

Partnership Bulletin

Stay in
the Circle...



UNIVERSITY OF WASHINGTON PARTNERSHIP FOR NATIVE HEALTH

Issue 4, Winter/Spring 2011

Welcome Beth!



Hello everyone, my name is Beth Mizushima. I moved from Colorado to Seattle about 2.5 years ago to attend a Masters of Public Health program at the University of Washington. Before moving to Seattle I worked as a research assistant on a longitudinal study of Lakota household economic decision making, time allocation and social networks, and conducted thesis research regarding healthcare decision making. I look forward to working with our Native partners on the

CDC Native Women's Wellness project and the EXPORT Diabetes Numeracy project. In my free time I enjoy outdoor activities and I am excited to explore more of the Pacific Northwest. I would love to hear any suggestions of great places to visit or backpack!

Welcome Colleen!

Nawa and Hello! My name is Colleen Echohawk and I am the new lead on the Native Comic Book Project. I am a Pawnee tribal member and a member of the Headwater people of Mentasta Lake Village, Alaska. My husband, Matt and I have two wonderful children, True (4 years old) and Zoey (almost two years old). I am excited to partner with the staff at Native People for Cancer Control and lead the Native Comic Book Project. My former work experience has been working with urban Native youth here in Seattle as the cultural specialist at Indian Heritage High School and as a youth intervention work with indigenous youth in Hawaii, New Zealand and Fiji. I believe that our Native youth have great potential to lead our population into healthy and thriving future and it is my privilege to work with such a promising, beautiful group. I also have experience working in biotech as a research coordinator and administrative assistant. Outside of the office, I love to spend time with my family, cook, garden, read and watch a little reality TV. I look forward to getting to know my new-coworkers and becoming part of the center's community.



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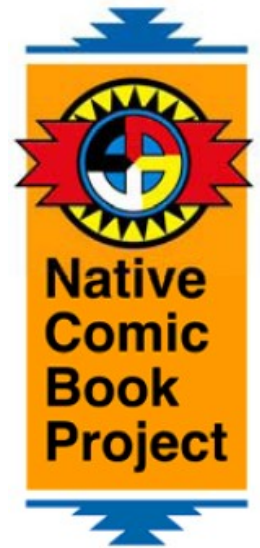
SEND CONTACT INFORMATION, ARTICLES, QUESTIONS AND IDEAS TO NPCCINFO@UW.EDU

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NATIVE COMIC BOOK PROJECT

The Native Comic Book Project (NCBP) is off and running at our first site with the Huchoosedah Indian Education Program at Seattle Public Schools. Over ten Native students have signed up to create their own comic book that will tell their story of how and why they make decisions regarding non-ceremonial tobacco usage. Colleen Echohawk (Pawnee) and Corinna Tordillos (Tlingit/Assiniboine Sioux/Northern Cheyenne) will make weekly site visits and facilitate this educational intervention study that will combine traditional storytelling methods with decision making models in order to impact Native youth towards cancer risk reduction habits. From our initial interactions with the kids we anticipate good participation and excellent community participation with the staff at Huchosedah. We look forward to spending time with our Seattle Native youth; working with them as they learn about reducing their risks of tobacco related cancers.

For more information or to have your youth participate in the Native Comic Book Project, please contact Colleen Echohawk at- echohawk@u.washington.edu



NATIVE WOMEN'S WELLNESS

The Native Women's Wellness project is a four year study funded by the Centers for Disease Control and Prevention (CDC). The scientific aims of the project are to: 1. Increase adherence (measured by referrals to risk reduction resources and appointment keeping); 2. Improve lifestyle and behaviors related to obesity, smoking, depression and treatment; 3. Improve physiological CVD risk factor profiles for diabetes, hypertension, hyperlipidemia, and obesity; 4. Evaluate outcomes (measured by the degree of participation in the MI intervention and individual motivation). This project will implement and test a 3-pronged referral program for women of reproductive age at two Native clinics. A health educator will recruit eligible participants and enroll them into a 6 week intervention that utilizes Motivational Interviewing (MI) and Case Management. Using a Well Woman Profile, participants will select one or more Cardiovascular Disease (CVD) risk factor(s) to address. The participants will work with their health educator and case manager in person and over the phone to reduce their CVD risk factors.

