

Curriculum Vitae

Adam M. Kuczynski

University of Washington Department of Psychology
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EDUCATION

- 2022-23 **Predoctoral internship, UW School of Medicine**
Harborview Medical Center
Seattle Cancer Care Alliance
- 2023 **Ph.D. Candidate, Clinical Psychology**
Minor in Quantitative Psychology
University of Washington, College of Arts & Sciences, Seattle, WA
Dissertation: “Characterizing the dynamics of loneliness, depression, and the role of social interactions: An experience sampling study”
Dissertation Chair: Jonathan W. Kanter, Ph.D.
Committee: Kevin M. King, Ph.D., Dror Ben-Zeev, Ph.D., John M. Gottman, Ph.D., Susan M. McCurry, Ph.D., Robert J. Kohlenberg, Ph.D.
- 2016 **M.S., Clinical Psychology**
University of Washington, College of Arts & Sciences, Seattle, WA
Master’s Thesis: “Preliminary development and psychometric evaluation of the ACL scale: Factor structure, measurement invariance, reliability, and validity”
- 2013 **B.S., Psychology**
Minor in Ethics
University of Washington, College of Arts & Sciences, Seattle, WA

ACADEMIC HONORS AND AWARDS

- 2020 UW Population Health COVID-19 Rapid Response Grant, *Mitigating the Mental Health Consequences of the COVID-19 Crisis*, \$16,168
Role: Co-Investigator
- 2020 Student Spotlight Award (Association for Contextual Behavioral Science)
- 2019 Alcor Fellowship (UW Department of Psychology)
- 2010-2013 Arts and Sciences Dean’s List, University of Washington (2010-2013)

CLINICAL EXPERIENCE

- 2022-present **Predoctoral internship**
UW School of Medicine
Harborview Medical Center
Seattle Cancer Care Alliance
Supervisors: Adam Carmel, Ph.D., Sarah Kopelovich, Ph.D., Ty Lostutter, Ph.D., Barbara McCann, Ph.D.
Responsibilities: Provided comprehensive DBT, CBT for psychosis, and

outpatient cognitive-behavioral and third-wave behavioral therapies in a public mental health setting. Worked within an interdisciplinary team of providers in a specialty oncology hospital to deliver care for co-morbid psychiatric concerns. Worked with patients in an individual capacity and led group psychotherapies.

2020 – 2022

Practicum Student

Mental Health Clinic

VA Puget Sound Health Care System, Seattle Division

Supervisors: Kelly Allred, Ph.D. & Jennifer Buchman, Ph.D.

Responsibilities: Worked within an interdisciplinary team of psychiatrists, psychologists, nurses, and social workers to provide comprehensive mental health care to veterans. Provided individual exposure-based interventions (PE for PTSD, IE for PD, and EXRP for OCD) to veterans diagnosed with anxiety and related disorders. Provided individual CBT for veterans diagnosed with depressive disorders. Co-led a motivational enhancement group for veteran's working to overcome addictive behaviors. Provided assessment and treatment planning services weekly within the Triage and Rapid Evaluation Clinic (TREC). Wrote intake assessment reports and progress notes for all clinical encounters. Completed comprehensive psychodiagnostic assessments for veterans presenting with complex differential diagnoses. Participated in ad-hoc treatment planning meetings within an interdisciplinary team of psychologists, psychiatrists, nurses, and social workers.

2018 – 2020

Practicum Student

Comprehensive Dialectical Behavior Therapy Program

The Seattle Clinic, Seattle, WA

Supervisors: Dorian Hunter, Ph.D. & Elizabeth LoTempio, Psy.D.

Responsibilities: Provided comprehensive Dialectical Behavior Therapy (DBT) within a team of psychologists in a private, independent mental health clinic. Provided individual DBT and DBT-PE to adolescents and adults working to overcome problems related to severe emotion dysregulation and suicidal behavior. Led and co-led a DBT skills group. Provided individual skills coaching to patients unable to attend group (e.g., due to time constraints). Provided phone coaching to individual patients to assist in the generalization of skills use. Participated actively in the weekly DBT consultation team. Wrote progress notes for all clinical encounters. Conducted regular suicide assessments for patients at high acute risk.

