

**Elder Friendly Futures: Care and Collaboration with Older Adults
September 17-18, 2015**

ONLINE RESOURCES FOR PANEL #4:
INNOVATIONS IN FALL PREVENTION

RECOMMENDED BY ELIZABETH PHELAN

Resources on fall prevention from the Centers for Disease Control and Prevention:

- <http://www.cdc.gov/HomeandRecreationalSafety/Falls/adultfalls.html>

Updated (2015) Action Plan from the National Council on Aging's Falls Free Initiative:

- <https://www.ncoa.org/healthy-aging/falls-prevention/falls-free-initiative/>

RECOMMENDED BY MARY-ANNE GRAFTON (and Mary Borges, Senior Falls Program Manager)

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Washington State Department of Health's information is located here:

- <http://livingwell.doh.wa.gov/>
- <http://www.doh.wa.gov/YouandYourFamily/InjuryandViolencePrevention/OlderAdultFalls>

Fall Prevention and SAIL are located here:

- <http://livingwell.doh.wa.gov/senior-falls>

Professional Fall Prevention Resources are located here:

- <http://livingwell.doh.wa.gov/senior-falls/resources>

The *Senior Messenger Newsletter* (includes Lynnwood Senior Center's quarterly programming):

- <http://www.ci.lynnwood.wa.us/Page706.aspx>

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