

**Elder Friendly Futures: Care and Collaboration with Older Adults
September 17-18, 2015**

ONLINE RESOURCES FOR PANEL #8:
Activities for Enhancing Wellness in the Community

Step It Up! The Surgeon General's Call to Action to Promote Walking and Walkable Communities (2015):
<http://www.surgeongeneral.gov/library/calls/walking-and-walkable-communities/index.html>

Belza B, Allen P, Brown DR, Farren L, Janicek S, Jones DL, King DK, Marquez DX, Miyawaki CE, Rosenberg D. Mall walking: A program resource guide. Seattle, WA: University of Washington Health Promotion Research Center; 2015. <http://www.cdc.gov/physicalactivity/downloads/mallwalking-guide.pdf>