2017 – 2018

Practicum Student

Inpatient Psychiatry Unit

University of Washington Medical Center, Seattle, WA

Supervisor: Ty Lostutter, Ph.D.

Responsibilities: Worked within an interdisciplinary team of psychiatrists, psychologists, nurses, social workers, and other medical doctors as needed to provide acute stabilization services in an inpatient psychiatry setting. Participated in weekly psychosocial rounds with psychiatrists, psychologists, nurses, and social workers. Used empirically supported interventions, including cognitive-behavioral therapy (CBT), Dialectical

Behavior Therapy (DBT) skills, and mindfulness- and acceptance-based interventions, individually with patients. Provided CBT and third-wave behavioral therapies in a group format for patients on the unit. Wrote progress notes for all clinical encounters. Participated in weekly individual and group supervision with psychologists, interns, and other practicum students.

2016 – present

Student Clinician

Psychological Services and Training Center

University of Washington, Department of Psychology, Seattle, WA

Supervisors: Linda Dimeff, Ph.D., Jonathan Kanter, Ph.D., Madelon Bolling, Ph.D., Kristi Kwon, Ph.D., & Matthew Enkema, Ph.D.

Responsibilities: Provided weekly outpatient psychotherapy within a university-based, sliding-scale clinic. Used empirically supported interventions for individuals working to overcome mood and anxiety disorders, substance use disorders, and relationship-related stress. Participated in individual and group (first-year only) supervision. Wrote progress notes for all clinical encounters. Used routine outcomes monitoring to measure patients' progress throughout treatment.

OTHER CLINICAL EXPERIENCE

2022-2023

Weekly comprehensive DBT training

UW Medicine - Center for Suicide Prevention and Safety (CSPAR)

Instructors: Kate Comtois, Ph.D. and Adam Carmel, Ph.D.

2022

CBT for Psychosis, 2-day training

Instructor: Sarah Kopelovich, Ph.D.

Cognitive Processing Therapy, 2-day training

Instructor: Michele Bedard-Gilligan, Ph.D.

2021-2022

Clinical Supervisor

Responsibilities: Provided tiered clinical supervision to graduate student clinicians. Reviewed audiovisual recordings of psychotherapy sessions and met weekly with student clinicians for session review, role-play, and treatment planning.

2019 – 2020

Study Therapist: A single site randomized-controlled trial of Functional Analytic Psychotherapy for individuals high in fear of intimacy

Supervisors: Jonathan W. Kanter, Ph.D. & Sarah Sullivan-Singh, Ph.D.

Responsibilities: Assisted in the development of an 8-session manualized protocol based on Functional Analytic Psychotherapy (FAP) for individuals experiencing anxiety forming intimate relationships with others. Provided individual therapy within a clinical research context. Supervised therapist adherence to the protocol and data collection efforts.

2019

Intensive Training in the DBT Prolonged Exposure Protocol for PTSD, 4-day

Instructors: Melanie S. Harned, Ph.D., ABPP & Sara Schmidt, Ph.D.

- 2018-2020 **Clinic “Buddy”**
Psychological Services and Training Center
University of Washington
Supervisor: Corey Fagan, Ph.D.
Responsibilities: Provided weekly supervision to second-year clinical psychology Ph.D. students in their first quarter of clinical training. Met with students as-needed to supplement their early supervision experiences and provide encouragement.
- 2018 **Intensive Training in Dialectical Behavior Therapy, 5-day**
 Instructors: Jennifer Sayrs, Ph.D. & Ronda Oswald Reitz, Ph.D.
- CBT+: Cognitive Behavioral Interventions for Depression, Anxiety, Trauma, and Behavior Problems (3-day Training)**
 Instructors: Shannon Dorsey, Ph.D., Phoebe Mulligan, LICSW, & C.J. Ellsworth, M.A., LMFT
- 2016 **Functional Analytic Psychotherapy (FAP) 3-day Intensive Training**
 Instructors: Jonathan W. Kanter, Ph.D., Mavis Tsai, Ph.D., Robert J. Kohlenberg, Ph.D.