For more information contact Beth

NPCC ON FACEBOOK

You can now find NPCC on Facebook:
<http://www.facebook.com/NPCC.UW>

Our Facebook page will post job openings, cancer articles and information, links to resources and short announcements about our program activities! If your community is working on cancer activities for Tribal community members or you have an upcoming conference or paper that would be of interest to our Tribal partners, please send an email with the information to npccinfo@uw.edu and we'll post it.

Stop on by and "like" our new Facebook page!



ONLINE SURVEY COMING SOON

As you may know, Native People for Cancer Control was recently refunded as a National Cancer Institute Community Network Program Center. Through this funding source, we will be able to continue partnering with tribes and tribal organizations in Washington, Alaska, Oregon, Idaho, Wyoming, Montana, North Dakota, and South Dakota on cancer education, outreach, research and training.

To kick start our 5-year grant, we want to hear from you about your cancer education and outreach needs. We are committed to creating programs that are needed in your community, while not duplicating services, to fully utilize limited resources.

We have developed a questionnaire that will be used to gather information for our cancer education and outreach needs assessment. The results from this survey will serve as the basis for creating our 4-year cancer education and outreach plan.

This will be an online survey. It will take about 30 minutes of your time and after completion of the survey you will be sent a \$30 gift card for your time.

Once the data gathered from this survey has been fully analyzed, we will be happy to share our final report with you.

If you have any questions, please do not hesitate to contact Carrie Nass at - cnass@uw.edu

GRANTS FOR COMMUNITY, TRIBE, OR PRACTICE-BASED RESEARCH

The Institute of Translational Health Sciences (ITHS) is pleased to announce the availability of research activity grants for community, tribe, or practice-based research.

The Community/Practice/Tribe-Based Research Activity Funding Program is sponsored by two ITHS cores: the Center for Scientific Review (CSR) and the Community Outreach and Research Translation (CORT) core. The CORT team supports research partnerships across community and academic settings.

The goal of this funding program is to enhance two-way working relationships between communities, practices, and academic researchers in participatory research, which means community, tribes and practice members are directly involved in research processes. Grants are designed to help community, tribes and practice partners:

- * gain research skills and boost research capacity
- * conduct research or quality improvement work
- * establish relationships with academic/university-based research partners

This funding program is for community, tribes and practices only. Members of the academic research community are NOT eligible to apply. Funds can be used for small pilot research, quality improvement projects, or non-research activities that develop research capacity. All proposed research must be participatory, which means involving community, tribe and practice members in the health research processes.

To be considered for this award, it is required that you complete the pre-application form. Please go to <https://www.iths.org/funding/TribeCommunityPractice> to access the full announcement and pre-application form. Pre-application forms are **due by March 25th**.

You must use this form and email it to Leah Tuzzio at, tuzzio.l@ghc.org, or call (206) 287-2109 or Abigail Echo-Hawk, Tribal Liaison, at hawkd3@uw.edu or (206) 616-5957.

Please contact Abigail Echo-Hawk with any questions at - hawkd3@u.washington.edu or (206) 616-5957

UNDERSTANDING CANCER AND DIGITAL STORYTELLING WORKSHOP

Native People for Cancer Control has been partnering with the Alaska Native Tribal Health Consortium to conduct trainings for Community Health Aide Practitioners, Community Health Representatives and other staff working in tribal health. The most recent training was held in Anchorage, February 7-11th. Fifteen people came together that week to laugh, dance, grieve and learn about cancer. Participants also had the opportunity to create their own two to three minute digital story, to share with their family and community back at home. It was an unforgettable week and we look forward to continuing our partnership with Melany Cueva and Alaska Native Tribal Health Consortium to offer future trainings. If you're interested in hosting a similar training in your community in WA, OR, ID, MT, WY, ND or SD, please contact Laura Revels at ljrevels@uw.edu or Carrie Nass at cnass@uw.edu.



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