# Looking Ahead: Future Technologies for Elder Friendly Futures

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## **Trends**

#### Electronics

Smaller

M

- Cheaper
- More powerful

#### Software

Intelligent



- Manageable
- Mobile

#### Data

- Ubiquitous
- Big
- Accessible





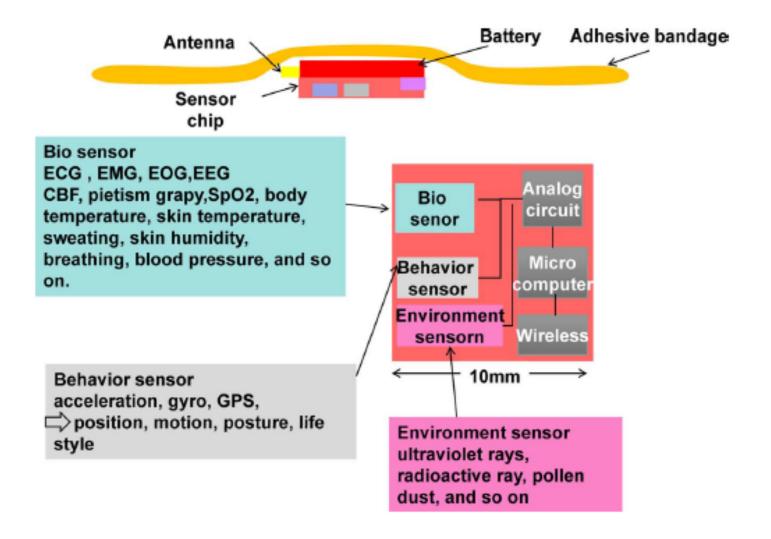
## Themes

- Robotics
  - Caregivers
  - Surgeons (remote and on-site)
- Internet
  - Primary Care visit via Skype
  - Diagnosis online (crowd-source and PCP)
- Patient Privacy vs. Big data
  - Screening
  - Early warning
- Smart Home
  - Embedded, continuous
  - Track daily activities
- Quantified Self
  - Real-time, mobile, passive
  - Unlock new measurables

## Expectations

- Automated "track and trigger" systems
- Total heart replacements
- Kidney treatment via artificial organs
- Natural drug delivery
- Digestible sensors
- Tissue engineering of nerve cells
- Stimulators to control obesity
- Embedded sensors to monitor daily activity
- Personal sensors to monitor vitals
- Smart toilets for screening

# Example 1: Personal Sensor



## **Example 2: Smart Toilet**



- Routine waste monitoring (**screening**) can be an important element of preventative care, but is currently used in targeted symptomatic patients (**case management**) at office visits
- Home monitoring could enable early detection of disease progression, disease onset, and potentially other biomarkers of interest