TEACHING EXPERIENCE

- 2021 **Lecturer:** Introduction to R Programming (graduate level)
University of Washington, Department of Psychology
Seattle, WA
Responsibilities: Developed lecture slides, live-coding exercises, and homework assignments for a PhD-level course on statistical programming in R. Provided twice weekly lectures to graduate students from multiple departments across the university. Graded homework assignments and met with students for office hours to provide additional support outside of class.
- 2020 **Graduate Teaching Assistant:** Abnormal Psychology (undergraduate level)
University of Washington, Department of Psychology
Seattle, WA
Responsibilities: Taught two weekly discussion sections focused on understanding and applying knowledge of the assessment and treatment of DSM-5 clinical disorders. Assisted in the development of midterm and final exams. Graded weekly homework assignments.
- 2019 **Graduate Teaching Assistant:** Linear Models and Data Analysis & Laboratory in Statistical Computation II (graduate level)
University of Washington, Department of Psychology
Seattle, WA
Responsibilities: Assisted with the development of course material. Provided in-class support and met with students for office hours. Graded weekly conceptual/mathematical and statistical programming homework assignments.
- 2018, 2020 **Graduate Teaching Assistant:** Introduction to Statistics and Data Analysis & Laboratory in Statistical Computation I (graduate level)
University of Washington, Department of Psychology
Seattle, WA

Responsibilities: Assisted with the development of course material. Provided in-class support and met with students for office hours. Graded weekly conceptual/mathematical and statistical programming homework assignments and exams.

2018

Graduate Teaching Assistant Lead: Introduction to Psychology (undergraduate level)

Laboratory in Statistical Computation I (graduate level)

*University of Washington, Department of Psychology
Seattle, WA*

Responsibilities: Supervised a team of Graduate Teaching Assistants in the administration of a 700+ introductory psychology course. Created bi-weekly homework assignments, assisted in the development of exams, and led exam review sessions. Met with students for weekly office hours. Graded homework assignments and exams.

2016, 2017, 2021

Graduate Teaching Assistant: Statistical Inference in Psychological Research (undergraduate level)

*University of Washington, Department of Psychology
Seattle, WA*

Responsibilities: Taught weekly discussion sections focused on statistical computing. Met with students for weekly office hours. Graded weekly homework assignments and exams.

2016, 2017

Graduate Teaching Assistant: Introduction to Probability and Statistics for Psychology (undergraduate level)

*University of Washington, Department of Psychology
Seattle, WA*

Responsibilities: Taught twice weekly discussion sections focused on conceptual/mathematical statistics and statistical programming. Assisted in the development of exams. Met with students for weekly office hours. Graded weekly homework assignments.

2016, 2017, 2018,
2020

Graduate Teaching Assistant: Understanding Statistics in Psychology (undergraduate level)

*University of Washington, Department of Psychology
Seattle, WA*

Responsibilities: Taught twice weekly discussion sections focused on conceptual/mathematical statistics and statistical programming. Assisted in the development of exams. Met with students weekly for office hours. Graded weekly homework assignments.

2016

Graduate Teaching Assistant: Fundamentals of Psychological Research (undergraduate level)

*University of Washington, Department of Psychology
Seattle, WA*

Responsibilities: Taught twice weekly discussion sections focused on research methods within psychological science. Assisted in the development of weekly homework assignments, midterms, and final exams. Graded weekly homework assignments. Met with students weekly for office hours.

2016

Graduate Teaching Assistant: Introduction to Psychology (undergraduate

level)

*University of Washington, Department of Psychology
Seattle, WA*

Responsibilities: Performed administrative duties for a 700+ person class. Created bi-weekly homework assignments. Assisted in the development of exams. Led midterm and final exam review sessions. Met with students for weekly office hours. Graded homework assignments and exams.

