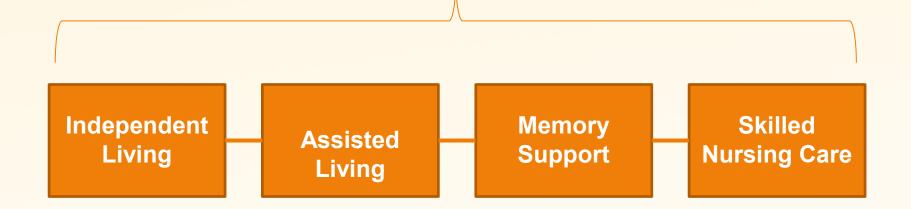




# 1. We are not-for-profit

# Life Plan Community





### 2. We are established













### 3. We aren't small...

- >330 Independent Living
  - 306 apartments
  - 24 cottages
- >40 Assisted Living Rooms
- >16 Memory Care Rooms
- >61 Skilled Nursing Beds













# 4. We are growing!

New Assisted Living apartments



- Skilled Nursing private rooms
- 42 more Independent Living Apartments









# Financial Stability, Great Care, and Strong Leadership...but still challenged

#### **Turnover**

- CNA
- LPN
- RN

24/7 RN waiver

#### 2 year average

- **25**%
- **22%**
- **67**%

Geography



# 2016-2017 Workforce Survey Review



Average hourly rate of pay for the following positions (starting and current employees

Answer Options	Starting Rate of Pay	Rate of Pay
CEO/Exec. Director	\$77.43	\$85.87
Administrator	\$49.39	\$56.40
Assisted Living Admin/Exec. Director	\$37.62	\$39.54
Director of Nursing	\$47.09	\$49.42
RN	\$29.30	\$33.29
LPN	\$23.10	\$27.22
NAC/NAR	\$13.77	\$15.27
Home Care Aide	\$13.60	\$16.00
Social Services	\$22.03	\$25.66
Activities	\$13.97	\$16.82
General and Administrative (i.e. reception, finance, I.T.)	\$17.21	\$21.30
HR	\$27.41	\$30.13
Marketing	\$25.93	\$32.25
Dietary Staff	\$12.90	\$14.58
Dietician	\$24.97	\$28.79
Housekeeping	\$12.85	\$13.55
Maintenance	\$16.09	\$19.30

Experience recruiting for each category (over the past year):

Answer Options	Very Easy	Easy	Neither Easy or Difficult	Difficult	Very Difficult
CEO/Exec. Director	2	1	2	1	O
Administrator	1	O	2	О	3
Assisted Living Admin/Exec. Director	1	О	2	1	1
Director of Nursing	1	O	4	1	7
RN	O	O	1	9	15
LPN	O	O	2	16	7
NAC/NAR	1	1	2	16	5
Home Care Aide	1	1	O	1	1
Social Services	2	3	3	3	1
Activities	2	4	8	4	О
General and Administrative (i.e. reception, finance, I.T.)	3	6	9	3	О
HR	1	4	4	1	1
Marketing	1	2	5	1	O
Dietary Staff	O	4	8	(11)	1
Dietician	1	1	О	Y	1
Housekeeping	1	6	5	9	1
Maintenance	1	5	3	7	2

# Most Significant Challenges

- 1. Insufficient number of qualified applicants
- 2. Competitive wages
- 3. Staff turnover
- 4. Staff vacancy
- 5. Inability to compete with other employers
- 6. Staff retention
- 7. Competitive benefits
- 8. High staff workloads



# Most Significant Challenges (Cont'd)

- 9. Onboarding staff
- 10. Low staff morale
- 11. Use of temporary staff
  - 38% agency use for RNs and NACs
  - 40% agency use for LPNs
- 9. Staff competencies





"Theoretically, your shift ended.
Now, let's talk reality..."



## Consequences of inadequate staffing

- Increased voluntary overtime
- 2. Increased workloads
- Increased staff turnover
- 4. Low staff morale
- 5. Wage increases
- Increased use of agency
- 7. Using Administrative staff to cover duties

- 8. Increased absenteeism
- 9. Increased resident complaints
- 10. Difficulty completing job on time
- 11. Delayed admissions
- 12. Delays in providing care
- 13. Increased incident reports

# Retention Strategies

- Competitive wages and benefits
- 2. Tuition reimbursement
- 3. Employee recognition programs
  - Employee of the month
  - Staff luncheons/dinners
  - Random acts of gifts
- 4. Onboarding program
- 5. Peer mentor program
- 6. Cross-trained staff

- 7. Supervisory training and development
- 8. Direct care staff empowerment
- 9. Career advancement opportunities
- 10. Flex schedules/job sharing
- 11. Comprehensive training and professional development

# We aren't alone

- In every state:
  - > IN, MD, MI, WA
- But it is getting worse
- And the pace/pressure are increasing
- Too many staff are 50+
  - > There are NOT enough people following



# Beyond our Walls

- Clinical Rotation Site
  - Lake Washington Technical College
  - Northwest College
- Redmond High School
- Engage in outside collaborations
  - Leading Age Workforce Solutions Council
  - > Action Now! Initiative



# Industry Collaborations

- 1. Sponsoring bridge programs NAC-RN
- 2. Full scholarships for years of service
- Buildings in close proximity collaborating on scheduling models to share work staff successfully
- 4. Direct programs with schools that use staff as teachers from the center and then clinicals and employment with the center.
- Creating new degree programs (Western Washington now has a NHA, NAB approved program)
- 6. Creating NAC programs in High Schools





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