.
- Jobes, D. A., Comtois, K. A., Brenner, L. A. & Gutierrez, P. M. (2011). Clinical Trial Feasibility Studies of the Collaborative Assessment and Management of Suicidality. In R. C. O'Connor, S. Platt, & J. Gordon (Eds.) *International Handbook of Suicide Prevention: Research, Policy and Practice*. West Sussex, United Kingdom: John Wiley & Sons, Ltd.
- Jobes, D. A., Comtois, K. A., Brenner, L. A., Gutierrez, P. M., & O'Connor, S. S. (in press). Lessons Learned from Clinical Trials of the Collaborative Assessment and Management of Suicidality (CAMS). In R. C. O'Connor, S. Platt, and J. Gordon (Eds.), *International handbook of suicide prevention: Research, policy, & practice 2nd Ed*. West Sussex, UK: Wiley-Blackwell.

Other Publications

- Comtois, Katherine Anne. (1993) An examination of college women's friendships based on heterosexual couple status. *Dissertation Abstracts International. Vol 54(1-B): 487.*
- Comtois, Katherine; Pinto, Bernadine; Weinberg, Richard; Field, Clint. (2005) Strategies for Advancing Diversity Within Graduate Training and Internship Training Programs. *Behavior Therapist. Vol 28: 37-38.*
- Comtois, KA. (2007) *Employment Initiative: Recommendations to Improve Employment Outcomes for Mental Health Consumers and Youth in Transition in Washington State*. Report to Director, Washington State Mental Health Division.

OTHER:

Invited Grand Rounds and Plenary Presentations

- Comtois, K. A. (1995). *Working with the Borderline Patient*. Social Work Grand Rounds, Harborview Medical Center, Seattle, Washington.
- Comtois, K. A. & Linehan, M. M. (1998, April). *Dialectical Behavior Therapy*. Annual Spring Meeting, Washington State Psychiatric Association, Vancouver, Canada.
- Comtois, K. A. (1998). *Borderlines in Crisis*. Presented at Annual Conference County Designated Mental Health Professionals- Eastern Washington.
- Comtois, K. A. (1998). *Dialectical Behavior Therapy*. Two day training course presented for Nebraska Psychological Association.
- Comtois, K. A. (1999). *Meeting the Needs of Persons with Borderline Personality Disorder*. Institute presented at the International Association of Psychosocial Rehabilitation Services Annual Conference.
- Comtois, K. A. (2000) *Grand Rounds: Treating Chronically Suicidal Patients in the Public Mental Health System: Adapting Dialectical Behavior Therapy*, Department of Psychiatry and Behavioral Sciences, University of Washington, Seattle, WA.
- Comtois, KA (2000) *Grand Rounds: Dialectical Behavior Therapy: Overview and Dissemination to Child and Adolescent Populations*. Division of Child Psychiatry, University of Washington, Seattle, WA
- Comtois, KA (2002) *Grand Rounds: An Introduction to Dialectical Behavior Therapy for Borderline Personality Disorder*. Department of Psychiatry, University of Utah, Salt Lake City, UT
- Comtois, KA (2004) *Grand Rounds: An Introduction to Dialectical Behavior Therapy*. Sacred Heart Medical Center, Spokane, WA
- Comtois, KA (2004) *Treatment: Dialectical Behavior Therapy*. Menninger, National Education Alliance, and NAMI-West Houston Borderline Personality Disorder Symposium, Houston, TX.
- Comtois, KA (2005) *Grand Rounds: Dialectical Behavior Therapy and the Suicidal Teenager: Lessons for the General Clinician*. Division of Child Psychiatry, Columbia University, New York, NY
- Comtois, KA (2005) *Borderline Personality*. Invited Address: Treating Mental Disorders in Medical Settings. University of Washington Continuing Medical Education. February 3-4, 2005.
- Comtois, KA (2006) *Dialectical Behavior Therapy: Emotion Regulation and Borderline Personality Disorder*. Invited Address at UCLA conference on Borderline Personality Disorder: Current Knowledge and Future Directions, June 2-3, 2006
- Comtois, K. A. (2007) Invited Reviewer and Consultant. *University of Manitoba Research Resident Days*, Winnipeg, Manitoba, Canada.
- Comtois, K.A. (2008) *Dialectical Behavior Therapy Accepting the Challenges of Exiting the System (DBT-ACES) Program: Overview and Pilot Data*. Presented at Annual DBT Network Meeting, Zürich.