RESEARCH POSITIONS HELD

2015-present

Graduate Student

Center for the Science of Social Connection

Department of Psychology, University of Washington

Principal Investigator: Jonathan W. Kanter, Ph.D.

Research Interests: Broadly focused on understanding the role of social relationships in the development and maintenance, and thus prevention and treatment, of mental health diagnoses. Dissertation is focused on understanding the dynamic association between feelings of loneliness and depression symptoms and the preventative effect that daily interactions with others may have. Interested in applying advanced statistical methods (e.g., mixed effects models) and intensive longitudinal data collection methods (i.e., ESM/EMA, passive data collection) to answer novel research questions (e.g., differentiating among between-person and within-person indicators of risk and resilience factors). Related interests include psychological measurement, treatment development and evaluation, and the application of clinical science principles to the prevention of racial microaggressions. Throughout my graduate training my appreciation for open science practices (e.g., pre-registration, data sharing) has grown. I have assisted in study design, data collection, statistical analyses, and dissemination with multiple principal investigators. I have supervised several undergraduate and baccalaureate research assistants, several of whom have collaborated on scientific publications and are now in graduate programs.

2013-2015

Research Coordinator

Center for the Science of Social Connection

Department of Psychology, University of Washington

Principal Investigator: Jonathan W. Kanter, Ph.D.

Responsibilities: Participated in all stages of research including initial conceptualization, implementation, and manuscript preparation. Designed and executed laboratory-based experimental research, a randomized controlled trial of brief psychotherapy for relational dyads, and evaluation of a one-day workshop to reduce the expression of racial microaggressions. Disseminated research findings via scientific publications and presentations and international conferences. Assisted recruiting and training undergraduate research assistants.

2010-2013

Undergraduate Research Assistant

Behavioral Research and Therapy Clinics

Department of Psychology, University of Washington

Principal Investigator: Marsha M. Linehan, Ph.D.

Responsibilities: Worked as a research assistant in an NIH-funded, multi-site randomized controlled trial of Dialectical Behavior Therapy (DBT) for adolescents. Live-coded DBT skills group sessions for therapist adherence. Organized materials for study therapists in both arms of the study. Made copy-edits to the DBT Skills Training Manual, second edition. Assisted with data entry and implementation of data quality measures.

2010-2013

Undergraduate Research Assistant

Functional Analytic Psychotherapy Laboratory

Department of Psychology, University of Washington

Principal Investigators: Robert J. Kohlenberg, Ph.D. & Mavis Tsai, Ph.D.

Responsibilities: Assisted in the development of a laboratory-based component process study of the role of differential reinforcement of interpersonal vulnerability and relational closeness. Implemented the study protocol with face-to-face interactions with research participants. Trained undergraduate research assistants in study protocol.

PUBLICATIONS

1. **Kuczynski, A.M.**, Halvorson, M.A., Slater, L.R., Kanter, J.W. (2021). The effect of social interaction quantity and quality on depressed mood and loneliness: A daily diary study. *Journal of Social and Personal Relationships*, 1-23. <https://doi.org/10.1177/02654075211045717>
2. Kanter, J.W., Nash, M.G., **Kuczynski, A.M.**, & Rosen, D.C. (2021). A brief, mobile intervention to decrease depression and loneliness and improve relationship quality during the Covid-19 Pandemic. *Journal of Social and Clinical Psychology*, 40(5), 422-446. <https://doi.org/10.1521/jscp.2021.40.5.447>
3. Kanter, J.W., **Kuczynski, A.M.**, Manbeck, K.E., Corey, M.D., & Wallace, E.C. (2020). An integrative contextual behavioral model of intimate relations. *Journal of Contextual Behavioral Science*, 18, 75–91. <https://doi.org/10.1016/j.jcbs.2020.09.001>
4. Kanter, J.W., Williams, M.T., **Kuczynski, A.M.**, Corey, M.D., Parigoris, R.M., Carey, C.M., ... Rosen, D.C. (2020). The measurement and structure of microaggressive communications by White people against Black people. *Race and Social Problems*, 12(4), 323–343. <https://doi.org/10.1007/s12552-020-09298-w>
5. Kanter, J.W., Rosen, D.C., Manbeck, K.E., Branstetter, H.M.L., **Kuczynski, A.M.**, Corey, M.D., ... & Williams, M.T. (2020). Addressing microaggressions in racially charged patient-provider interactions: A pilot randomized trial. *BMC Medical Education*, 20(88), 1-14. <https://doi.org/10.1186/s12909-020-02004-9>
6. Manbeck, K.E., Kanter, J.W., **Kuczynski, A.M.**, Maitland, D.W.M., & Corey, M.D. (2020). Fear-of-intimacy in the interpersonal process model: An investigation in two parts. *Journal of Social and Personal Relationships*. <https://doi.org/10.1177/0265407519898267>
7. **Kuczynski, A.M.**, Kanter, J.W., & Robinaugh, D.J. (2019). Differential associations between interpersonal variables and quality-of-life in a sample of college students. *Quality of Life Research*, 29(1), 127-139. <https://doi.org/10.1007/s11136-019-02298-3>

