

Inclusion of Other in the Self (IOS) Scale

This survey accompanies a measure in the SPARQTools.org [Measuring Mobility toolkit](#), which provides practitioners curated instruments for assessing mobility from poverty and tools for selecting the most appropriate measures for their programs. To get a copy of this document in your preferred format, go to "File" and then "Download as" in the toolbar menu.

Age: Child, Teen, Adult

Duration: < 3 minutes

Reading Level: 9th to 12th grade

Number of items: 1

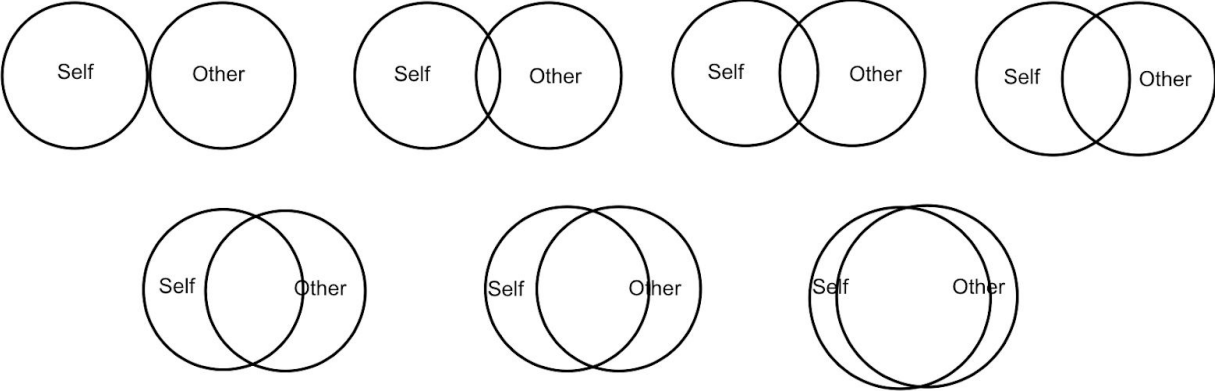
Answer Format: Circle a diagram

Scoring: Respondents choose a pair of circles from seven with different degrees of overlap. 1 = no overlap; 2 = little overlap; 3 = some overlap; 4 = equal overlap; 5 = strong overlap; 6 = very strong overlap; 7 = most overlap. The number chosen is the respondent's score.

Sources:

Aron, A., Aron, E. N., & Smollan, D. (1992). Inclusion of other in the self scale and the structure of interpersonal closeness. *Journal of Personality and Social Psychology*, 63(4), 596-612.

Instructions: Please circle the picture below that best describes your relationship.



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