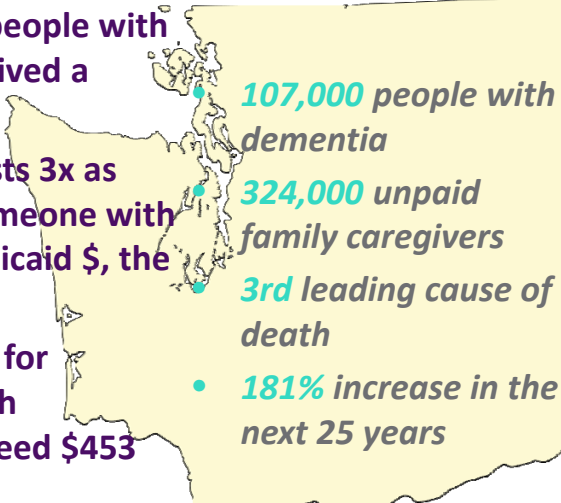


Preparing Our State for Alzheimer's Disease and Related Dementias

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Dementia by the Numbers

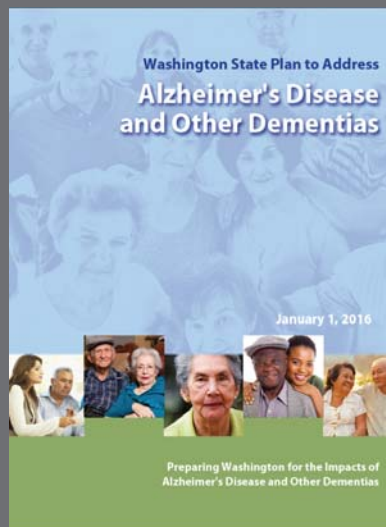
- Fewer than half of people with dementia have received a diagnosis.
 - In Medicare \$, it costs 3x as much to care for someone with Alzheimer's. In Medicaid \$, the ratio is 19x1.
 - In 2016, Medicaid \$ for Washingtonians with Alzheimer's will exceed \$453 million.
- 
- 107,000 people with dementia
 - 324,000 unpaid family caregivers
 - 3rd leading cause of death
 - 181% increase in the next 25 years

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Our Plan

- October 2013 – Governor's Aging Summit
- February 2014 – Enabling Legislation (SSB 6124)
- September 2014 – Working Group (ADWG)
- January 2016 – Plan presented to Legislature
- April 2016 – Dementia Action Collaborative (DAC)



Plan Development

- **Goals – broad visionary statements**
- **Strategies – high level plans to achieve the goals**
- **Recommendations – specific responses or actions**



A Phased Approach

Recommendations identified by implementation time...

- Short-term: within 2 years
- Mid-term: 3-4 years
- Long-term: 5 years or more

...and the likely need for additional resources

- No additional resources needed
- Additional funding needed
- Additional legislation needed

Aspirational Goals

1. Increase public awareness
2. Prepare communities
3. Ensure well-being and safety
4. Ensure family caregiver supports
5. Identify dementia early and provide dementia-capable, evidence-based health care
6. Ensure dementia-capable long-term services and supports
7. Promote innovation and research

Dementia Action Collaborative

- Public-private partnership
- 37 Stakeholders
 - Persons with dementia
 - Family caregivers
 - Medical providers, clinicians, researchers
 - Legislators
 - DSHS, HCA, DOH
 - Alzheimer's support organizations
- Subcommittee members
- Project Team members

The DAC at Work

- Priorities in 2016
 - Focus on what can be done through heightened collaboration with existing resources
 - Sustain momentum and awareness by engaging partners (JLEC and others)
- Subcommittees
 - Health and Medical
 - Long-Term Services and Supports
 - Public Awareness and Community Readiness

Recommendations in Motion - 2016

- **Health and Medical Subcommittee**
 - Convene expert panel to identify and endorse evidence-based standards for diagnosis, treatment, supportive care, and advanced planning
 - Identify and recommend validated cognitive screening tools
 - Promote understanding and effective use of Medicare Annual Wellness Visit

- **Long-Term Services and Supports Subcommittee**
 - Develop a “roadmap” for family caregivers
 - Expand and promote early stage groups
 - Identify and engage leaders of diverse populations to explore needs
 - Identify and promote existing models of care coordination



- **Public Awareness and Community Readiness Subcommittee**
 - Develop a website “point of access” portal
 - Compile educational materials about safety
 - Identify elements of dementia-friendly communities
 - Inform and educate about healthy aging and brain health
 - Implement BRFSS cognitive and caregiver modules at least once every three years

Some Strategies for Prevention, Diagnosis, and Treatment

- Increase public awareness about the connections between health and wellness, brain health, and dementia
- Promote early detection, diagnosis, and treatment
- Promote advanced care planning
- Enhance coordination of care
- Expand tele-health and web-based resources
- Develop a dementia capable, culturally competent primary care workforce

It's about the Partners!

- State Leadership (JLEC, Legislature, Governor's Office, DSHS, HCA, DOH)
- Community Partners (Area Agencies on Aging, UW Medicine Memory and Brain Wellness Center, Alzheimer's Association Washington State Chapter)
- Thousands of grass roots advocates



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