8. **Kuczynski, A.M.**, Kanter, J.W., Wetterneck, C.T., Olaz, F.O., Singh, R.S., Lee, E.B., ... Corey, M.D. (2019). Measuring intimacy as a contextual-behavioral process: Psychometric development and evaluation of the Awareness, Courage, and Responsiveness Scale. *Journal of Contextual Behavioral Science*. <https://doi.org/10.1016/j.jcbs.2019.02.004>
9. Reyes Ortega, M.A., **Kuczynski, A.M.**, Kanter, J.W., de Montis, I.A., & Santos, M.M. (2019). A preliminary test of a social connectedness burnout intervention for Mexican mental health professionals. *The Psychological Record*, 69(2), 267-276. <https://doi.org/10.1007/s40732-019-00338-5>
10. Kanter, J.W., **Kuczynski, A.M.**, Tsai, M., & Kohlenberg, R.J. (2018). A brief contextual-behavioral intervention to improve relationships: A randomized trial. *Journal of Contextual Behavioral Science*, 10, 75-84. <https://doi.org/10.1016/j.jcbs.2018.09.001>
11. Rosen, D.C., **Kuczynski, A.M.**, & Kanter, J.W. (2018). The Antisemitism-Related Stress Inventory: Development and preliminary psychometric evaluation. *Psychology of Violence*, 8(6), 726-734. <https://doi.org/10.1037/vio0000208>
12. Kanter, J.W., Manbeck, K.E., **Kuczynski, A.M.**, Maitland, D.W.M., Villas-Bôas, A., & Reyes Ortega, M.A. (2017). A comprehensive review of research on Functional Analytic Psychotherapy. *Clinical Psychology Review*, 58, 141-156. <https://doi.org/10.1016/j.cpr.2017.09.010>
13. Kanter, J.W., Williams, M.T., **Kuczynski, A.M.**, Manbeck, K.E., Debreaux, M., & Rosen, D.C. (2017). A preliminary report on the relationship between microaggressions against Black people and racism among White college students. *Race and Social Problems*, 9(4), 291-299. <https://doi.org/10.1007/s12552-017-9214-0>
14. Maitland, D.W.M., Kanter, J.W., Manbeck, K.E., & **Kuczynski, A.M.** (2017). Relationship science informed clinically relevant behaviors in Functional Analytic Psychotherapy: The Awareness, Courage, and Love Model. *Journal of Contextual Behavioral Science*, 6(4), 347-359. <https://doi.org/10.1016/j.jcbs.2017.07.002>
15. Maitland, D.W.M., Kanter, J.W., Tsai, M., **Kuczynski, A.M.**, Manbeck, K.E., & Kohlenberg, R.J. (2016). Preliminary findings on the effects of online Functional Analytic Psychotherapy training on therapist competency. *The Psychological Record*, 66(4), 627-637. <https://doi.org/10.1007/s40732-016-0198-8>
16. Haworth, K., Kanter, J.W., Tsai, M., **Kuczynski, A.M.**, Rae, J.R., & Kohlenberg, R.J. (2015). Reinforcement matters: A preliminary, laboratory-based component-process analysis of Functional Analytic Psychotherapy's model of social connection. *Journal of Contextual Behavioral Science*, 4(4), 281-291. <https://doi.org/10.1016/j.jcbs.2015.08.003>
17. Kohlenberg, R.J., Tsai, M., **Kuczynski, A.M.**, Rae, J.R., Lagbas, E., Lo, J., & Kanter, J.W. (2015). A brief, interpersonally oriented mindfulness intervention incorporating Functional Analytic Psychotherapy's model of awareness, courage and love. *Journal of Contextual Behavioral Science*, 4(2), 107-111. <https://doi.org/10.1016/j.jcbs.2015.03.003>