- Comtois, K.A. (2009) *Suicide Prevention Across Systems of Care: A Health Services and Treatment Development Perspective on the Treatment of Suicidal Individuals in Acute, Outpatient, and Chronic Care Systems*. Presented at Annual DoD/VA Suicide Prevention Conference, January 11-15, 2009 San Antonio, Texas
- Comtois, K.A (2009) *Assessment in Clinical Trials and Clinical Epidemiology Studies with High Risk Suicidal Individuals*, Part of Symposium on Assessing Suicidality in Clinical Trials, New Clinical Drug Evaluation Unit (NCDEU) Annual Meeting
- Comtois, K.A and Jobes, D (2009) *See You Tomorrow.... The Next Day Appointment*. Invited Presentation for The Aeschi Working Group New perspectives for the clinician A movement for improving the therapeutic approach to the suicidal person. Aeschi, Berner Oberland, Switzerland.
- Comtois, KA, Plöderl, M, Perret-Catipovic, M, Rohrbach, E (2009) *Inpatient Care: For Whom and When?* Invited Presentation for The Aeschi Working Group New perspectives for the clinician A movement for improving the therapeutic approach to the suicidal person. Aeschi, Berner Oberland, Switzerland.
- Comtois, KA (2009) *Grand Rounds: DBT Implementation: How to do it well... and badly...* Division of Public Behavioral Health and Justice Policy, Department of Psychiatry and Behavioral Sciences.
- Comtois, KA (2010) AIMS Center: *Dialectical Behavior Therapy Distress Tolerance Skills*. Webcast and clinical consultation to the Washington State Mental Health Integration Program (MHIP). AIMS Center. University of Washington.
- Comtois, KA (2011) *Grand Rounds: An Introduction to Dialectical Behavior Therapy*. Department of Psychiatry, University of California, Davis
- Comtois, KA & Holloway, M (2011) *Evidence-Based Psychotherapy for Suicide Prevention: Strategies from the Civilian and Military Sectors*. Presented at 2011 DoD/VA Annual Suicide Prevention Conference: All The Way Home: Preventing Suicide Among Service Members and Veterans.
- Comtois, KA (2011) *DBT-ACES: Achieving recovery from psychiatric disability*. Presented at Dialectical Behavior Therapy (DBT): State of the Art and Science. National Educational Alliance for Borderline Personality Disorder 9th Annual National Institute of Mental Health Conference.
- Comtois, KA (2011) *Grand Rounds: Dialectical Behavior Therapy – Accepting the Challenges of Exiting the System (DBT-ACES)*. Department of Psychiatry, Harbor/UCLA, Los Angeles, CA
- Comtois, KA (2012) *The Silent Journey - A health services and clinical trial researcher's perspective*. Plenary Address presented at the Annual Convention of the American Association of Suicidology
- Comtois, KA & Vannoy, S (2012) *Talking About Suicide: How to Ask Questions and Intervene So Suicidal Patients Get Better*. Department of Psychiatry and Behavioral Sciences 2012 Clinical Faculty Continuing Education event.
- Comtois, K A (2012) *Treatment of Suicidal Patients*. Invited Address for the Washington State Psychiatric Association
- Comtois, K A (2012) *How to help Suicidal Individuals to Get Better*. Invited Address for the Washington State Psychological Association

Comtois, KA, Hogan, M & Covington D (2013) *Ending Suicide in Healthcare Settings: How many deaths are acceptable?* Plenary Address presented at the Annual Convention of the American Association of Suicidology.

Comtois, KA (2013) *Dialectical Behavior Therapy – Accepting the Challenges of Exiting the System (DBT-ACES)*. Keynote Presentation at the Society for Dialectical Behaviour Therapy's (SfDBT) Inaugural Conference in London, England

Comtois, KA (2014) *Grand Rounds: An Introduction to Dialectical Behavior Therapy*. Department of Psychiatry, University of Arkansas, Little Rock, AR

Comtois, K A (2014) *Assessing, Managing, and Treating Suicidality in Adult Psychotherapy*. Washington State Psychological Association. Presented as part of state required suicide prevention training.

Dialectical Behavior Therapy State or Regional Training and Implementation Projects

Comtois, K. A., & McCann, R. (2001) *Dialectical Behavior Therapy*. Intensive 10 Day Course presented for State of Hawaii.

Comtois, K. A., & McCann, R. (2003-2004) *Dialectical Behavior Therapy*. Intensive 14 Day Course presented for State of Arizona.

Comtois, K. A., & DuBose, A. (2005-2006) *Dialectical Behavior Therapy*. Intensive 13 Day Course presented for Child and Family Services across British Columbia, Canada.

Comtois, K. A., & Clarke, S. (2005-2006) *Dialectical Behavior Therapy*. Intensive 10 Day Course presented for Hampshire Trust, Southampton, England.

Comtois, K. A., & McCann, R. (2007) *Dialectical Behavior Therapy*. Intensive 10 Day Course presented for Mental Health Australia, Melbourne, Australia.

Comtois, K. A., DuBose, T, & Hollander, M. (2007-2011) *Dialectical Behavior Therapy*. Implementation 14 Day training program and monthly consultation presented for the Department of Children and Families, State of Connecticut.

Comtois, K. A., & Sayrs, J. (2010) *Dialectical Behavior Therapy*. Intensive 10 Day Course presented for multiple DBT teams from eastern Australia, Newcastle, Australia.

Comtois, K. A., & Hall, K. (2012-2013) *Dialectical Behavior Therapy*. Implementation and Core Clinical Training (17 Day Course Series plus Consultation) presented for multiple DBT teams from Chester, Montgomery, and Delaware counties, Pennsylvania.

Comtois, K. A., & Manning, S. (2013) *Dialectical Behavior Therapy*. Core Clinical Training (7 Day Course Series plus Online Webcasts) presented for Sheppard Pratt system of care, Towson, MD.

Comtois, K. A., & Manning, S. (2015) *Dialectical Behavior Therapy*. DBT Sustainment Training (9 Day Course Series) presented for multiple DBT teams from Chester and Philadelphia counties, Pennsylvania.

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Curriculum Vitae

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In addition to these implementation projects, Dr. Comtois has taught many beginner and advanced 2-day and 10-day DBT continuing education trainings across the US as well as in Canada, UK, Australia, and Norway.