MANUSCRIPTS UNDER REVIEW

1. Dora, J., ..., **Kuczynski, A.M.**, ..., King, K.M. (2021). The daily association between affect and alcohol use: A meta-analysis of individual participant data. Submitted to *Psychological Bulletin*.

MANUSCRIPTS IN PREPARATION

1. **Kuczynski, A.M.**, & Dora, J. (in prep). Does loneliness motivate social reaffiliation? A preregistered test of the Evolutionary Theory of Loneliness in two samples.
2. **Kuczynski, A.M.** & Kanter, J.W. (in prep). A comprehensive systematic review of the bidirectional association between loneliness and depressive symptomatology.

BOOK CHAPTERS

1. Kanter, J.W., Rosen, D.C., Manbeck, K.E., **Kuczynski, A.M.**, Corey, M.D., & Branstetter, H.M.L. (2019). Using contextual behavioral science to understand racism and bias. In M.T. Williams, D.C. Rosen, & J.W. Kanter (Eds.), *Eliminating Race-Based Mental Health Disparities*. Oakland, CA: New Harbinger Books.

SYMPOSIA AND POSTER PRESENTATIONS AT NATIONAL CONFERENCES

1. **Kuczynski, A.M.**, Kanter, J.W., & Tonel, A. (2020, May). Contemporaneous and longitudinal associations among relational intimacy, loneliness, and depressed affect: A daily diary study. In S. Moran (Chair), *Exploring social connectedness across conceptualization and context to enhance mental health in emerging adults*. Association for Psychological Science 32nd Annual Convention, Chicago, IL (Conference canceled due to Covid-19)
2. **Kuczynski, A.M.**, & Kanter, J.W. (2018, July). Modeling ongoing acts-in-context from a contextual behavioral perspective: A network analysis approach. In M. Vriesman (Chair), *Exploring a past, present, and future of broadening of behavioral horizons*. Symposium presented at the Association for Contextual Behavioral Science 16th Annual World Conference, Montreal, CA.
3. **Kuczynski, A.M.**, & Kanter, J.W. (2018, July). Predictive validity of awareness, courage, and responsiveness (ACR) in a general psychiatric sample and non-psychiatric dyads. In J.W. Kanter (Chair), *Awareness, courage, and love: Clinical measurement, clinical analogue, and clinical findings*. Symposium presented at the Association for Contextual Behavioral Science 16th Annual World Conference, Montreal, CA.
4. Kanter, J.W., Corey, M.D., Parigoris, R., & Carey, C. (2018, July). Discrimination and microaggressions: CBS research findings and a call to action. In **A.M. Kuczynski** (Chair). Symposium presented at the Association for Contextual Behavioral Science 16th Annual World Conference, Montréal, Canada.
5. Enkema, M.C., **Kuczynski, A.M.**, Canning, J.R., Lee, C.M., Bowen, S., Hallgren, K.A., & Larimer, M. (2018). *Testing the self-medication hypothesis of alcohol and marijuana use among young adult college student marijuana users: Results from ecological momentary assessment*. Poster presented at the Research Society on Alcoholism (RSA) 41st Annual Meeting, San Diego, CA
6. Enkema, M.C., **Kuczynski, A. M.**, Lee, C.M., Lindgren, K., Bowen, S., Hallgren, K., Jun, E., & Larimer, M. (2018). *How do we measure craving? Intensive longitudinal assessment of craving*

and cannabis use among young adults with problematic use. Poster presented at the College on Problems of Drug Dependence 80th annual meeting, San Diego, CA.

7. **Kuczynski, A.M.**, Parigoris, R.M., Carey, C.M., Boon-Dooley, A.S., & Kanter, J.W. (2017, November). *Measuring outcomes in Functional Analytic Psychotherapy (FAP).* Poster presented at the 2017 Association for Behavioral and Cognitive Therapies Convention, San Diego, CA.
8. Lucid, L. **Kuczynski, A.M.**, Benjamin, K., & Dorsey, S. (2017, November). *Predictors of objectively coded supervision in community mental health.* Poster presented at the 2017 Association for Behavioral and Cognitive Therapies Convention, San Diego, CA.
9. Callaghan, G., Follette, W.C., Gaynor, S., Kanter, J.W., Kohlenberg, B.S., Kohlenberg, R.J., Tsai, M. (June, 2016). In **Kuczynski, A.M.**, & Muñoz-Martínez, A. (Chairs). *Understanding FAP: Is awareness, courage, and love a useful model or...only fluffy puppies?* Panel discussion conducted at the Association for Contextual Behavioral Science 14th Annual World Conference, Seattle, WA.
10. Marfo, N., Oshin, L., Williams, M.T., Debreaux, M.L., **Kuczynski, A.M.**, & Kanter, J.W. (2016, October). *Microaggression minefield: Discrepancies from an initial validation of the CCAS.* Poster presented at the 2016 Association for Behavioral and Cognitive Therapies Convention, New York City, NY.
11. **Kuczynski, A.M.**, Epistola, J., Mier-Chairez, J., Stowe, T., Lee, E., Singh, S., Flaherty, B.P., Dudek, J.E., Tsai, M., Kanter, J.W. (2016, June). *Measuring awareness, courage, and love as a contextual behavioral interpersonal process model for the development of intimacy.* Poster session presented at the Association for Contextual Behavioral Science 14th Annual World Conference, Seattle, WA.
12. Dudek J.E, **Kuczynski, A.M.**, Ostaszewski P., Białaszek W., Smidt T. (2016, June). *The role of psychological flexibility in living with lipedema.* Poster session presented at the Association for Contextual Behavioral Science 14th Annual World Conference, Seattle, WA.
13. Dudek J.E, Ostaszewski P., Białaszek W., Smidt T., **Kuczynski A.M.**, (2016, June). *Adjusting to problems of appearance in women with lipedema.* Poster session presented at the Association for Contextual Behavioral Science 14th Annual World Conference, Seattle, WA.
14. Debreaux, M., Mier-Chairez, J., Sawyer, B., Skinta, M., **Kuczynski, A.M.**, Kanter, J.W., Williams, M.T. (2015, November). *Reducing racial microaggressions: Focus group background and conceptualizations.* Poster session presented at the Association for Behavioral and Cognitive Therapies 49th Annual Convention, Chicago, IL.
15. Thurston-Rattue, M., Kanter, J.W., Hakki, F., **Kuczynski, A.M.**, Santos, M.M., Bailey, K., Tsai, M., & Kohlenberg, R.J. (2015, July). *Increasing racially diverse social connections through contextual behavioral science.* Poster session presented at the Association for Contextual Behavioral Science 13th Annual World Conference, Berlin, Germany.
16. **Kuczynski, A.M.**, Xavier, R.N., Villas-Bôas, A., Meyer, S., Wetterneck, C., Holman, G., Kohlenberg, R.J., Tsai, M., Callaghan, G., & Kanter, J.W. (2015, July). A behavior analytic conceptualization of Awareness, Courage, and Love as functional response classes. In R.J. Kohlenberg (Chair), *The power of love: Using FAP's model of social connection to address global concerns.* Symposium presented at the Association for Contextual Behavioral Science 13th Annual World Conference, Berlin, Germany.

17. Dudek, J.E., Tsai, M., **Kuczynski, A.M.**, Ostaszewski, P., Kohlenberg, R.J., & Callaghan, G., Kanter, J.W. (2015, July). Using Awareness, Courage, and Love to improve social functioning: A theoretical model to improve the lives of those with visible chronic conditions. In R.J. Kohlenberg (Chair), *The power of love: Using FAP's model of social connection address global concerns*. Symposium presented at the Association for Contextual Behavioral Science 13th Annual World Conference, Berlin, DE.
18. Thurston-Rattue, M., Tsai, M., Kanter, J.W., Kohlenberg, R.J., **Kuczynski, A.M.** (2015, July). Practical applications of Awareness, Courage, and Love: Solving contemporary issues through social connection. In R.J. Kohlenberg (Chair), *The power of love: Using FAP's model of social connection address global concerns*. Symposium presented at the Association for Contextual Behavioral Science 13th Annual World Conference, Berlin, Germany.
19. **Kuczynski, A.M.**, Kanter, J.W., Haworth, K., Tsai, M., Kohlenberg, R.J. (2014, June). Awareness, courage, love and social connection: A laboratory-based component process study. In G. Holman (Chair), *A new contextual behavioral model of social connection for Functional Analytic Psychotherapy*. Symposium presented at the Association for Contextual Behavioral Science 12th Annual World Conference, Minneapolis, MN.

DEPARTMENT AND UNIVERSITY PRESENTATIONS

1. Halvorson, M.A., & **Kuczynski, A.M.** (2017, May). *Estimation accuracy and stability as a function of sample size and inter-group distance in latent profile analysis: A monte carlo study*. Poster presented at the 2017 UW Center for Statistics & Social Sciences Course Information Session, Seattle, WA.

INVITED TALKS

1. **Kuczynski, A.M.** (2019, September). *Intentionally Creating Close Relationships*. 3-hour invited talk and workshop for Providence/Swedish Hospital Telehealth Team, Seattle, WA.

DEPARTMENTAL AND OTHER SERVICE

2022	UW SOM Psychiatry and Behavioral Sciences Residency Application Review Committee
2022	UW SOM Psychiatry and Behavioral Sciences Diversity Action Committee & Steering Committee
2018, 2020	Association for Contextual Behavioral Science (ACBS) Student Spotlight Award Review Committee
2019 – 2021	UW Clinical Psychology Student Advisory Committee member
2018	Committee to develop independent study courses for APA's Discipline Specific Knowledge (DSK) requirements – University of Washington
2015 – 2021	Student Representative of the Functional Analytic Psychotherapy (FAP) Special Interest Group of the Association for Contextual Behavioral

Science (ACBS)

EDITORIAL SERVICE

1. Ad-hoc reviewer, *Journal of Social and Personal Relationships*
2. Ad-hoc reviewer, *Journal of Contextual Behavioral Science*
3. Ad-hoc reviewer, *Psychological Assessment*
4. Ad-hoc reviewer, *Psychological and Personality Science*

PROFESSIONAL AFFILIATIONS

2018 – present	Association for Psychological Science , <i>Student Member</i>
2015 – present	Association for Contextual Behavioral Science, <i>Student Member</i>
2016	American Psychological Association, <i>Student Member</i>

MEDIA COVERAGE

- The National Geographic
- The Seattle Times
- The Conversation
- KUOW Public Radio (NPR)
- University of Washington News
- Crosscut

SOFTWARE

Pingr is a participant management and data collection tool for use in experience sampling (i.e., ecological momentary assessment), daily diary, and other longitudinal research designs. Built entirely with web-based technologies (Angular, Node.js, cloud computing), Pingr allows researchers to create, share, and administer complex longitudinal research without the need for in-house software developers or expensive bespoke software applications.